

Metabolic Monitoring for Children and Adolescent on Antipsychotics (APM-E)

HEDIS Tip Sheet MY 2025



Measure definition	Plans(s)	Quality Program(s)	Collection and Reporting
The percentage of children and adolescents 1–17 years of age who had two or more antipsychotic prescriptions and had metabolic testing. Three rates are reported: • Percentage of children and adolescents on antipsychotics who received blood glucose testing • Percentage of children and adolescents on antipsychotics who received cholesterol testing • Percentage of children and adolescents on antipsychotics who received blood glucose and cholesterol testing	Medicaid	NCQA Accreditation NCQA Health Plan Ratings Select State Medicaid reporting	ECDS only

Best practices for quality care

- The focus of this measure is metabolic monitoring for children and adolescents prescribed antipsychotic medications.
- Schedule yearly glucose/HbA1c and cholesterol tests for children and adolescents on antipsychotic medications.
- Educate parents and guardians on the importance of regular yearly metabolic screening for both blood glucose and cholesterol.
- Monitor children and adolescents prescribed antipsychotics closely as they are more at risk for serious health concerns, including weight gain and diabetes.
- Educate and inform parents and guardians of the increased side effect burden of multiple concurrent antipsychotics on a child's or adolescent's health, including the implications for future physical health concerns.
- Offer National Suicide Prevention Lifeline (988) for patients to call or when needed.

Quality score improvement tips

- Safer first-line psychosocial interventions may help reduce risks associated with antipsychotic medications and may be underutilized.
- Each time a member between the ages of 1-17 is prescribed a new antipsychotic medication, ensure there is baseline metabolic testing for both blood glucose and cholesterol.
- Behavioral health providers should consider ordering blood glucose and cholesterol screening tests for members who do not have regular contact with their PCP.

Exclusions

- Members who used hospice services or elected to use a hospice benefit any time during the measurement year.
- Members who die any time during the measurement period.

Numerator Codes

The following codes can be used to close HEDIS gaps in care. This list is not all inclusive or meant to direct your billing practices. CPT II codes can be accepted as supplemental data, reducing the need for chart collection and review during the HEDIS hybrid season. For more information, please refer to the American Academy of Professional Coders (AAPC).

Description	Codes
HbA1c Lab tests	CPT: 83036, 83037 CPT II: 3044F, 3046F, 3051F, 3052F
Glucose Lab tests	CPT: 80047, 80048, 80050, 80053, 80069, 82947, 82950, 82951
LDL-C Lab tests	CPT: 80061, 83700, 83701, 83704, 83721 CPT II: 3048F, 3049F, 3050F
Cholesterol Lab tests	CPT: 82465, 83718, 83722, 84478

How WellSense can help

HEDIS tip sheets are designed to help WellSense providers improve and report the quality of care delivered to WellSense members across key metrics.

If you have questions around HEDIS documentation and quality measures, please email the Quality Team at WS_Quality_Dept@wellsense.org.