

Topical Fluoride for Children (TFC) HEDIS Tip Sheet MY 2025



Measure definition	Plans(s)	Quality Program(s)	Collection and Reporting
	Medicaid	Select Medicaid State reporting	Administrative

Best practices for quality care

- Encourage members to see their dentist and have a dental home by 1 year of age.
- Discuss with parents the importance of good oral health and fluoride varnish, including its effects in reducing cavities, keeping teeth healthy and preventing the need for dental work in the future.
- Specific training for the application of fluoride varnish is required and can be provided through MassHealth.
- The following provider types may apply fluoride varnish:
 - o Primary care physicians
 - o Nurse practitioners
 - o Physician assistants
 - o Nurses (RN or LPN)
 - o Certified medical assistants
 - o Community health workers under the supervision of a physician

Quality score improvement tips

- To keep members from being in the numerator, offer fluoride varnish during the well-child visits.

Exclusions

None.

Numerator Codes

The following is a list of approved codes by MassHealth to address the care gaps. For more information, please refer to MassHealth.

CODES	DESCRIPTIONS
CDT D1206	Professionally applied fluoride varnish
CDT D1208	Topical application of fluoride
CPT 99188	Application of topical fluoride varnish by a physician or other qualified healthcare professional

Massachusetts state specific instructions

[Fluoride Varnish Training Manual for Massachusetts Healthcare Professionals](#)

How WellSense can help

HEDIS tip sheets are designed to help WellSense providers improve and report the quality of care delivered to WellSense members across key metrics.

If you have questions around HEDIS documentation and quality measures, please email the Quality Team at WS_Quality_Dept@wellsense.org.