

DATE: March 16, 2020
TO: All Well Sense Health Plan Providers
FROM: Well Sense Health Plan
SUBJECT: **APM HEDIS Measure**

Metabolic Monitoring for Children and Adolescents on Antipsychotics (APM)

In your practice, you may see children and adolescents who are currently prescribed two or more antipsychotic medications. These medications can put young individuals at risk for developing metabolic health issues. Best practice suggests patients receive both cholesterol and a blood glucose test.¹ As a reminder:

- Routinely perform these tests while your patient is on antipsychotic medications. You may be the only provider this patient sees. Order these tests and have results sent to the patient's PCP.
- Stress the importance of testing to the patient's parent or caregiver
- Order at every visit until patient completes the test.
- Ensure wherever these tests are performed (point of care in the office or lab) they are appropriately billed for. This not only ensures correct patient care records, but also helps aid quality improvement efforts. For your reference a list of codes is provided below
 - Glucose Test CPT: 80047, 80048, 80050, 80053, 80069, 82947, 82950, 82951
 - HbA1C Test CPT: 83036, 83037, 3044F-3046F
 - LDL –C test CPT: 80061, 83700, 83701, 83704, 83721, 3048F-3050F
 - Cholesterol tests other than LDL, CPT: 82465, 83718, 84478

¹ <https://www.ncqa.org/hedis/measures/metabolic-monitoring-for-children-and-adolescents-on-antipsychotics/>