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Section 1: General Information

1.1 About WellSense Health Plan

WellSense Health Plan (“WellSense”, or “Plan”) is a managed care organization (MCO) that has contracted with the New Hampshire Department of Health and Human Services (NH DHHS) to provide medical insurance coverage to New Hampshire residents who are enrolled in Medicaid and either select or are assigned to our managed care plan. WellSense is also contracted with CMS as a Medicare Advantage HMO to provide insurance to New Hampshire residents who are eligible for Medicare A & B. WellSense Health Plan is the name under which Boston Medical Center Health Plan, Inc. (an affiliate of Boston Medical Center) does business in New Hampshire.

1.2 Who we serve

WellSense is dedicated to providing coverage to New Hampshire Medicaid members and to individuals enrolled in Medicare A & B. WellSense offers an extensive statewide network of acute care hospitals, primary care providers, specialists, and other providers. The Plan has a Physician Advisory Council (PAC) composed of a broad spectrum of providers. Representation on the PAC is drawn from representatives throughout the provider community. The PAC meets four times per year. If you are interested in hearing more about the PAC, email your questions to NHproviderinfo@wellsense.org.

Outlined below are the Medicaid population types WellSense serves:

Standard population

The standard Medicaid population is composed of individuals previously managed by the Medicaid fee-for-service program under the NH DHHS. Services for the standard population include, but are not limited to:

- Inpatient
- Outpatient
- Behavioral health
- Laboratory and radiology
- Long Term Services and Supports (LTSS) for qualified members:
  - LTSS include a broad array of supportive medical, personal, and social services needed when a person’s ability to care for him/herself is limited due to chronic illness, disability, or frailty.
  - LTSS include nursing facility services, all four of New Hampshire’s Home and Community Based Care Waivers, and services provided to children and families through the Division for Children, Youth, and Families.

Granite Advantage Health Care Program (GAHCP)

Granite Advantage Health Care Program is the New Hampshire Medicaid program replacing the New Hampshire Health Protection Program (NHHPP) as of January 1, 2019. It is for individuals ages 19–64
who are newly eligible based on income levels established under New Hampshire law (0-138% of the Federal Poverty Level). New Hampshire Medicaid benefits are the same for all New Hampshire Medicaid members.

**Medicare**

The WellSense Medicare Advantage HMO is available to New Hampshire residents who are eligible for Medicare A & B. Members receive a comprehensive benefits package in addition to their existing Medicare benefits.

1.3 WellSense Provider Networks

The Plan contracts statewide with physicians, health centers, hospital systems, and other providers to care for our New Hampshire Medicaid and WellSense Medicare Advantage HMO members.

1.4 Using the Provider Manual

WellSense developed this manual to serve as a helpful reference tool for network providers. The manual is part of your provider contracts with WellSense. Therefore, providers are required to comply with and refer to the manual, along with any policies and procedures referenced in the manual, as part of their participation in WellSense’s network. Behavioral Health providers should visit carelonbehavioralhealth.com for the provider manual applicable to behavioral health providers.

1.5 Revisions to the manual

The information in this manual may change over time and will be updated at least annually. WellSense notifies providers of changes to this manual and/or policies or procedures via network notifications that are mailed, faxed, or emailed and also posted at wellsense.org at least 60 days before becoming effective. Please note that information in the network notifications modifies, replaces, or is in addition to information in this manual. The most current version of this manual is always available at wellsense.org.

1.6 Contacts directory

For a complete directory of WellSense contacts, visit wellsense.org. For a list of Carelon Behavioral Health contacts, visit carelonbehavioralhealth.com.
Section 2: Member Eligibility

2.1 Verifying eligibility

WellSense offers providers the convenience of checking member eligibility online or by phone (instructions are below). Medicaid eligibility must first be determined by DHHS, and then an eligible individual may enroll in WellSense. WellSense updates its system within 48 hours of any eligibility changes made by DHHS.

Three ways to verify an individual’s enrollment and eligibility in WellSense Medicaid:

- Visit the NH MMIS (Medicaid Management Information System) Health Enterprise Portal at nhmmis.nh.gov/portals.
- Visit our online eligibility verification system at wellsense.org.
- Call WellSense at 877-957-1300, option 3, Provider Services.

The NH DHHS maintains the NH MMIS eligibility lookup system (see first bullet, above). If there is a discrepancy in eligibility between the DHHS and WellSense systems, please notify us of the discrepancy. WellSense will research and update the membership information to reflect the information provided by DHHS or report a discrepancy to DHHS for escalated resolution.

For inpatient admission, providers should check eligibility daily, and on the date of service, before delivering any care, since eligibility may change at any time. WellSense does not provide coverage for individuals who are not eligible for New Hampshire Medicaid and who are not enrolled with WellSense.

For emergency care, providers may verify eligibility after the individual’s medical emergency has been assessed and his/her condition stabilized.

Primary Care Physicians should note that our eligibility system does not verify if a member is assigned to a physician’s panel.

For instructions on how to obtain Plan prior authorization, please see Section 8: Utilization Management and Prior Authorization on page 65, Section 12: Behavioral Health Management on page 145, and Section 13: Pharmacy Services on page 151.

For information on how providers may assist a member with changing his or her PCP assignment, upon member request, please see Section 6: Member Information on page 48.

Confirm member Primary Care Provider (PCP) assignment

WellSense Provider Services can also confirm member PCP assignment and determine provider participation status before services are rendered. This information is available when providers complete WellSense’s prior authorization process.
Please see Section 7: Member Benefit Information on page 58 for a list of covered services for Medicaid Plan members, along with additional benefits covered directly by DHHS. Additional benefits, known also as “wraparound” benefits, must be billed directly to DHHS.

2.2 Two ID cards issued for Medicaid members

Each WellSense Medicaid member receives two identification cards: a DHHS-distributed member ID card and a WellSense-distributed member ID card.

The WellSense card includes:

- Plan name and logo.
- Member name.
- Member date of birth.
- Plan member ID number: WellSense issues ID cards with a randomly generated seven-digit number prefixed with the letters “NH” and suffixed with a two-digit number (e.g., NH12345678 11). When submitting claims to WellSense, please use the member’s ID number from the WellSense-issued ID card.
- Pharmacy benefits manager name and phone number.
- WellSense non-emergent transportation line for Providers and Members: 844-909-RIDE (844-909-7433).
- Telephone numbers for WellSense’s Member Services department, Provider Services, and the Behavioral Health member line.
- Instructions on how to access services under WellSense.

Sample WellSense member ID card:

Members should present both cards to the treating provider at the time of service and contact their PCP before receiving care, unless it is an emergency. Providers should not deny care to a member who does not have his or her ID cards. Please call WellSense at 877-957-1300 and select the member eligibility option to verify member benefits, eligibility, and PCP assignment in WellSense.
2.3 Medicare eligibility with WellSense Medicare Advantage HMO Plan

WellSense also offers a Medicare Advantage product. Some members may be eligible with WellSense under one of our Medicare Advantage products and under our existing Medicaid product. For these dually-eligible members, they will have two separate WellSense ID numbers and two WellSense ID cards. Both can be active at the same time. Eligibility for their Medicaid ID can be checked in the same ways as described above in section 2.1. Eligibility for their WellSense Medicare Advantage HMO ID should be checked in one of the two ways described below.

Please note, some WellSense Medicare Advantage HMO members will only have eligibility under this new WellSense Medicare Advantage HMO product. These members’ eligibility should be confirmed only in one of the two ways described below.

Two ways to verify an individual’s enrollment and eligibility in WellSense Medicare Advantage HMO:

- Visit our online eligibility verification system at wellsense.org.
- Call WellSense at 866-808-3833,

Sample WellSense Medicare Advantage HMO member ID card:

2.4 Newborn eligibility guidelines

Any newborn whose mother is a WellSense Medicaid member is automatically covered under the mother’s benefits. To ensure continuity of care and enrollment of the newborn into WellSense, the admitting hospital or hospital where the delivery occurred must notify WellSense at 877-957-1300 within 24 hours of each new birth. See Section 4: Provider Responsibilities on page 26 for a summary of notification guidelines for newborn deliveries and newborn care.

Please fax a completed Notification of Birth form available at wellsense.org to the Enrollment Department at 866-335-9317.
WellSense automatically assigns the newborn to:

- The newborn’s admitting doctor, or, if the admitting doctor is a neonatologist, to:
- A sibling’s PCP, or
- The mother’s primary care site if the PCP specialty is appropriate for the newborn (such as a family medicine site), or
- Randomly assigns to a primary care pediatric or family medicine site unless the mother requests another PCP assignment.

The mother may request a PCP assignment or change a PCP assignment at any time, by calling WellSense at 877-957-1300, option 1, Member Services Department; or by faxing a completed Primary Care Provider Selection form, found on the website, to WellSense’s Enrollment department at 866-335-9317.

Follow the guidelines below to verify newborn eligibility and to notify WellSense of a newborn birth.

<table>
<thead>
<tr>
<th>Step</th>
<th>Process</th>
</tr>
</thead>
<tbody>
<tr>
<td>One:</td>
<td>Check mother’s eligibility in WellSense on the newborn’s date of birth. Two ways to verify an individual’s enrollment and eligibility in WellSense:</td>
</tr>
<tr>
<td></td>
<td>Visit our online eligibility verification system via the secure Provider Portal at wellsense.org.</td>
</tr>
<tr>
<td></td>
<td>Call WellSense at 877-957-1300, option 3, Provider Services.</td>
</tr>
<tr>
<td>Two:</td>
<td>If the mother is enrolled in WellSense on the newborn’s date of birth, the hospital or treating provider must submit a completed Birth Event Notification form within 24–48 hours after a vaginal birth and 96 hours after a C-Section birth to WellSense’s Enrollment Department by faxing it to 866-335-9317.</td>
</tr>
<tr>
<td>Three:</td>
<td>WellSense generates a temporary ID number for the newborn within one business day of the notification. Hospitals must include the newborn’s temporary ID number on the claim form when billing WellSense for newborn services.</td>
</tr>
<tr>
<td>Four:</td>
<td>DHHS generates an ID number after it receives or confirms the newborn’s birth certificate. If the mother is a WellSense member, the newborn will be retroactively enrolled in WellSense from the newborn’s date of birth.</td>
</tr>
</tbody>
</table>

Please contact WellSense at 877-957-1300, option 3, Provider Services, if you have questions or need clarification on newborn member eligibility.
Section 3: Credentialing

3.1 General information

All credentialing information below applies to providers participating in WellSense networks, except when noted otherwise. Credentialing information for Behavioral Health providers can be found at carelonbehavioralhealth.com.

All physicians and other allied health practitioners must be credentialed by WellSense before becoming participating providers. You must be re-credentialed every two years to maintain participation. The requirements for credentialing are mandated by our government contracts and are consistent with National Committee for Quality Assurance (NCQA) standards and applicable New Hampshire professional licensing board regulations.

Providers cannot be reimbursed for delivering care to our members until credentialed by us. All covering practitioners also must be credentialed by us; this includes temporary and permanent coverage. Any change in coverage arrangements must be submitted and approved by us prior to coverage occurring. See Section 4: Provider Responsibilities on page 26 for our policy on the use of covering physicians. Providers are required to notify the Plan of changes in the status of any items that are submitted as part of the credentialing process.

3.2 WellSense credentialing/re-credentialing policies and procedures

The following is a summary of our Credentialing/Re-credentialing Policies and Procedures. A complete copy of these policies is available to you upon request by calling our provider line at 877-957-1300, option 3 (Provider Services).

Responsibility

Our Quality Improvement Committee (Q&QIC) oversees the credentialing and re-credentialing process. Our Credentialing Committee, which is a peer review committee, approves or denies practitioner participation based upon review of the application, supporting documents, and results of the credentialing verification process.

Delegation

In certain instances, we delegate credentialing to another entity, such as a contracted hospital or an NCQA-certified credentialing verification organization. Notwithstanding any delegation, WellSense retains the right to approve, suspend, or terminate practitioners from participating in our network.

WellSense and HealthCare Administrative Solutions, Inc. (HCAS)

WellSense is a member of HCAS. HCAS offers a single point-of-entry for practitioners to submit information that HCAS-participating health plans use to verify a practitioner’s qualifications prior to network participation. HCAS health plans partner with the Council for Affordable Quality HealthCare
(CAQH) to collect and store a practitioner’s credentialing information. For more information about HCAS, please visit their website hcasma.org.

Steps to become credentialed and enrolled with WellSense

<table>
<thead>
<tr>
<th>Step</th>
<th>Process</th>
</tr>
</thead>
<tbody>
<tr>
<td>Step One</td>
<td>Complete an <a href="#">HCAS Enrollment Form</a>.</td>
</tr>
<tr>
<td>Step Two</td>
<td>Complete a <a href="#">Provider Data Form</a>.</td>
</tr>
<tr>
<td>Step Three</td>
<td>Ensure that CAQH applications are completed, have a current attestation and that permission to access each CAQH account has been granted to Boston Medical Center HealthNet Plan/WellSense Health Plan.</td>
</tr>
<tr>
<td>Step Four</td>
<td>Please submit completed forms in one of the following ways: Email to: <a href="mailto:NHProvider.Enrollment@wellsense.org">NHProvider.Enrollment@wellsense.org</a> Fax to: 617-897-0818 Mail to: WellSense Health Plan Provider Processing Center 529 Main Street Charlestown, MA 02129</td>
</tr>
</tbody>
</table>

### 3.3 Credentialing and re-credentialing process

#### Types of providers credentialed

We credential practitioners who have an independent relationship with us and are permitted to practice independently under New Hampshire law, including but not limited to the following types of practitioners:

- Audiologists
- Certified nurse midwives
- Nurse practitioners
- Nutritionists
- Occupational therapists
- Oral and maxillofacial surgeons (DDS)
- Physical therapists
- Physicians (MD and DO)
- Physician assistants
- Podiatrists
- Speech-language pathologists

**Hospital and facility-based physicians:** WellSense does not fully credential practitioners who practice exclusively within a hospital inpatient setting or freestanding facility. Hospital and facility-
Based practitioners include, for example, pathologists, anesthesiologists, radiologists, and emergency room physicians.

**Locum tenens physicians:** Locum tenens physicians intended to provide services for 90 days or less require only an abbreviated credentialing process for that 90-day period. The abbreviated credentialing requirements include, but are not limited to:

- An [HCAS Enrollment Form](#) and [Provider Data Form](#) with an indication that the provider requests locum tenens status.
- A [Locum Tenens Credentialing Form](#).
- A malpractice face sheet.
- Hospital admitting privileges. If no privileges, include coverage arrangements.

All contracted providers using locum tenens physician services must comply with the guidelines specified in this section of the Provider Manual. You may extend these services past the initial 90 days when required by your practice. If a locum tenens physician needs to be in place beyond 90 days, he/she must be fully credentialed by us. To facilitate an extension beyond 90 days, please notify us at least 30 calendar days prior to the end of the locum tenens physician’s term so we can conduct the full credentialing process. Failure to notify us will result in claim denials. Locum tenens physicians are also required to bill for their services according to the guidelines established in [9.2 Provider reimbursement](#) on page 78.

**Nurse Practitioners:** We recognize independent nurse practitioners as participating providers. We treat services delivered to our members by participating nurse practitioners in a nondiscriminatory manner when the care provided is for the purposes of health maintenance, diagnosis, and treatment. Such nondiscriminatory treatment includes coverage of benefits for primary care, intermediate care, and inpatient care, including care provided in a network hospital, clinic, professional office, home care setting, long-term care setting, or any other setting, when rendered by a participating nurse practitioner practicing within the scope of his or her professional license, to the extent that WellSense covers the identical services rendered by another New Hampshire-licensed provider of health care.

### 3.4 Credentialing/re-credentialing criteria

Practitioners are not entitled to be credentialed or re-credentialed on the basis that they are licensed by the state to practice a particular health profession or that they are certified by any clinical board or have clinical privileges in a WellSense-contracted entity. WellSense, in its sole discretion, credentials and re-credentials practitioners based on its Credentialing Criteria set forth in its Credentialing Policies and summarized in this manual. WellSense is responsible for all final determinations regarding whether a practitioner is accepted or rejected as a WellSense participating provider.

The Plan uses a standardized process to ensure that it treats all applicants in a fair and nondiscriminatory manner. No WellSense credentialing or re-credentialing decisions are based on a practitioner’s race, ethnic/national identity, religion, gender, age, sexual orientation, patient type, or
the types of procedures in which the practitioner specializes. WellSense does not discriminate in participation, reimbursement, or indemnification of any practitioner who is acting within the scope of his/her license or certification under applicable state law, solely on the basis of that license or certification. Furthermore, WellSense does not exclude any practitioner from consideration based solely on the types of procedures he/she conducts or the type of patients the practitioner serves. WellSense may include practitioners in the networks who meet certain demographic, specialty, or cultural needs of members.

Applicants must meet the following criteria to participate in the Plan’s networks:

- **Contract:** Practitioners must be contracted with WellSense to provide services to Plan members without evidence that he/she is in breach of his/her contractual obligations to the Plan.
- **Credentialing Application:** Practitioners must have a current and complete Council for Affordable Quality Healthcare (CAQH) credentialing application, which includes the Standard Authorization, Attestation and Release form.
- **Education & Training:** (Initial credentialing only) Practitioners must successfully complete all education and/or professional training relevant to his/her contracted specialty, and as applicable to his/her scope of practice and licensure. This includes graduate and post-graduate education, professional school, residency training, fellowship training, and/or other accredited training programs, as applicable.
- **Medicaid Certification:** All WellSense Medicaid providers are required to be enrolled with the State of New Hampshire as a New Hampshire Medicaid provider. In order to expedite the enrollment process, WellSense may concurrently credential a provider while he/she is in the process of obtaining his/her New Hampshire Medicaid ID. Exceptions may be made for enrolling non-NH Medicaid approved providers, pending the outcome of screening and enrollment in New Hampshire Medicaid of up to 120 calendar days’ duration. WellSense will terminate a participating provider immediately and will contact affected members upon notification from DHHS that the participating provider cannot be enrolled with NH Medicaid, or the expiration of the 120 day period.
- **Medicare Participation:** All providers that are enrolled in the Plan’s WellSense Medicare Advantage HMO network must be eligible to participate in the federal Medicare program.
- **National Practitioner Identifier (NPI):** All provider types that may obtain an NPI must have one in accordance with 45 CFR Part 162, Subpart D.
- **License:** Practitioners must have a current and unrestricted license in the state in which he/she provides care to Plan members. Additional certifications may be required as applicable to the practitioner’s specialty.
- **Drug Enforcement Agency (DEA) or Controlled Dangerous Substance (CDS) Certification:** A DEA or CDS certificate must be issued in the state where the practitioner prescribes. If a practitioner chooses not to possess an active certificate, he/she must sign a waiver and provide the name of the individual who will prescribe on his/her behalf. (This requirement applies to Physicians [MDs & DOs], Podiatrists, Oral & Maxillo-Facial Surgeons, Nurse Practitioners, and Physician Assistants only.)
• **Professional Liability Insurance:** Practitioners must possess and maintain a current malpractice liability insurance policy with a minimum coverage of $1,000,000 per claim/$3,000,000 annual aggregate, unless otherwise required by state or federal law. Dentists must have and maintain a minimum coverage of $1,000,000 per claim/$2,000,000 annual aggregate, unless otherwise required by state or federal law. Malpractice liability coverage may also be issued under the Federal Tort Claims Act (FTCA). Under this coverage, services may only be provided to members who are patients of the entity that is covered by the FTCA, or are otherwise deemed to be covered under the FTCA.

• **Board Certification:** In accordance with the WellSense Board Certification Policy, Physicians, Podiatrists, Certified Nurse Midwives, Oral & Maxillo-Facial Surgeons, Nurse Practitioners, and Physician Assistants must:
  - Be board certified by a WellSense-recognized specialty board; or
  - Be in the process of achieving initial board certification by a WellSense-recognized specialty board, and achieve board certification in a time frame relevant to the guidelines established by the applicable specialty board. Waivers may be considered by WellSense only when necessary for us to maintain adequate member access.

• **Hospital Privileges:** If applicable to the practitioner’s specialty and scope of practice, he/she must have current hospital affiliations and admitting privileges with at least one Plan-contracted hospital. If the practitioner has any restrictions against his/her hospital privileges, he/she must provide a detailed description regarding the nature of the restriction(s). All restrictions will be considered and evaluated by the Credentialing Committee in its discretion.

  Alternative Admitting Arrangements: If the practitioner does not have an active affiliation and admitting privileges at a Plan-contracted hospital, he/she must provide an explanation of what arrangements are in place for his/her patients to be admitted to a Plan-contracting hospital (e.g., covering physician who has current privileges at a Plan-contracted hospital, or thorough the use of a hospitalist program at a Plan-contracted hospital).

• **Supervising Physician:** Physician Assistants must provide the name of their Plan-participating supervising physician at the time of initial credentialing. Thereafter, the practitioner is required to notify WellSense of any change to this information.

• **Federal/State Program Exclusions:** Practitioners must not be currently debarred, suspended, or otherwise excluded from participation in Medicare, Medicaid, or any other federal or state health care programs.

• **Criminal Proceedings:** Practitioners must not have been involved in any felony convictions or criminal proceedings that may be grounds for suspension or termination of the practitioner’s license to practice.

• **Compliance with Legal Standards:** Practitioners must be in compliance with all applicable legal requirements relating to the practice of their profession, including meeting all required continuing education requirements.

• **Quality Care and Service:** Practitioners can be reasonably expected to provide quality and cost-effective clinical care and service to Plan members. In evaluating whether this criterion has been met, the following credentialing information is required:
• Work history and explanation of any gaps in employment for the 10 years preceding the signature date on the practitioner’s credentialing application (applies to initial applicants only);
• Ten years of pending or closed disciplinary actions or alterations in privileges; professional performance, integrity, judgment, clinical skills; ability to perform the essential obligations of the affiliation agreement;
• The extent and nature of practitioner’s professional liability claims history. This includes any malpractice cases that are currently open, closed, and/or paid during the last 10 years preceding the signature date on practitioner’s credentialing application;
• Results of Plan site visits (if applicable);
• Sanction activity;
• Information internally generated by the Plan’s Quality Improvement Program, such as member complaints and appeals, quality of care, appropriate utilization of services and member satisfaction surveys (applies to recredentialing applicants only).
• Note: The Credentialing Committee may, in its discretion, look back further than 10 years if necessary to appropriately inform its decision making.

Practitioners must not have engaged in behaviors that may adversely impact member care or service, including but not limited to, behaviors that:
• Negatively impact the ability of other participating practitioners/providers to work cooperatively with the practitioner;
• Reflect a lack of good faith and fair dealing in his or her dealings with the Plan, its provider network or its members;
• Reflect a lack of commitment to managed care principles or a repeated failure to comply with the Plan’s managed care policies and procedures;
• Indicate a lack of cooperation with the Plan’s Quality Improvement or Utilization Management programs; or
• Constitute unlawful discrimination again a member under any state or federal law or regulation.

Practitioners have not engaged in any behaviors that could harm other health care professionals, patients, or Plan employees. Such behavior includes, but is not limited to, acts of violence committed within or outside the practitioner’s practice, whether or not directed towards other health care professionals, patients, or Plan employees, and must be judged by the Credentialing Committee to create a significant risk to other health care professionals, patients, or Plan employees.

Primary Care Practitioners (PCPs): In addition to meeting the above criteria, applicants applying for credentials as PCPs must be one of the following:
• An Allopathic (MD) or Osteopathic (DO) Physician that is trained and/or board certified in Family Medicine, Internal Medicine, General Practice, Geriatric Medicine, Adolescent & Family Medicine, Pediatric Medicine, or Obstetrical & Gynecological Medicine (for female members only);
• A Nurse Practitioner (NP) that is board certified as an Adult Nurse Practitioner, Pediatric Nurse Practitioner, or Family Nurse Practitioner, or
A Physician Assistant (PA)

Exceptions: WellSense may authorize a specialist physician to serve as a member’s PCP if the member has a life-threatening, degenerative, or disabling condition or disease that requires prolonged specialized care, e.g., HIV, end stage renal disease, or an oncology diagnosis, and WellSense believes it will be in the best interests of the member to make this exception. Specialists acting in the capacity of a PCP must be, or must become a Plan-participating PCP, and are required to adhere to all Plan standards applicable to PCPs.

- **Addiction Specialists:** In order for a physician to prescribe or dispense buprenorphine for opioid dependency treatment (i.e., Suboxone®), he/she must possess a current Medication-Assisted Treatment (MAT) physician waiver with the federal Substance Abuse and Mental Health Services Administration (SAMHSA). The physician must continue to meet the Plan’s board certification policy requirements.

- **Access and Availability:** As part of its credentialing determinations, the Credentialing Committee may consider, in its discretion, network access and availability needs.

- **Waiver:** The Credentialing Committee may waive any credentialing requirement that is not required by contract, statute, regulation, or accreditation standard when, in its discretion, to do so will advance patient care or service and the Plan’s objectives.

### 3.5 Re-credentialing

WellSense re-credentials all practitioners who have a current contractual arrangement with the Plan to provide services to its members. Re-credentialing is generally completed within a 24-month cycle, based on the practitioner’s date of birth, but shall not exceed 36 months from the decision date of when the practitioner was previously credentialed. The application process will be initiated directly by the Plan’s Credentialing Verification Organization (CVO) vendor, and without notice to the practitioner.

Practitioners must continue to satisfy WellSense’s credentialing criteria to be recredentialed by the Plan. They must ensure that CAQH contains up-to-date information, and must re-attest periodically or as needed, so their CAQH application remains current. If a practitioner does not keep his/her CAQH current, or re-attest to information to ensure it is available for re-credentialing, termination may result; in this case the practitioner would need to re-apply to WellSense as an initial applicant.

### 3.6 Notice of Rights

**Correcting erroneous information:** If the information that WellSense receives from outside sources (e.g., malpractice carriers, state licensing boards) varies substantially from information that you submit to us, the Plan will notify you in writing of the discrepancy. (Note: the Plan is not required to reveal the source of the external information if the information is not obtained to meet our credentialing verification requirements or if the law prohibits disclosure.) The notification will include a description of the discrepancy, the timeframe for making the corrections, the format for submitting corrections, and the person to whom corrections must be submitted.
• **Reviewing information:** You have a right to review information that we have obtained to evaluate your credentialing application. This may include the application, attestation, and CV, and may include information from outside sources, except for references, recommendations, or other peer-review protected information.

• **Requesting the status of your application:** You have a right to be informed, upon request, of the status of your application at any time during the credentialing process. When you make such an inquiry, the Credentialing Department will respond to your questions, inform you of any outstanding information needed to complete your application, and if none, the date that the application is scheduled to be reviewed for a final credentialing determination.

### 3.7 Credentialing file review, determinations, notice, and reporting

| **File Review and Determination:** After all necessary information has been collected and verified, WellSense’s medical director and/or the Credentialing Committee will review the applications to determine if the practitioner meets our Credentialing Criteria outlined in this section. Based on this review, practitioners may be approved (i.e., credentialed), approved with conditions, denied initial credentials, or terminated.
| **Notice to practitioners:** All applicants granted initial credentials are notified in writing of the approval. Note that the effective date for a practitioner is the credentialing date or contract effective date, whichever is later. WellSense will complete initial credentialing of all providers applying for network participation as follows: within thirty (30) calendar days for primary care providers; and within forty-five (45) days for specialty care providers. The start time begins when WellSense has received a provider’s clean and complete application (including an active NH Medicaid ID), and ends on the date of the provider’s written notice of network status.
| **Approved with conditions or terminated:** An initial applicant who is denied WellSense credentials, or a participating practitioner whose credentials are approved with conditions or terminated, is notified in writing of the action and the reasons within 10 calendar days from the Committee’s decision. Practitioners who are re-credentialed in the ordinary course do not receive written notice.
| **Notice to members:** If a practitioner is terminated for any reason, we are required to notify members who have been obtaining services from these practitioners that the practitioner is no longer affiliated with WellSense.
| **Reporting:** WellSense complies with all regulatory and government reporting requirements. All denials, conditional approvals, or terminations that constitute disciplinary actions under state law and/or adverse professional review actions under federal law will be reported as required.

### 3.8 Ongoing monitoring and off-cycle credentialing reviews and actions

Between re-credentialing cycles, WellSense conducts ongoing information monitoring from external sources, such as sanctions from state licensing boards (e.g., Board of Medicine), Medicare/Medicaid or the OIG, and internal sources, such as member grievances and adverse clinical events. As necessary, this information may be reviewed by a medical director or the Credentialing Committee at
any time between re-credentialing cycles. After review, the Committee may take no action, may continue the practitioner’s credentials with conditions, may require the practitioner to complete a full off-cycle credentialing application and review, or may terminate the practitioner.

If information we receive through the monitoring process causes the medical director and/or the Chief Medical Officer to believe that a practitioner has placed or is at substantial risk for placing a member in imminent danger, and that failure to summarily suspend credentials is contrary to the immediate best interests of member care, he/she may summarily suspend a practitioner’s credentials. In such event, we notify the practitioner in writing immediately, including the reasons for the action, and the subsequent procedure to be followed by WellSense. Any summary suspension will be reviewed by the full Credentialing Committee at its next regularly scheduled meeting. The Committee may reinstate the practitioner or take any action described in the preceding paragraph.

Under its state contract, if WellSense receives a direct notification from NH DHHS or other regulatory authorities to suspend or terminate a practitioner, we are required to suspend or terminate the practitioner from our WellSense network. In such a case, we will notify the practitioner in writing with the reasons no later than seven calendar days from the date we receive such notice. There is no right of appeal from a WellSense suspension or termination based on a termination directive from DHHS or other regulatory authority.

3.9 Credentialing appeals process for practitioners

Right of appeal

If the Credentialing Committee denies your initial credentials, or credentials you with conditions, or terminates your credentials, and such action constitutes a “disciplinary action” as defined in WellSense’s Credentialing Policies, you are entitled to appeal the disciplinary action. A disciplinary action is an adverse action taken by WellSense’s Credentialing Committee, up to and including termination from WellSense, on the basis of a Committee determination that the practitioner does not meet WellSense Credentialing Criteria related to the competence or professional conduct of the practitioner (i.e., quality of care or service). Examples include a denial or termination due to the volume or nature of malpractice suits against the practitioner, or the quality or quantity of adverse clinical events generated during a practitioner’s affiliation with WellSense.

Practitioners have no right of appeal from an action that is based on a directive from NH DHHS, CMS, or other regulatory authority to terminate or suspend a practitioner who participates in the WellSense networks.

Disciplinary notice

If the Credentialing Committee recommends a disciplinary action, the practitioner will be notified in writing within 10 calendar days following the decision date. The notice will contain a summary of the reasons for the disciplinary action and a description of the appeal process.
Practitioner request for appeal

The practitioner may request an appeal in writing by sending a letter to WellSense’s Director of Credentialing postmarked no more than 30 calendar days following your receipt of WellSense’s notice of disciplinary action. We will not accept provider appeals after the 30-calendar-day period. Your appeal should include a statement indicating the foundation of your appeal, and any supporting documentation you wish to submit, including but not limited to any new or relevant information that you believe may not have been originally considered by the Credentialing Committee. When we receive a timely appeal, we will send you an acknowledgement letter. The Director of Credentialing will arrange for your case to be sent back to the Credentialing Committee for reconsideration. If we do not receive an appeal request by the filing deadline, the Credentialing Committee’s action will be considered final.

Credentialing Committee reconsideration

Upon timely receipt of an appeal request, the Credentialing Committee will review the appeal and reconsider its original decision. Upon reconsideration, if the Committee overturns its original decision, we will notify you in writing. If the Committee upholds its original decision or modifies it such that another type or level of disciplinary action is taken, we will notify you in writing that an independent review Appeals Panel will be assembled to review the appeal, request your availability for a hearing and provide you with the timeframe in which you may submit additional evidence for the Appeals Panel’s consideration. (Additional evidence will be due approximately 2 weeks prior to the scheduled appeal hearing).

Appeals Panel hearing and notice

The Appeals Panel is a medical peer review committee appointed by the WellSense Chief Clinical Officer (CCO), Chief Medical Officer (CMO) or designee to hear the appeal. The hearing will occur no earlier than 30 calendar days, and no later than 90 calendar days after the practitioner is notified of the decision of the Credentialing Committee’s reconsideration, unless otherwise agreed to by the practitioner and WellSense. The hearing will consist, at a minimum, of review of the written submissions by WellSense and the practitioner. You have a right to be represented in an appeal by another person of your choice (including an attorney). The Panel is empowered to uphold, modify, or overturn the Credentialing Committee’s decision. The Appeals Panel’s decision is final. You will be notified of the Appeals Panel’s decision and the reasons no later than 10 business days from the date of the hearing. If the disciplinary action is reversed during the appeal process, WellSense shall take all steps to reverse the disciplinary action within 3 calendar days.

Re-application following denial or termination

In the event that initial credentialing is denied, or if a participating practitioner is terminated, we will not reconsider his/her reapplication for credentialing for two years following the effective date of denial or termination, unless the Credentialing Committee, in its sole discretion, deems a shorter period to be appropriate.
3.10 Role of the credentialed practitioner

Please review the list of responsibilities for credentialed providers found below in the Roles sections. You are responsible for determining member eligibility, adhering to WellSense administrative guidelines, following access to care guidelines and waiting time standards, complying with provider contract terms and associated reimbursement and clinical coverage requirements, and adhering to cultural and linguistic requirements. See 3.3 Credentialing and re-credentialing process on page 13 for our policy on the use of locum tenens physicians.

Role of the credentialed primary care practitioner (PCP)

A primary care practitioner (PCP) is responsible for supervising, coordinating, and providing initial and basic care of members who have selected that provider for general healthcare services. The PCP also arranges for specialty care needed by a member and maintains overall continuity of a member’s care. The PCP provides 24-hour, seven-days-a-week coverage for members. A PCP is a provider selected by the member, or assigned by WellSense, to provide and coordinate the member’s care. PCPs are physicians practicing in one of the following specialties: Family Medicine, Internal Medicine, General Practice, Adolescent and Family Medicine, Geriatric Medicine, Pediatric Medicine, or Obstetrics/Gynecology (for female members only). Nurse practitioners (NPs) and Physician Assistants (PAs) also may function as PCPs, if they are trained in Internal Medicine, Pediatrics, Family Medicine, or Women’s Health.

Specialists as Primary Care Practitioner (PCP): When designated as a PCP, a specialist assumes all administrative and clinical responsibilities of a PCP, including responsibility for arranging care with other specialists and addressing the preventive and routine care needs of the assigned member. A PCP who believes that one of his/her WellSense patients should receive primary care from a specialist should call our Care Management Department at 866-853-5241. Specialists acting in the capacity of a primary care practitioner must follow the billing guidelines outlined in Section 9: Billing and Reimbursement on page 78.

Role of the credentialed specialist

Credentialed specialists are physicians who are board-certified in a specific specialty recognized by the American Board of Medical Specialties. In addition to specialty physicians, contracted providers may be credentialed in the disciplines of Podiatry, Chiropractic, Audiology, or other specialties where an accrediting body has established criteria for education and continuing medical education. We must credential all covering providers.

3.11 Organizational providers

WellSense assesses the quality of all organizational providers prior to contracting. We will confirm that the provider is in good standing with all state and federal regulatory bodies, has been reviewed and approved by an accrediting body, or if not accredited, we will compare the facility’s most recent DHHS survey against WellSense standards. We will conduct an onsite assessment if the facility is not accredited and has not had a recent DHHS survey.
WellSense credentials the following types of medical/ancillary organizational providers:

- Acute care hospitals
- Acute rehabilitation hospitals
- Skilled Nursing Facilities
- Medical/physical rehabilitation facilities
- Home health care providers
- Home infusion providers
- Hospice providers
- Free-standing surgical centers
- Sleep centers
- Family planning clinics
- Free-standing urgent care facilities
- Minute Clinics (e.g., limited services clinics)
- Durable medical equipment, prosthetic, orthotic suppliers (please refer to WellSense’s DMEPOS vendor Northwood for specific requirements)
- Laboratories
- Kidney dialysis centers
- Free-standing or mobile magnetic resonance imaging (MRI) centers
- Radiation therapy centers
- Radiology centers
- Ultrasound/vascular imaging providers
- Mammography providers

Standards for participation

All providers must submit documentation and meet the following criteria to participate in the WellSense network, unless otherwise stated.

- Current and complete credentialing application
- Current NH Medicaid Certification
- Medicare Participation: All providers that are enrolled in the Plan’s WellSense Medicare Advantage HMO network must be eligible to participate in the federal Medicare program. Copy of current state license issued by the Department of Health or appropriate state agency. If license is not current, the provider must provide a letter from the Department of Health indicating the licensure status.
- Providers must not be currently debarred, suspended, or otherwise excluded from participation in Medicare, Medicaid, or any other federal or state health care programs.
- Copy of current malpractice liability policy with a minimum coverage amount of $1,000,000 / $3,000,000.
- Copy of current Clinical Laboratory Improvement Amendments (CLIA) certification, or waiver of a certificate of registration with a CLIA identification number (applies to providers with laboratories only).
- Accreditation, Site-Survey, or Plan On-Site Quality Assessment:
  - Copy of current accreditation certificate with one of the following Plan-recognized accreditation agencies:
• Accreditation Association for Ambulatory Health Care (AAAHC)
• Accreditation by the American College of Radiology (ACR)
• Accreditation Commission for Health Care (ACHC)
• American Association of Blood Banks (AABB)
• American Association of Rehabilitation Facilities (CARF)
• College of American Pathologists (CAP)
• Commission on Office Laboratory Accreditation (COLA)
• Community Health Accreditation Program (CHAP)
• Continuing Care Accreditation Commission (CCAC)
• Intersocietal Commission for the Accreditation of Vascular Laboratories (ICAVL)
• Joint Commission for Accreditation of Healthcare Organizations (JCAHO)
• National Association of Childbearing Centers (NACC)

• The provider must submit evidence that it has participated in a survey ("Survey") with the Centers for Medicare & Medicaid Services (CMS) or DHHS within the past 36 months. The Plan requires a letter or report from the agency that includes the results of the survey as well as any deficiencies that may have been discovered. If the provider has been asked for a plan of correction, the Plan must receive a letter showing that the plan of correction has been accepted by CMS or DHHS.

• If the provider does not hold an accreditation, has not participated in a survey within the past 36 months, or does not have a survey that meets Plan standards, the Plan will complete an on-site quality assessment ("Site Visit"). During the Site Visit, the Plan will use the appropriate form addressing the specific criteria for each provider type. The Site Visit may include interviews with the provider’s senior management, chiefs of major services and key personnel in nursing, quality management and utilization management. The Plan will also review the provider’s process for credentialing the practitioners employed at the organization.

• A provider may be considered exempt from having to meet this requirement if it is located within a Rural Area, as defined by the US Census Bureau.

Re-credentialing

All contracted organizational providers are re-credentialized every three years, or more often, as determined necessary or as requested by the Credentialing Committee.

Quality of Care Issues

Organizational providers may be required to have a site visit if a serious quality of care issue has been identified, the provider has been sanctioned, the provider’s accreditation has been withdrawn, or if we have identified a pattern of quality-of-care problems. Organizational providers are required to notify WellSense within 10 business days of any actions by a state agency that might impact their credentialing status with us, including, but not limited to a change in license status, change in ability to perform specific procedures, or a freeze in admissions, type, or number of patients the provider is allowed to admit.
Section 4: Provider Responsibilities

4.1 New provider request to participate in our network or request to join a new product line

Providers may request participation in our provider networks by submitting a Letter of Interest (LOI) to the WellSense Provider Engagement department. The letter should include the following information:

- Your name and specialty
- Reason you are interested in participating in WellSense’s network
- Your practice location(s)
- Your hospital affiliation(s), if applicable
- Language(s) you speak and other cultural competencies
- W9 form

Please note: NH Medicaid ID is required for participation in the WellSense NH Medicaid Provider Network; Medicare ID is required to participate in WellSense Medicare Advantage HMO Provider Network.

Requests should be mailed to:
WellSense Health Plan
Provider Engagement Department
1155 Elm Street, Suite 500
Manchester, NH 03101-1508

Or emailed to: NHproviderinfo@wellsense.org

To request WellSense participation in an additional product line (NH Medicaid or WellSense Medicare Advantage HMO): If you are an existing provider and would like to participate in an additional WellSense product, please send a Letter of Interest requesting product participation to:

WellSense Health Plan
Provider Engagement Department
1155 Elm Street, Suite 500
Manchester, NH 03101-1508

Or emailed to: NHproviderinfo@wellsense.org

Based on product network necessity, we will notify you if the new product line can be added to your existing agreement.
4.2 Responsibilities by provider type

General requirements for all providers

WellSense works with New Hampshire Medicaid and the Centers for Medicare and Medicaid Service (CMS) to serve eligible individuals. We encourages provider to work with members to promote self-care, independent living, and the minimization of secondary disabilities. To provide care management for high-risk members, WellSense contracts with PCPs and specialists experienced in working in multidisciplinary teams.

Providers participating with WellSense must comply with the obligations specified in their provider agreement, this Provider Manual, and network notifications that WellSense posts to the website. WellSense will take appropriate action with respect to providers not in compliance with WellSense requirements. Providers are expected to work cooperatively on corrective actions, as appropriate. WellSense notifies providers in writing of any material changes to plan policies and procedures at least 60 calendar days prior to the effective date of the change unless regulatory requirements or directives require a different time frame. For questions or to request provider training, contact your Provider Engagement Consultant or call WellSense NH Medicaid Provider Services: 877-957-1300, option 3, or WellSense Medicare Advantage HMO Provider Services: 866-808-3833.

Contract requirements for all providers

Below are some of the most important contractual obligations for participating PCPs, specialty physicians, health centers, ancillary providers, hospitals, and affiliated vendors.

This is a partial list that should be considered a supplement to the contractual obligations outlined in each provider’s contract. Providers should become familiar with all of the terms of the contract.

Care coordination requirements for all providers

- Supervise, coordinate, and provide medically necessary Plan-covered services, along with associated covered services according to accepted standards of clinical practice by provider type.
- Treat members promptly and courteously in a clean, comfortable environment, by staff who are mindful of the member’s need for dignity and respect.
- Maintain confidentiality and security of member information and records at all times.
  - Accept and treat members without regard to race, age, gender, sexual preference, national origin, religion, health status, economic status, or physical disabilities including children with special health care (CSHC) needs (those who have an increased risk for, chronic physical, developmental, behavioral, or emotional conditions, who require health and related services of a type beyond that, required by children generally). No provider may engage in any practice with respect to any Plan member, which constitutes unlawful discrimination under any state or federal law or regulation.
- Freely communicate with members about their treatment options, including medication treatment options, regardless of any benefit coverage limitations.
- Assist Plan staff with care coordination and care management activities for members.
• Collaborate and provide consultation to New Hampshire Division for Children, Youth, and Families (DCYF) regarding medical and psychiatric matters for Members who are children in State custody/guardianship to ensure continuity and coordination of physical health and behavioral health services for member

• Providers cannot refuse to provide services to members who have missed appointments or who have an outstanding debt from a time prior to when the individual became a Plan member.

• Providers must work with the member and WellSense to help members keep appointments.

• Maintain complete medical records consistent with all statutory and regulatory requirements and Plan policies. Medical records must be available to WellSense to fulfill quality management responsibilities. See medical record charting standards in 14.7 Medical record charting standards on page 150 for participating physicians.

• Comply with Plan prior authorization and notification requirements by service type:
  o Medical/surgical services, as specified in Section 8: Utilization Management and Prior Authorization on page 65.
  o Section 13: Pharmacy Services on page 151.
  o If a member requires behavioral health services, promptly direct him or her to call Carelon Behavioral Health at 855-834-5655 to locate a behavioral health provider or access the Carelon Behavioral Health Provider Directory at carelonbehavioralhealth.com.

• Adhere to all Plan Reimbursement and Clinical Coverage guidelines.

• Report immediately to WellSense any adverse medical incident(s). Refer to sections 4.19 and 14.6 for more specific details and definitions.

• Providers who are discharging members from the ED, or from a medical unit following hospitalization for an overdose or Substance Use Disorder, must provide the final discharge instruction sheet to the member and the member’s authorized representative prior to discharge or the next business day for at least 98 percent of members discharged; and must ensure that the discharge progress note is provided to any continuing care treatment provider within seven (7) calendar days of member discharge for at least 98 percent of members discharged. For discharge progress notes containing information about mental health or substance use disorder treatment, applicable privacy laws may apply.

Relevant only to Primary Care Physicians:

Upon initial contact with a member, complete a behavioral health assessment to identify a member’s need for behavioral health treatment. Primary Care Providers must collaborate with behavioral health providers to ensure continuity and coordination of physical health and behavioral health services for members. They must furnish member clinical information, subject to the member’s consent, to other providers as necessary to ensure timely and appropriate coordination of care. Please see the Authorization for Behavioral Health and Primary Care Providers to Share Confidential Information form available at the Carelon Behavioral Health website to increase the frequency and quality of information shared between behavioral health clinicians and PCPs. For members who are discharging from the ED, or from a medical unit following hospitalization for an overdose or Substance Use Disorder, WellSense care management will call the member within three (3) business days of
discharge. If we cannot reach the member, we may reach out to the member’s primary care provider with a request to make contact with the member within 24 hours.

If a member requires behavioral health services, promptly direct him or her to a behavioral health provider according to Carelon Behavioral Health guidelines at carelonbehavioralhealth.com or by calling 855-834-5655.

Relevant only to Behavioral Health:

- Report immediately to Carelon Behavioral Health any behavioral health reportable adverse incident related to a Plan member. See Section 14: Quality Management on page 145 and carelonbehavioralhealth.com for a description of the behavioral health and reportable adverse incidents, including policy information and instructions on the appropriate notification process by incident category.

- Furnish member clinical information, subject to the member’s consent, to other providers as necessary to ensure proper coordination and behavioral health treatment of members who express suicidal or homicidal ideation or intent.

- Request written consent from the member to release personally identifiable or protected health information to coordinate care regarding behavioral health services and primary care. If the member’s consent is not given, the provider should notify WellSense in writing within two business days of the consent request and, include, if possible, the reason that consent was not given.

Relevant only to Emergency Services:

Notify WellSense no later than the next business day following provision of emergency services.

- For any member with behavioral health needs being discharged from the emergency department to homelessness, please contact the member’s local CMHC and request the member be connected to care management for housing assistance and other social service and community care needs within 24 hours of discharge. Emergency departments shall also notify WellSense care management 8:30 a.m.–5 p.m., Monday–Friday at 855-833-8119 for any member with medical needs who need housing assistance. Emergency departments can also refer to New Hampshire Care Path at 1-866-634-9412 or New Hampshire Coalition to End Homelessness at 1-866-444-4211.

- Providers who are discharging members from the ED, or from a medical unit following hospitalization for an overdose or Substance Use Disorder, must provide the final discharge instruction sheet to the member and the member’s authorized representative prior to discharge or the next business day for at least 98 percent of members discharged; and must ensure that the discharge progress note is provided to any continuing care treatment provider within seven (7) calendar days of member discharge for at least 98 percent of members discharged. For discharge progress notes containing information about mental health or substance use disorder treatment, applicable privacy laws may apply.

Relevant only to Notification of Pregnancy:
Notify WellSense as soon as possible, but no later than three business days after confirming a member’s pregnancy. Notice should be given by contacting the Prior Authorization department by calling WellSense at 877-957-1300 and selecting the medical prior authorization option. This requirement does not apply to ancillary providers.

If a member is receiving a prior authorized ongoing course of treatment with a provider who becomes unavailable to continue to provide services, the provider should notify WellSense within one day of unavailability so that WellSense may develop a transition plan for the member.

**Primary care office responsibilities**

Primary Care Providers (PCPs) must provide comprehensive primary care services to Plan members:

- Tracking, scheduling, and following up on missed health screening appointments, including the Early Periodic Screening, Diagnosis, and Treatment (EPSDT) program
- Scheduling members timely in accordance with Access to Care standards outlined in 4.5 Access to Care standards on page 34
- Scheduling and authorizing member follow-up care with other providers
- Tracking and reporting the information required, as outlined in the EPSDT and Adult Health Screening sections of this chapter

**Primary Care Provider responsibilities**

The responsibilities listed below are specific to PCPs who render services to members, which are in addition to the responsibilities listed in this section for all physicians. This list is a supplement to the Provider Agreement.

- Coordinate, monitor, and supervise the delivery of primary care services to each member.
- Collaborate with behavioral health providers as well as entities including the New Hampshire Division for Children, Youth, and Families (DCYF) to ensure continuity and coordination of physical health and behavioral health services for members.
- Ensure that the need for behavioral health services is systematically identified by and addressed at the earliest possible time and ongoing thereafter or after the onset of a condition requiring mental health and/or Substance Use Disorder treatment.
- Maintain continuity of each member’s health care and medical records to include documentation of all services provided by the PCP as well as any specialty service.
- Ensure the availability of physician services to members in accordance with appointment scheduling as outlined in this section.
- Arrange for on-call and after-hours coverage in accordance with the after-hours service as outlined in this section.
- Ensure members are aware of the availability of public transportation, where available, and non-emergency medical transportation (NEMT) availability by calling WellSense Member Services at: 877-957-1300, Option 1, for NH Medicaid, or 855-833-8128 for WellSense Medicare Advantage HMO, or call the WellSense transportation line at 844-909-RIDE (844-909-7433) For WellSense Medicare Advantage HMO call 844-458-6226.
- Provide access to WellSense or its designee to thoroughly examine the primary care offices books, records, and operations of any related organization or entity. A related organization or
entity is defined as: having influence, ownership, or control and either a financial relationship or a relationship for rendering services to the primary care office.

- Submit an encounter for each visit where the provider sees the member and submits encounter data according to HEDIS guidelines as outlined in Section 14: Quality Management on page 145.
- Follow the guidelines as outlined in Section 9: Billing and Reimbursement on page 78.
- Ensure members utilize Plan providers. If unavailable to locate a participating provider for required services, contact WellSense for assistance. WellSense NH Medicaid Provider Services: 877-957-1300, option 3. WellSense Medicare Advantage HMO Provider Services: 866-808-3833.
- Pediatric Providers: ensure that all children receive standardized, validated developmental screening, such as the Ages and Stages Questionnaire and/or Ages and Stages Questionnaires: Social Emotional at nine (9), eighteen (18), and twenty-four (24)/thirty (30)-month pediatric visits; and use AAP or other nationally recognized developmental and behavioral screening system. The assessment shall include universal screening via full adoption and integration of, at minimum, two (2) specific evidenced-based screening practices: Depression screening (PHQ2 &9) and Screening, Brief Intervention, and Referral to Treatment (SBIRT) in primary care.
- All PCPs (and behavioral health providers) must incorporate the following domains into their screening and assessment process:
  - Demographic,
  - Medical,
  - Substance Use Disorder,
  - Mental Health Screening (PHQ-2 or PHQ-9),
  - Housing,
  - Family & support services,
  - Education,
  - Employment and entitlement,
  - Legal, and
  - Risk assessment including suicide risk and functional status (ADL, IADL, cognitive functioning)

**Covering Physicians**

If a physician is temporarily unavailable to furnish care or referral services to Plan members, the physician should make arrangements with another Plan-contracted and credentialed physician to furnish services on his or her behalf, unless there is an emergency. In non-emergency cases, if a covering physician is not contracted and credentialed with WellSense, providers should contact WellSense for prior authorization. The physician should be credentialed by WellSense, sign an agreement accepting the negotiated rate and agree not to balance-bill Plan members.

For additional information, please contact your Provider Engagement consultant or call WellSense NH Medicaid Provider Services: 877-957-1300, option 3. WellSense Medicare Advantage HMO Provider Services: 866-808-3833

**Responsibilities of contracted hospitals**

Contracted hospitals are required to comply with all relevant requirements in their Plan contract and with this manual. Additional requirements include:
• Medical/surgical hospital services require prior authorization.
• Hospitals are required to notify WellSense of any emergency admissions of patients.
• Hospitals must update WellSense on maternity or newborn services used by Plan members.
• Collaborate with WellSense’s hospital care coordinators on concurrent review and discharge planning activities for medical or surgical services.
• Coordinate a member’s behavioral healthcare services with WellSense’s behavioral health care managers. If a member is experiencing a behavioral health crisis, immediately contact the emergency services program by calling Carelon Behavioral Health at 855-834-5655.
• Coordinating with providers and members after non-fatal overdoses including: Hospitals to share discharge information by outreaching to treatment providers within seven (7) calendar days of discharge and with the member and the member’s authorized representative prior to discharge or the next business day for ninety-eight percent (98%) of WellSense members.
• Hospitals are required to notify WellSense of any member discharging against medical advice after being admitted to the Emergency Department for a non-fatal overdose.

Additional responsibilities for providers participating in our WellSense Medicare Advantage HMO Network:
• Upon Plan’s request, Provider shall certify to compliance with applicable CMS compliance and anti-fraud training and education requirements. Plan shall accept the certificate of completion of the CMS training as satisfaction of this requirement with respect to individuals required to receive training.
• CMS Compliance Training: Providers are required to complete this training within 90 days of hire and annually thereafter. This training is available through the CMS Medicare Learning Network.
• CMS Fraud, Waste, and Abuse Training (FWA): Non Medicare-approved providers are required to complete this training within 90 days of hire and annually thereafter. Providers that have met the FWA certification requirement through accreditation as suppliers of DMEPOS, or enrollment in the Medicare Part A or B program, are not required to take this FWA training.

Out-of-network/non-participating providers

Providers and practitioners who have contracts with WellSense are considered “network” or “Plan participating providers.” Those who do not have contracts with WellSense are considered “out-of-network” or “non-participating providers.”

Except in the case of urgent/emergency services and family planning services, a WellSense member is not covered for services provided by an out-of-network provider unless the rendering provider has received prior authorization from WellSense in advance of services being rendered. Any non-participating providers, including Indian health care providers, may refer an American Indian/Alaskan Native member to a Plan participating provider.

For assistance with arranging services for of out-of-network providers, please contact the Prior Authorization department by calling 877-957-1300 and selecting the prior authorization option.
4.3 Fraud, waste, and abuse

A provider’s submission of a claim for payment constitutes a representation by the provider that the services or supplies on the claim, including all quantities on the claim, were medically necessary in the provider’s reasonable judgment; were performed by the provider or under a clinician’s supervision; were filed accurately, using appropriate coding; and have been properly documented in the member’s medical records. A provider’s submission of a claim for payment also constitutes the provider’s representation that the claim submitted is not false or misleading.

Any amount billed by a provider in violation of this policy, if paid by WellSense, constitutes an overpayment, and is subject to recovery. Any amounts billed to and paid by members in violation of this policy must be immediately refunded to the member. If medical records do not reflect the provision of a service, the service is considered to not have been documented/provided, and payment is subject to recovery by WellSense.

Fraud, waste, and abuse may include, but are not limited to, the following:

- Charging in excess of usual, customary, and reasonable fees
- Performing unnecessary or inappropriate services
- Billing a service that was not performed or misrepresenting a service that was provided
- Billing duplicate claims
- Unbundling services
- Collecting money from a member except for appropriate member cost-sharing, if any (deductible amounts, coinsurance amounts, copayment amounts, and payments for non-covered items)
- Repeatedly and/or intentionally waiving members’ deductibles, coinsurance, and/or copayments, if any
- Failure to refund known Plan overpayments within 60 calendar days of receipt

Providers must maintain an environment in which employees may report any suspicion of fraudulent behavior. Providers themselves should also report any such concerns to the Plan.

Complaints or allegations of suspected provider or member fraud, waste, and/or abuse, whether from an internal or an external source, are investigated by the Plan’s Special Investigations Unit. Complaints or allegations of suspected fraud, waste, or abuse by a Plan employee are investigated by the Plan’s Compliance Officer.

Concerns involving a provider or WellSense member should be reported by:

- Calling our anonymous, independent Compliance Hotline, available 24 hours a day, seven days a week, at 1-888-411-4959
- Emailing the Special Investigations Unit at FraudandAbuse@wellsense.org
- Faxing the Special Investigations Unit at 1-866-750-0947
- Mailing WellSense at:
  WellSense Health Plan
  Attn: Special Investigations Unit
Concerns involving a WellSense employee should be reported by:

- Calling the anonymous, independent Compliance Hotline at 1-888-411-4959
- Mailing the WellSense Compliance Officer at:

  Compliance Officer  
  WellSense Health Plan  
  529 Main Street, Suite 500  
  Charlestown, MA 02129

### 4.4 Provider demographic changes

For provider demographic changes, please complete and submit the [Provider Change form](#), available on our website and submit by email to [NHprovider.enrollment@wellsense.org](mailto:NHprovider.enrollment@wellsense.org) or fax the form to 866-335-9317.

For providers who participate in our WellSense Medicare Advantage HMO product, WellSense is required to verify the accuracy of the provider directory information on a quarterly basis.

### 4.5 Access to Care standards for Medicaid

In an effort to ensure members have timely access to care, providers are required to comply with the following standards:

<table>
<thead>
<tr>
<th>Service</th>
<th>Access Standard</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hours of Operations</td>
<td>Must be no less than hours offered to commercial enrollees</td>
</tr>
<tr>
<td>Office/Service Waiting Time</td>
<td>30 minutes or less</td>
</tr>
<tr>
<td>After-Hours Services</td>
<td>Provide one of the following:</td>
</tr>
<tr>
<td></td>
<td>• 24-hour answering service with option to page the physician, or</td>
</tr>
<tr>
<td></td>
<td>• Advice nurse with access to the PCP or on-call physician</td>
</tr>
<tr>
<td>Emergency and Psychiatric Services</td>
<td>Immediately upon entrance to delivery site, including network and</td>
</tr>
<tr>
<td></td>
<td>out-of-network facilities 24 hours a day, 365 days a year</td>
</tr>
<tr>
<td>Other Healthcare Services</td>
<td>• In accordance with New Hampshire Medicaid standards and guidelines at <a href="http://dhhs.nh.gov/programs-services/medicaid">dhhs.nh.gov/programs-services/medicaid</a></td>
</tr>
</tbody>
</table>
### Medical Health Services

<table>
<thead>
<tr>
<th>Appointment Type</th>
<th>Primary Care</th>
<th>Specialty Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>Non-urgent, symptomatic (routine care)</td>
<td>10 calendar days</td>
<td>10 calendar days</td>
</tr>
<tr>
<td>Non-symptomatic (preventive care)</td>
<td>45 calendar days</td>
<td>45 calendar days</td>
</tr>
<tr>
<td>Urgent Care</td>
<td>48 hours</td>
<td>48 hours</td>
</tr>
<tr>
<td>Emergency Services</td>
<td>24 hours a day/7 days a week</td>
<td>n/a</td>
</tr>
<tr>
<td>Transitional Healthcare</td>
<td>2 calendar days of member discharge from inpatient or institutional care</td>
<td>2 calendar days of member discharge from inpatient or institutional care</td>
</tr>
<tr>
<td>Transitional Home Care</td>
<td>2 calendar days of member discharge from inpatient or institutional care</td>
<td>2 calendar days of member discharge from inpatient or institutional care</td>
</tr>
</tbody>
</table>

### Behavioral Health Services

<table>
<thead>
<tr>
<th>Appointment Type</th>
<th>Availability</th>
</tr>
</thead>
<tbody>
<tr>
<td>Non-life threatening emergency</td>
<td>Within 6 hours</td>
</tr>
<tr>
<td>Urgent Care</td>
<td>Within 48 hours</td>
</tr>
<tr>
<td>Routine Office Visits</td>
<td>Within 10 business days</td>
</tr>
</tbody>
</table>

Access to Care standards For WellSense Medicare Advantage HMO:

<table>
<thead>
<tr>
<th>Primary and Specialty Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>Urgent Care symptomatic</td>
</tr>
<tr>
<td>Routine Care, Non-symptomatic</td>
</tr>
<tr>
<td>Non-urgent, symptomatic</td>
</tr>
</tbody>
</table>
4.6 Physician panel closing

When requesting closure of a panel to new and/or transferring Plan members, PCPs must:

- Submit the request in writing at least 60 days prior to the effective date of closing the panel (or such other period of time provided in their provider contract) to WellSense Health Plan Provider Engagement 1155 Elm Street, Suite 500 Manchester, NH, 03101 or via email to NHproviderinfo@wellsense.org.
- Keep the panel open to all Plan members who were provided services prior to the panel closing; and
- Submit written notice to the Plan of the re-opening of the panel, including a specific effective date.

4.7 Member transfer or termination

Providers may not seek or request to terminate their relationship with a member or transfer a member to another provider based on the member’s medical condition, amount, or variety of care required, or the cost of covered services required by Plan members.

Providers must accept all individuals without restrictions and not discriminate against individuals on the basis of religion, gender, race, color, or national origin. Additionally, they cannot use any policy or practice that has the effect of discriminating on the basis of religion, gender, race, color, or national origin or on the basis of health, health status, pre-existing conditions, or need for health care services.

Reasonable efforts should be made to establish a satisfactory provider and member relationship. The provider should include adequate documentation in the member’s medical record to support his or her efforts to develop and maintain a satisfactory relationship.

You must give WellSense 60 calendar days’ notice in the event you must terminate or transfer a member from your panel. Submit a completed Member PCP Transfer Request form, available on the Forms and Documents page of our website at and fax to WellSense’s Enrollment department at 617-897-0838 or at 866-335-9317. You may also contact your Provider Engagement team and request assistance reassigning the member with 60 calendar days’ notice. Providers must continue to render medical care to the member until written notice is received from WellSense stating that the member has been transferred from the provider’s practice.

4.8 Out-of-area network transfer

There may be occasions when a member requires services that are not available in WellSense’s network. In such event, WellSense will work with the member’s PCP to assist WellSense in determining medical necessity and to help to develop a plan for the member to be seen by an out-of-network provider (either in or outside of WellSense’s service area). Plan providers should help WellSense in arranging the member’s transfer to an out-of-network provider.
4.9 Second opinion

A second medical opinion may be requested at no cost to members, in any situation where there is a concern about diagnosis, surgery options, or other treatment of a health condition.

The second opinion must be provided by a qualified health care professional within the Plan network. In the event there is no Plan network provider with expertise in the medical condition, a non-network provider can provide the second opinion, but must obtain prior authorization from WellSense.

4.10 Early Periodic Screening, Diagnosis, and Treatment (EPSDT) program

WellSense will implement a variety of initiatives, targeted at both providers and members, to support compliance with EPSDT requirements for Medicaid members under age 21. WellSense endorses nationally recognized clinical practice guidelines which reflect the requirements of the EPSDT Medical Protocol and Periodicity Schedule. The guidelines include a nationally recognized pediatric periodicity schedule meeting the EPSDT requirements for Medicaid programs. This schedule and related EPSDT materials can be accessed through WellSense’s website at wellsense.org.

Primary care providers are responsible for furnishing EPSDT services, and ensuring follow-up care is obtained by the member, as identified by the well visit. This includes following up on missed appointments, including missed referral appointments identified through screenings, and follow up on any abnormal screening results.

EPSDT program services, including the full range of preventive, screening, diagnostic, and treatment services, and all medically necessary services that correct or ameliorate physical and mental illnesses and conditions, must be provided for all WellSense members from birth to age 21. These services must include a comprehensive health screening and developmental history, an unclothed physical exam, appropriate immunizations, laboratory tests, and health education at DHHS recommended intervals.

Screenings must include:

- A comprehensive health and developmental history that assesses both physical and mental health, as well as Substance Use Disorders
- Social Emotional developmental screening at nine (9), eighteen (18), and twenty-four (24)/thirty (30) month pediatric visits using an AAP or other nationally validated developmental and behavioral screening tool. Assessments must include universal screening via full adoption and integration of, at minimum, two (2) specific evidenced-based screening practices such as:
  - Depression screening (e.g., PHQ2 & 9)
  - Screening, Brief Intervention, and Referral to Treatment (SBIRT) in primary care
- Screening for developmental delay at each visit through the fifth (5th) year using an AAP or nationally validated screening tool
- Screening for Autism Spectrum Disorders per AAP guidelines
- Measurements, such as height, weight, and head circumference
- A comprehensive unclothed physical exam
• All appropriate immunizations, in accordance with the schedule for pediatric vaccines, laboratory testing (including blood lead screening appropriate for age and risk factors)
• Health education and anticipatory guidance for both the child and caregiver
• Vision screening
• Hearing screening
• Nutritional services
• Oral health screening and referral to a dental health provider
• All necessary referrals and follow up appointments based on history and exam

Health education services must include:
• Informing members of the availability of EPSDT health screenings without cost
• Nutritional services
• Importance of preventative care, including vaccinations
• Periodicity schedule and depth and breadth of services
• How and where to access services
• Services provided without cost
• Availability of assistance with transportation and scheduling on request

Periodically, WellSense will send all PCPs a mailing of their well child visit rates, including a listing of their members by age category, and a list of which members will be due for a well visit in the upcoming months. The listing will also include members who are not in compliance with the periodicity schedule. PCPs are required to contact the members or guardians by telephone or mail to schedule an appointment.

Equipment providers should have the following available to adequately perform EPSDT screening exams:
• Weight scale for infants
• Weight scale for children and adolescents
• Measuring board or device for measuring length or height in the recumbent position for infants and children up to age 2
• Measuring board or device for measuring height in the vertical position for children aged 2 or older
• Blood pressure apparatus with infant, child, and adult size cuffs
• Screening audiometer
• Device for measuring hematocrit or hemoglobin
• Age appropriate eye charts
• Developmental and behavioral screening tools
• Ophthalmoscope and otoscope

Compliance monitoring
• WellSense will conduct random audits to ensure follow-up visits are occurring, and that full EPSDT visits are being performed.
• WellSense will work with provider sites to schedule on-site visits to review medical records or coordinate faxing or mailing of the needed information to a secure location. Electronic
submission of medical records should be transmitted via secure method and encrypted or password protected.

- While WellSense strives to make these reviews as easy as possible for practices, we rely on the cooperation of providers to make these reviews successful. Providers’ prompt attention and response to requests for chart information is critical and is appreciated.
- WellSense uses a variety of tools to monitor EPSDT compliance including medical record audits and several HEDIS Effectiveness of Care measures including Well Child Visit Encounter Rates, Childhood Immunization Status, Immunizations for Adolescents, and Lead Screening in Children.

4.11 Observation status

Providers must notify WellSense within one business day if a member receives care in an observation setting. For inpatient admissions related to the same episode of care, providers must obtain prior authorization. Please refer to the Prior Authorization matrix on our website for a description of observation services.

4.12 Adult health screening

Physicians should perform an adult health screening for members age 21 or older in accordance with federal preventative care regulations. The adult member should receive an appropriate assessment and intervention as indicated or upon request.

4.13 Neonatal Abstinence Syndrome (NAS) Screening Tool

Primary care, obstetrics/gynecology, pediatrics, and neonatologists are encouraged to follow their institutions’ clinical guidelines for screening for, and treating, Neonatal Abstinence Syndrome, in all infants born in New Hampshire. In the absence of local clinical protocols, we recommend using the Minnesota Hospital Association “Neonatal Abstinence Syndrome (NAS) Toolkit” at: Neonatal Abstinence Syndrome (NAS) Toolkit (mnhospitals.org)

Further, providers are encouraged to reference Boston Medical Center’s Grayken Institute, which has been studying screening and treatment protocols for NAS since at least 2013. A link to resources can be found here: Symptom-Triggered Treatment for Neonatal Withdrawal Syndrome | Boston Medical Center (bmc.org)

4.14 Advance directives

Advance directives are legal documents that offer individuals the ability to outline the decisions they want made for end-of-life care before they become terminally ill or incapacitated.
There are two types of advance directives:

- **Living Will** is a legal document that outlines specific information on which life-prolonging measures one does, and does not want to be taken if the individual becomes terminally ill or incapacitated. Many measures can be considered, including but not limited to: the use of dialysis and breathing machines, tube feeding, organ and tissue donation, and whether or not individuals want healthcare professionals to save their lives if their heartbeat or breathing stops.

- **Health Care Proxy** is a legal document in which one names another trusted individual as their Durable Power of Attorney for Health Care. A Health Care Proxy is responsible for making decisions on the patient’s behalf, if the patient is unable to do so.

PCPs should ask members whether they have made an advance directive and ask for a copy of the advance directive to include in the member’s medical record. PCPs should instruct members to report to WellSense the existence and terms of their advance directive. The PCP should keep a copy in the patient’s medical records and the member should keep a copy at home.

Hospitals, including critical access hospitals, skilled nursing facilities, nursing facilities, home health agencies, providers of personal care services, and hospices must maintain written policies and procedures concerning advance directives, including providing written information to members about their rights, educating the member about any limitations on the provider’s ability to honor an advance directive, and notifying members that their care will not be conditioned on whether they have executed an advance directive. This information must be given to the member at the time of admission as an inpatient, or, for home health, hospice, or personal care, coming under the agency’s care.

Call Member Services for questions about advance directives.

### 4.15 Members with chronic or life threatening conditions

Members with chronic conditions are defined as adults and children who have a physical or mental impairment or ailment of indefinite duration or frequent recurrence that includes:

- A mental health condition, asthma, diabetes, or heart disease
- Obesity, as evidenced by a body mass index as follows:
  - 25–30 = overweight
  - 30 or higher = obese
- An ongoing physical, behavioral, or cognitive disorder, including chronic illnesses, impairments, and disabilities; and/or
- A functional limitation, reliance on compensatory mechanisms (medications, special diet, assistive device, etc.) that require services beyond what is normally considered routine.

Physicians rendering services to members with chronic or life threatening conditions should:

- Apply a “whole person approach that incorporates the member and/or care givers into the development of the care plan and addresses the member’s physical, behavioral, developmental, and psychosocial needs.”
• Allow members who need a treatment course or regular care monitoring to have direct access through standing authorization or approved visits, as appropriate for the member’s condition or needs.
• Coordinate with WellSense to ensure the member has access to ongoing primary care support appropriate to the member’s needs.
• Ensure members who require specialized medical care over a prolonged period of time have access to a specialty care center.

4.16 Smoking cessation program
WellSense covers individual and group counseling services, as well as related prescription drugs, for members who smoke or use tobacco products. Members in need of services can contact Quit Works at quitworksnh.org/ or call the NH Tobacco Helpline at 1-800-QUIT-NOW or 1-800-784-8669.

4.17 Non-emergent transportation services
WellSense provides non-emergent transportation services and will coordinate transportation services for members within its network of transportation providers in New Hampshire. Transportation is available to members for all Medicaid-covered medical, behavioral health, and dental appointments. Providers and Members can contact the number below directly for transportation to outpatient appointments. Transportation is also provided to WellSense Medicare Advantage HMO members. Provider and Member line for NH Medicaid is: 844-909-RIDE (844-909-7433) and for WellSense Medicare Advantage HMO is: 844-458-6226. Contact information is also available on the member’s ID card for NH Medicaid members.

4.18 Telemedicine
WellSense covers telemedicine as a means of healthcare delivery. Coverage of this service is also contingent on the use of an interactive audio and/or video telecommunications system that permits two-way, real-time, secure, HIPAA-compliant communication between the member and provider or between two providers. In addition, the provider performing telemedicine services must have an active unrestricted NH medical license. When billing for telemedicine services, providers must use applicable modifiers listed in the telemedicine policy, available in the Policies section of wellsense.org. Telecommunications systems must be HIPAA compliant, with an encrypted secure transmission portal. Behavioral health telemedicine can be accessed through Carelon Behavioral Health provider MDLive: https://members.mdlive.com/well/landing_home.

4.19 Provider-Preventable Conditions (PPC)
Consistent with applicable state and federal guidelines, WellSense does not reimburse providers for the cost of services that are attributable to those events and/or conditions identified as Provider-
Preventable Conditions. In addition, members cannot be billed for these services. Refer to Section 14: Quality Management on page 145 for more detailed information.

Provider-Preventable Conditions (PPCs) are categorized as follows:

- Health Care Acquired Conditions (HCACs)—any condition identified on Medicare’s list of Hospital-Acquired conditions (HAC).
- Other Provider-Preventable Conditions (OPPCs)—conditions that could apply in any health care setting, as follows:
  - Incorrect or incorrectly performed surgical or other invasive procedure performed
  - Surgical or other invasive procedure performed on incorrect location on the body
  - Surgical or other invasive procedure on the wrong patient
  - Events identified by the National Quality Forum (NQF) as Serious Reportable Events (SREs)

For a complete list of PPCs and detailed reporting, billing, and coding guidelines please refer to the Reimbursement Policy titled Provider Preventable Conditions and Serious Reportable Events in the policies section of our website.

### 4.20 ADA guidelines

**People living with disabilities**

Health services provided through Medicaid managed care must be accessible to all people living with disabilities who qualify for the program. Providers must offer a level of service that allows people with disabilities full and equal enjoyment of services and access to facilities that are offered to its other customers. New and altered areas or facilities must be as accessible as possible to all customers. In the event that provider sites are not readily accessible, the provider must provide reasonable alternative methods for making the services accessible and usable. Providers must ensure appropriate and timely health care to all members, including those with chronic illness and/or disabilities. Physical accessibility is not limited to entry to a provider office, but also includes access to services within the facility, such as exam tables and medical equipment.

### 4.21 Cultural competency

WellSense requires Plan providers to be culturally competent in their delivery of care to members. Please let us know if you are trained on the topic of Cultural Competency and we will send you a Cultural Competency for Providers Training Attestation document for completion.

Enhancing your communication skills helps you to provide quality care to all of your patients regardless of race, ethnicity, or religious beliefs. The resources below can help you assess and improve your cultural competency.
• **Cultural Competency Training**: A free, online educational program accredited for physicians, physician assistants, and nurse practitioners. A training program is also available for nurses and social workers.

• **New National CLAS Standards**: An implementation guide from the Office of Minority Health to help you advance health equity and quality for all cultures within your practice or healthcare organization.

Cultural and linguistic competency is defined as a set of congruent behaviors, attitudes, and policies present among members and professionals that enables effective work in cross-cultural situations.

“Culture” refers to integrated patterns of human behavior that include the language, thoughts, communications, actions, customs, beliefs, values, and institutions of racial, ethnic, religious, or social groups including, but not limited to, American Sign Language—using deaf, hard-of-hearing, and deaf-blind persons.

“Competence” implies having the capacity to function effectively as an individual and an organization within the context of the cultural beliefs, behaviors, and needs presented by consumers and their communities, as defined in the National Standards for Cultural and Linguistically Appropriate Services in Health Care.

WellSense has a diverse membership with many linguistic abilities and cultural and ethnic backgrounds. To promote access to providers who have the ability to communicate with members in a linguistically appropriate and culturally sensitive manner, WellSense uses a number of methods to capture detailed linguistic, ethnic, and cultural data on our members, including health assessment tools and querying members through contact with the Member Services department. As part of the credentialing process for individual clinicians, WellSense assesses providers’ linguistic capabilities.

For access and availability assessment, the member’s self-reported primary language serves as a measure of their linguistic needs and preferences as well as a proxy for cultural and ethnic identity. The provider’s self-report of languages spoken serves as the measure of their linguistic ability and a proxy for cultural and ethnic backgrounds.

Plan providers must ensure that:

- Members know they have access to medical interpreters, signers, and TDD/TTY services to facilitate communication, without cost to them.
- Care is provided with consideration for the member’s race/ethnicity, disability, and language and how it impacts the member’s health or illness.
- Staff members with routine access to patients have cultural competency training and development.
- Staff responsible for data collection makes reasonable attempts to collect race and language-specific member information. Staff members explain ethnicity categories so members can identify themselves and their children.
- Treatment plans and clinical guidelines are followed with consideration of the member’s race, country of origin, native language, social class, religion, mental or physical abilities, heritage,
acculturation, age, gender, sexual orientation, and other characteristics that may result in a different perspective or decision-making process.

- Office sites have posted and printed materials in English suitable for those with limited English proficiency, and Spanish. If required by New Hampshire Medicaid, they also post and print materials in any other required non-English language.
- A provider cannot rely on a member’s child to provide interpretive services. A provider cannot rely on the member’s family and/or friends to interpret unless the member requests.
- If a member refuses an interpreter, the provider should document the member’s declination in the member’s medical record.
- If the member speaks a language other than English, WellSense will provide telephonic language assistance services at the member’s request. The provider or member may call WellSense at 877-957-1300, option 1, Member Services, to be connected telephonically to the appropriate interpreter.

### 4.22 Members held harmless for charges

Except for the collection from members of any copayments, coinsurance, or deductibles, if any, contracted providers must look solely to WellSense for payment of covered services rendered to members. Contracted Providers agree that in no event, including, but not limited to non-payment by the Plan, will the contracted provider bill, charge, collect a deposit from, seek compensation, remuneration, or reimbursement from, or have any recourse against the member for a WellSense covered service. In the case of a non-contracted provider (or provider who does not accept Medicare Assignment), the member may be responsible for all charges and fees.
Section 5: Provider Resources

5.1 General information

WellSense is committed to partnering with and supporting our network providers so that together, we can ensure the highest quality of care for members enrolled in our New Hampshire Medicaid and WellSense Medicare Advantage HMO Plans.

Our website offers a variety of resources and tools to help you in meeting the medical needs of your patients and our members. For additional information or if you have questions, please contact Provider Engagement at NHProviderInfo@wellsense.org, visit our website at wellsense.org, or call WellSense Provider Services at: 877-957-1300, option 3, for NH Medicaid; 866-808-3833 for WellSense Medicare Advantage HMO Provider Services.

PCP offices participating in WellSense’s network can access the following services:

- Support from the various departments at WellSense, including Provider Engagement, Customer Service, Care Management, and Community and Member Outreach teams.
- Information on providers related to the management of referrals and discharge planning.

5.2 Secure provider portal Health Trio

Providers can visit wellsense.org and register with a secure login for the following:

- Check the status of a claim.
- Check member eligibility.
- Request online authorization for services and procedures requiring authorization.
- View remittance history.
- Request customized reports, such as an inpatient census.
- View Member Rosters that identify those with completed Health Needs Assessments (HNAs), copies of which are available upon request to NHProviderInfo@WellSense.org.

5.3 Provider Engagement department

The role of the Provider Engagement department is to act as the liaison between the provider and WellSense. Your assigned Provider Engagement consultant will furnish you and your office with training and education regarding WellSense and our processes. Our goal is to develop and maintain a mutually beneficial relationship.

Your Provider Engagement consultant can assist you with any questions on billing, claims, credentialing, care management, and our pharmacy formulary. Your Provider Engagement consultant can provide updated PCP panels/rosters of members. Each PCP report is refreshed daily and indicates members who have completed health needs assessment (HNAs), copies of which provider offices may request. Please be aware that completed member HNAs are available to providers upon request to your Provider Engagement consultant or to NHProviderInfo@wellsense.org. The consultant
is the person you contact when you have questions about working with WellSense. Our Provider Engagement team is composed of experts in their field and knows how important it is to be available to our providers, to ensure satisfaction and to assist in any way they can.

WellSense is committed to offering an in-service training within 30 days of your contract being executed. Among other things, this training will include:

- Member eligibility
- Provider responsibilities
- Care Management
- Health Trio provider portal
- Billing and claims submission
- Cultural competency
- Administrative, Clinical, and Reimbursement policies and procedures
- Fraud and abuse reporting
- And much more

If you have a change in office staff, please contact your Provider Engagement consultant to ensure all appropriate staff receive timely notification of WellSense policies and other updates. Your consultant can schedule a time to visit with your new staff and do a training session for them. Our Provider Engagement team will visit your office on a routine basis. These meetings are designed to proactively identify and provide any additional training or assistance your office may require. Preferably these meetings will take place with the office manager or provider, as well as new staff.

WellSense is committed to communicating efficiently and effectively with our provider network.

### 5.4 WellSense Customer Care for providers

**NH Medicaid:** Call 877-957-1300, option 3.

**WellSense Medicare Advantage HMO:** Call 866-808-3833.

**Hours:** Monday–Friday, 8 a.m.–6 p.m., except holidays
Saturday, 9 a.m.–12 p.m., except holidays

To improve services for our providers, WellSense has a centralized team of Customer Service professionals to assist providers and resolve claims-related questions and payment issues from the provider’s first contact through the adjustment process.

### 5.5 Automated system to check member eligibility and claims status

For NH Medicaid: Call 877-957-1300 24 hours a day, 365 days a year to verify member eligibility and check the status of a claim as follows:

- Verify member eligibility by visiting the NH MMIS (Medicaid Management Information System) Health Enterprise Portal at [nhmmis.nh.gov/portals](http://nhmmis.nh.gov/portals).
- Visit our online eligibility verification system at [wellsense.org](http://wellsense.org).
- Call WellSense at 877-957-1300, option 3, NH Medicaid Provider Services.
• Call WellSense at 866-808-3833 for WellSense Medicare Advantage HMO Provider Services.
• We also have an automated provider line for Medicaid. By calling our automated provider line, you can verify member eligibility, claims status, provider enrollment status, etc. Dial our provider line at 888-566-0008 and press:
  o Option 1 for claims status and member eligibility
  o Option 2 for claims or provider enrollment status
  o Option 3 for medical services, prior authorization and notifications
  o Option 4 for pharmacy authorizations and eligibility
  o Option 5 for durable medical equipment
  o We also have an automated provider line WellSense Medicare Advantage HMO. By calling our automated provider line, you can verify member eligibility, claims status, provider enrollment status, etc. Dial our provider line at 866-808-3833 and press:
  o Option 1 for member eligibility
  o Option 2 for prior authorization
  o Option 3 for assistance with a claim
  o Option 4 to be connected with one of our business partners such as pharmacy, DME, Transportation, Behavioral health, or vision
  o Option 5 for all other inquires

When checking member eligibility, providers will be asked for their phone, NPI, or tax ID number, along with the member’s ID number.

When checking the status of a claim, providers will be asked for their phone, NPI, or tax ID number, as well as the member’s ID number and dates of service.

5.6 Additional resources

The following resources are available at wellsense.org:
• Contacts Directory
• Your Provider Engagement team
• Network Notifications
• Policies (clinical and reimbursement)
• Provider newsletters
• Forms
• Community resources
Section 6: Member Information

6.1 General information

WellSense offers two benefit plans, one to New Hampshire residents who are eligible for Medicaid and the other for Medicare-eligible. It is possible for members to maintain both WellSense Medicaid and WellSense Medicare Advantage HMO coverage at the same time. Please note that DHHS and CMS determines eligibility for all individuals applying for WellSense benefits. For benefit information, visit our website at wellsense.org.

6.2 Member enrollment in WellSense Health Plan

Enrolling in WellSense’s Medicaid Plan

To become a member of WellSense’s Medicaid plan, a New Hampshire resident must qualify through DHHS. The individuals or families seeking membership must apply by filling out a NH Easy Form, available at nheasy.nh.gov. The form should be downloaded, completed, and mailed to NH DHHS at:

New Hampshire Department of Health and Human Services
Client Services Division Central Processing Unit
129 Pleasant Street
Concord, NH 03301-9846

Many community-based organizations, hospitals, and community health centers will assist individuals with the NH Easy Form or help them to apply through an electronic application. The law requires that an applicant provide the State of New Hampshire with income information, an employment record, any disability or illness information, a list of family members, proof of citizenship, identity (e.g., government-issued identity card), or immigration status, and additional details. The State of New Hampshire will then notify the applicant if he or she is eligible for WellSense.

If DHHS determines that an applicant is eligible, he or she becomes a WellSense member in one of the following ways:

- The individual chooses WellSense;
- DHHS enrolls the individual in WellSense; or
- The individual is transferred to WellSense from another managed care organization (MCO).

Enrolling in WellSense Medicare Advantage HMO

- Individuals interested in our WellSense Medicare Advantage HMO product can enroll directly through WellSense or through one of our approved, licensed agents. Prospective members have the option of completing their application online, via paper application, or over the phone for their convenience. Depending on the member’s situation, they may qualify for extra help paying their monthly premiums. Enrollment information is available at wellsense.org/medicare.
6.3 Overview of health plan benefits

WellSense offers a comprehensive benefits package for WellSense members. For additional information, please see Section 7: Member Benefit Information on page 58 and visit wellsense.org for a complete list of covered services.

Member self-referral services

WellSense does not require referrals. Nevertheless, in an effort to support communication between providers and members, WellSense asks each member to contact his or her PCP before seeking non-emergent healthcare services. However, please note that certain services require prior authorization. For more information, please refer to Section 8: Utilization Management and Prior Authorization on page 61 in this manual.

All WellSense members have access to the following supports

- Member Services department and behavioral health toll-free member line to answer questions
- Coordination of WellSense’s transportation benefit for qualified members
- Care management for special populations
- Access to WellSense’s 24-hour Nurse Advice line

Special programs and items for members

In addition to the clinical programs available to our members, WellSense offers several special programs and items, including:

<table>
<thead>
<tr>
<th>Medicaid Plan</th>
<th>WellSense Medicare Advantage HMO Plan</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Free dental kit, including a tooth brush, tooth paste, and floss ($2 value)</td>
<td>• Up to $980 to spend on over-the-counter health and wellness supplies</td>
</tr>
<tr>
<td>• Free child car and booster seats ($65 value)</td>
<td>• Meals after hospital stays or for certain chronic conditions</td>
</tr>
<tr>
<td>• Free bicycle helmets for children ($5 value)</td>
<td>• Transportation to medical appointments</td>
</tr>
<tr>
<td>• Incentives for healthy behaviors such as appointments $50 for annual well visits for members age 12-21.</td>
<td>• SilverSneakers® fitness program</td>
</tr>
<tr>
<td>• Reimbursements for participating in Weight Watchers (Up to $100)</td>
<td>• Additional benefits to support dental, vision, and hearing needs.</td>
</tr>
<tr>
<td>• Money back for gym membership or wearable fitness trackers (Up to $200) or</td>
<td></td>
</tr>
<tr>
<td>• Money back on wearable fitness trackers (Up to $100)</td>
<td></td>
</tr>
</tbody>
</table>

For full details, please visit wellsense.org.

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Language and interpretive services

WellSense assists non-English-speaking members by offering:

- A translation services vendor free of charge, with the capability of translating 174 languages through telephonic communication.
- WellSense’s website that can be viewed in 54 languages.
- TTY/TDD lines (711) to reach WellSense and our contracted vendors.

WellSense’s Member Handbook is available:

- In English and Spanish (Spanish is available for the WellSense Medicaid Handbook only)
- Through oral translations in any language by calling WellSense’s Member Services department at 877-957-1300, option 1, for WellSense Medicare Advantage HMO call 855-833-8128
- In Braille, large font or American Sign Language video clips upon request

As part of ADA guidelines, WellSense encourages providers to have a list of available interpreters for patients.

6.4 Member identification cards and member eligibility

Each WellSense member has two identification cards: a DHHS or Medicare-distributed member ID card and a Plan-distributed member ID card.

The WellSense card includes:

- Plan name and logo.
- Member name and date of birth.
- Granite Advantage designation, if applicable.
- Plan member ID number: WellSense issues ID cards with a randomly generated nine-digit number prefixed with “NH” or “6” (e.g., NH1234567 or 600123456). When submitting claims to WellSense, use the member’s ID number from the WellSense-issued ID card.
- Pharmacy benefits manager and phone number.
- WellSense non-emergent transportation line for Providers and Members: 844-909-7433 (844-909-RIDE) will be on the WellSense Medicaid ID cards only.
- Telephone numbers for WellSense’s Member Services department, Provider Services, and the Behavioral Health member line.
- Instructions on how to access services in WellSense.
- Members should present both cards to the treating provider at the time of service and should contact their PCP before receiving care, unless it is an emergency. Providers should not deny care if the member does not have his/her ID cards. Please call WellSense at 877-957-1300, option 3, or for WellSense Medicare Advantage HMO call 855-833-8128.

Provider Services, and select the member eligibility option to verify member benefits, eligibility, and PCP assignment in WellSense.
6.5 Member eligibility

Please remember to always check member eligibility before delivering services, on the date of service, and daily during inpatient admissions. See Section 2: Member Eligibility on page 9 in this manual for instructions on verifying member eligibility in WellSense.

6.6 Primary care provider selection and assignment

WellSense proactively assists and encourages each member to select his/her own PCP and other health care professionals. WellSense provides each member with information about selecting a provider (e.g., physician specialty, geographic location, and experience with special populations). Our Member Services department provides interpreter services for members when they call, if necessary, and/or if requested by the member. If the member or the member’s designee does not select a PCP, we will assign an appropriate PCP no later than 15 calendar days after the member’s enrollment date with us.

If a PCP assignment is required, the member is assigned to a participating PCP using the following criteria:

- If a member was previously enrolled in WellSense, the PCP assignment will be the member’s most recent PCP (if the assignment remains appropriate).
- If the member has not been enrolled in WellSense before, we will consider the following criteria when assigning a PCP to the member:
  - Member’s health needs
  - PCP’s training and expertise with demographic or special populations similar to the member’s
  - Geographic proximity of the PCP’s site to the member’s residence on file
  - PCP site’s ability to accommodate the member’s disability, if applicable
  - Capabilities of the PCP to practice in the member’s preferred language
  - PCP’s access to medical interpreters for the member’s preferred language
- The member’s age:
  - Pediatrics – birth to age 21
  - Internal Medicine – age 18 or older
  - Family Medicine – all age categories
- An obstetrician/gynecologist (OB/GYN) may serve as a PCP if selected by a female member, but WellSense will not assign a member to an OB/GYN practice for primary care services without the member’s request.

Request for PCP change

WellSense members may change their PCP for any reason. The change can be made in any of the following ways:
• Complete, sign, and fax a Primary Care Provider Selection form available on our website to our Enrollment department at 866-335-9317. Enrollment in the new PCP’s member panel is effective the date the member signs the form.
• Call the Member Services department at 877-957-1300, option 1 For WellSense Medicare Advantage HMO call 855-833-8128. Enrollment in the new PCP’s panel will be effective the next business day. WellSense will transfer the member to the new PCP’s panel the same day if the member clearly states that he or she is in the PCP’s office and wants the transfer to be effective immediately.
• Members log in to the member portal at wellsense.org and submit the request online.

If this is the member’s first PCP selection, the PCP assignment will be effective on the member’s enrollment date with us. Participating providers may assist members with a PCP selection or PCP transfer.

WellSense monitors voluntary changes in PCP selections to identify members with frequent changes. WellSense will re-educate members on the role of the PCP or direct members for additional services, if necessary. WellSense will also identify opportunities for provider education and quality improvement, if transfers are related to provider performance or administrative issues.

6.7 Continuity of care for new and existing plan members

When medically necessary, we will arrange for a new member to continue receiving treatment from his/her current, non-network provider under certain circumstances; prior authorization by WellSense is required. This may occur as follows:

• For up to 90 calendar days or until we complete a medical necessity review of the service, whichever comes first, from the member’s enrollment date, or
• If the member is in her second or third trimester of pregnancy when she enrolls in WellSense—through her pregnancy and up to 60 calendar days after delivery; or
• If the member is determined to be terminally ill at the time of enrollment

Continuing treatment when a provider has been terminated from WellSense:

For existing WellSense members undergoing active treatment for a chronic or acute medical condition, whose provider has been terminated from the network for any reason other than fraud, abuse, or quality of care issues, WellSense may provide coverage for services delivered by the provider. Affected members may be allowed continued access to their terminated practitioner for up to 90 calendar days after the provider’s effective termination date from WellSense when prior approval is granted by WellSense.

Continuing coverage of prescribed medications:

For new WellSense members with an On Going Special Condition with currently prescribed medications, WellSense will cover such medications for 90 calendar days from the member’s enrollment date, or until completion of a medical necessity review, whichever occurs first.

For WellSense Medicare Advantage HMO members:
During the first 90 days of WellSense membership, members will be granted a maximum of a one-month supply (30 days) of currently prescribed medications. If the prescription is written for fewer than 30 days, we will allow multiple fills to provide up to a maximum of 30 days of medication.

If a provider is terminated members may still receive existing prescription fills unless the prescriber is not enrolled with Medicare, on the OIG sanction list, or on the CMS preclusion list.

6.8 Confidentiality and provider access to member information

WellSense complies with all applicable state and federal laws and regulations pertaining to confidentiality of member medical and personal records, and confidentiality of the business, proprietary, and security information of network providers. Plan staff will verify the identity of the provider or his/her designee seeking information that is considered protected health information (PHI) under HIPAA, or personal information that is otherwise protected by law. Before WellSense will release any PHI, the provider or his/her designee must provide to WellSense one of the following: tax identification number (TIN), National Provider Identifier (NPI), or the WellSense-assigned provider number.

6.9 Member rights and responsibilities

Plan members have rights concerning health care and certain responsibilities to their treating providers. WellSense shares this information with members and providers on an annual basis, or sooner, if policy changes occur.

Providers are responsible for complying with applicable state and federal requirements concerning member rights.

Member rights

All members have the right to:

- Receive information about WellSense, its services, network providers, and member rights and responsibilities.
- Be treated with respect and recognition of their dignity and right to privacy.
- Voice complaints or appeals about WellSense or the care arranged for by WellSense.
- Receive information about any illnesses he or she has, presented in a manner appropriate to the member’s condition and ability to understand.
- Have an open and honest discussion with the provider about appropriate or medically necessary treatment options for the member’s medical conditions, regardless of cost or benefit coverage. The member may be responsible for payment of services not included in the covered services list for his/her coverage type.
- Receive information on available treatment options and alternatives, presented in a manner appropriate to the member’s condition and ability to understand.
- Participate in decisions regarding his or her health care, including the right to refuse treatment as far as the law allows, and to know what the outcomes may be.
• Request a change to his or her care manager.
• Be told where, when, and how to get services they need from their plan (standard and Long-
  Term Services and Supports [LTSS] services), including how they can obtain covered benefits
  from out-of-network providers if they are not available in the network.
• Be free from any form of restraint or seclusion, used as a means of coercion, discipline,
  convenience, or retaliation.
• Freely exercise his or her rights without adversely affecting the way WellSense and its providers
  treat him or her.
• Request and receive a copy of his or her medical records and request that they be amended or
  corrected, as specified in 45 CFR 164.524 and 164.526, which describes patient access rights.
• Be furnished with Plan-covered services.
• Request an interpreter when he or she receives medical care.
• Request an interpreter when he or she calls or visits WellSense offices (the Member Services
  department assists with providing an interpreter).
• Have any printed materials from WellSense translated into his/her primary language, and/or
  have these materials read aloud to him/her if the member has trouble seeing or reading.
• WellSense Medicaid members may choose his/her PCP and change the PCP assignment up to
  three times per year by calling WellSense’s Member Services department at 877-957-1300,
  select option 1 or by faxing a completed Primary Care Provider Selection Form, available on our
  website to WellSense’s Enrollment Department at 866-335-9317.
• Receive medical care within the timeframes as outlined in the Access to Care Standards
  described in Section 4: Provider Responsibilities on page 26 of this manual, and to file an internal
  appeal if he or she does not receive care within those timeframes.
• Receive behavioral health care according to Carelon Behavioral Health’s standards, available at
  carelonbehavioralhealth.com. WellSense contracts with Carelon Behavioral Health to manage
  WellSense’s behavioral health programs. Please direct all behavioral health inquiries to Carelon
  Behavioral Health at carelonbehavioralhealth.com, call Carelon Behavioral Health at 855-834-
  5655 or Carelon Behavioral Health’s TTY/TDD line at 711.
• Ask for a second opinion about any medical care his or her PCP advised to the member.
• Receive emergency care 24 hours a day, 365 days a year.
• Change his or her health plan (subject to certain DHHS limitations or Medicare limitations, as
  applicable).
• Receive medical treatment from Plan providers without regard to race, age, gender, sexual
  preference, national origin, religion, health status, economic status, or physical disabilities. No
  provider should engage in any practice, with respect to any Plan member, that constitutes
  unlawful discrimination under any state or federal law or regulation.
• Expect healthcare providers to keep member records private, as well as anything members
  discuss with them. No information will be released to anyone without the member’s consent,
  unless permitted or required by law.
• Voice a complaint and file a grievance with WellSense’s Member Services Department about
  services received from WellSense or from a medical provider. The member also has the right to
  appeal certain decisions made by WellSense. Please see Section 10: Member Appeals, Inquiries,
  and Grievances on page 113 for more detailed information.
• Make recommendations about WellSense’s member rights and member responsibilities.

Member responsibilities

Plan members are responsible to:

• Supply information (to the extent possible) needed by WellSense and its network providers to arrange for and provide care.
• Follow plans and instructions for care they have agreed to with their network providers.
• Understand their health problems and participate in developing mutually agreed-upon treatment goals, as they are capable.
• Discuss with his or her PCP when a specialist’s services may be required or before he or she goes to the hospital (except in cases of emergencies or when he or she may self-refer for certain covered services). **If a member self-refers to certain specialists, prior authorization may be required.**
• Keep appointments, be on time, and call in advance if he or she is going to be late or have to cancel.
• Notify WellSense’s Member Services department when he or she believes that someone has purposely misused Plan benefits or services.
• Notify WellSense’s Care Manager and Member Services department when the member has a change of address or phone number.
  o WellSense Medicaid members should also notify the New Hampshire Medicaid customer service center.
  o WellSense Medicare Advantage HMO members should also contact the Social Security Administration (SSA) to update their address and/or phone number.
• Pay for services not covered by their WellSense Medicaid or WellSense Medicare Advantage HMO plan.
• Describe health complaints clearly and provide as much information as possible to the treating provider.
• Inform his or her PCP and/or treating provider about himself or herself and his or her medical history.
• Treat his or her PCP with dignity and respect.
• Learn about any recommended treatment and consider it before receiving it.
• Understand that refusing treatment recommended by his or her PCP might harm the member’s health.
• Authorize his or her PCP to obtain copies of all the member’s medical records.
• Receive all his or her health care from WellSense providers, except emergency services.
  o For our Medicaid members: For services not covered by New Hampshire Medicaid, but covered directly by WellSense, which a member receives using his/her WellSense member ID card, the member may receive the care from any WellSense participating provider.
• Not allow anyone else to use his or her Plan ID card to obtain healthcare services.
• Learn and understand each right they have under their program.
• Know the name of their PCP and their care manager.
• Know when they should go to the emergency room.
• Follow their care manager’s advice or talk to their care manager if they are unable or unwilling to follow their care plan.

6.10 Member outreach and communication

Member Services department
WellSense’s Member Services department is available for members to call 877-957-1300, Monday–Wednesday, 8 a.m.–8 p.m., Thursday–Friday, 8 a.m.–6 p.m. except holidays. If necessary, a Member Services representative will arrange for another staff member to speak with a Plan member in his/her primary language (use of an interpreter is free of charge), coordinate TTY/TDD services for members who are deaf or hearing-impaired, or use an alternative language device so the member can effectively communicate his or her needs to a Member Services representative.

Member Services representatives can answer member questions and/or direct members to appropriate resources at WellSense, including the behavioral health member line. WellSense Medicare Advantage HMO Member Services department is available for members to call 855-833-8128 8 a.m. – 8 p.m. 7 days a week.

Nurse advice line
Members may call WellSense’s toll-free nurse advice line at 866-763-4829 to speak with a trained registered nurse about health-related issues 24 hours a day, 365 days a year. Following a set of established protocols, a registered nurse assesses a member’s symptoms, triages the member, and recommends services. This may include having the member contact his/her treating provider or PCP, administer self-treatment, and/or seek immediate help in an emergency department. WellSense educates members that the Nurse Advice Line does not replace the member’s PCP.

Behavioral health member line
Carelon Behavioral Health staff is available 24 hours a day, 365 days a year. Call the member line at 855-834-5655 or the TTY/TDD line at 711.

New member materials
WellSense’s new-member packet includes a Member Handbook, and all members receive information on accessing WellSense’s online Provider Directory. In addition, a Health Needs Assessment (HNA) form is sent to all members with their Plan ID cards.

The Member Handbook, available at wellsense.org, provides a description of WellSense’s covered services, how to use the Plan, and any member cost-sharing (e.g., copayments).

WellSense provides members with user-friendly benefit literature in English and, upon request, will provide literature in the member’s preferred language. At the time of enrollment, WellSense also informs members of their right to terminate their Plan membership.
Member orientation

WellSense attempts to contact each new member by mail or telephone to welcome him or her to WellSense and orient the member to our administrative guidelines, covered benefits, role of the PCP, network composition, and methods of communicating with WellSense. We urge new members to complete a Health Needs Assessment (HNA). HNAs enable WellSense and the provider to follow up with members identified as high-risk or who may have a chronic medical condition. WellSense will refer those members to our care management staff to perform a comprehensive assessment, if applicable.

Communication with high-risk members may include:
- Signs and symptoms of common diseases and complications
- Early intervention strategies to avoid complications of illness
- Risk-reduction strategies
- Treatment options to maintain optimal functioning
- Notifying a member if he or she is eligible for enrollment in a clinical program or community service based on his or her diagnosis, condition, or symptom(s)

Member marketing

WellSense requires that Plan network providers abide by the following guidelines regarding marketing to individuals eligible for WellSense.
- Do not make unsolicited personal contact with non-Plan members about WellSense to influence them to enroll in WellSense.
- Providers may answer questions about WellSense, if patients ask.
- Providers may post approved Plan brochures and posters in their facility.
- If a patient wants to join WellSense, refer the patient to Member Services Department. The patient may use your phone, but please do not make the call for him or her.
- Providers may help any patients with their New Hampshire Medicaid eligibility and application.
- In the course of treating a patient, providers may talk to him or her about benefits or services available, if the benefit or service relates to the patient’s treatment needs.
- Providers may talk with New Hampshire members about anything to do with their Plan membership, including extra items and services, choosing a primary care provider, how to get a new ID card, or other member questions.
- Providers shall not engage in marketing to members except when coordinated with and approved by WellSense.

WellSense Health Plan approval

If a communication is determined to be marketing material, it must comply with our state contract content requirements and be approved by WellSense 30 days prior to distribution. WellSense is responsible for obtaining approvals from DHHS.
Section 7: Member Benefit Information

WellSense Medicaid

Any New Hampshire Medicaid enrollee who is eligible to enroll in a managed care organization may enroll in WellSense Health Plan. Medicaid enrollees are offered a wide range of healthcare services under both New Hampshire Medicaid (fee for service) and under WellSense programs.

WellSense Medicare Advantage HMO

Anyone eligible for, and enrolled in, Medicare Part A and Part B, who is eligible to enroll in a Medicare Advantage Plan, may enroll in the WellSense Medicare Advantage HMO. Members are provided the same coverage as original Medicare, and are covered for additional services also.

7.1 WellSense Medicaid services and WellSense Medicare Advantage HMO services covered and managed by WellSense

When members are enrolled in WellSense Medicaid or WellSense Medicare Advantage HMO, most of the member’s New Hampshire Medicaid or Medicare benefits are managed and paid for by WellSense. The benefits that are managed and covered by WellSense are outlined in the WellSense NH Medicaid Member Handbook and the WellSense Medicare Advantage HMO Evidence of Coverage (EOC). The WellSense Covered Services list or WellSense Medicare Advantage HMO EOC also indicates whether a Prior Authorization from WellSense may be required before the covered service will be eligible for coverage. All covered services must be medically necessary and members must receive all their healthcare services from WellSense’s network providers with the following exceptions:

- Emergency care
- Urgent Care when the member is travelling outside of the WellSense service area
- Family Planning Services
- If WellSense (or Carelon Behavioral Health) gives an authorization in advance for the member to get care from an out-of-network provider

The list of services that are covered and not covered by WellSense is available at wellsense.org.

7.2 Medicaid services covered by New Hampshire Medicaid (not WellSense Health Plan)

The services listed below are managed and paid for directly by New Hampshire Medicaid (fee-for-service program), not by WellSense Health Plan. Services covered directly by New Hampshire Medicaid are known as “wrap-around” or “non-managed care organization (MCO)” benefits.

- Comprehensive Dental Services, including routine, non-routine, emergency, orthodontia, and oral surgery for members under age 21 years.
- Dental services limited to the treatment of acute pain or infections for members aged 21 years and over
• Early supports and services (early intervention services) for infants and children aged birth to 3 years.
• Nursing home or nursing facility services (sometimes called long-term care nursing facility services), including:
  o Skilled nursing facility services
  o Long-term care nursing facility services
  o Intermediate care facility services (nursing homes and acute care swing beds)
  o Glencliff Home services
• Long Term Acute Care Facilities (LTAC)
• Medicaid-to-school services
• Home and Community-Based Waivered Services (HCBS). (See the chart in 7.3 below for full description of these programs and services.)
• Some prescription drugs are covered by New Hampshire Medicaid when billed through a pharmacy. They include but are not limited to, certain prescription drugs used to treat Hemophilia, and the drugs Carbaglu® and Ravicti®. The pharmacy will bill New Hampshire Medicaid for these medications.
• Division of Child, Youth, and Family Program services for Medicaid eligible children and youth referred by the courts or juvenile parole board, including:
  o Home-based therapy
  o Child support services (also known as Child Health Support Services)
  o Intensive Home and Community Services
  o Placement services
  o Private Non-medical Institutional Care for Children
  o Crisis intervention

For information on services covered by the MCOs, as well as the wrap-around benefits covered directly by New Hampshire Medicaid, please visit wellsense.org.

You may also contact the New Hampshire Medicaid customer service center at 1-844-ASK-DHHS ext. 4344 or for TTY/TDD, call 800-735-2964.

7.3 Medicaid Home and Community-Based Services (HCBS) waivered programs (managed by New Hampshire Medicaid)

As mentioned under Section 7.2 above, NH Medicaid is also responsible for the management and funding of the HCBS waivered program services. The 1915(c) home and community based waiver is an option that allows states flexibility in providing long-term care services in home and community-based settings (HCBS), rather than institutional settings. States must apply and be approved for a waiver.

• The benefit of a HCBS Waiver program is that states can offer a variety of services through the waiver that may not be available in the standard Medicaid plan.
When a member is eligible for a waivered program, they are eligible for a combination of standard Medicaid benefits as well as any services afforded to them under their waivered service program.

WellSense works with NH Medicaid to assist in the coordination of these services.

The waivered programs included under the Home and Community-Based Waiver programs are outlined below:

<table>
<thead>
<tr>
<th>HCBS Waivered Program</th>
<th>Eligibility Requirements</th>
<th>Description of Covered Services</th>
</tr>
</thead>
</table>
| Acquired Brain Disorder (HCBC-ABD) Waiver           | Provides a system of services and supports to individuals age 22 years and older with traumatic brain injuries or neurological disorders who are financially eligible for Medicaid and medically qualify for institutional level of care provided with a need for specialized nursing care or specialized rehabilitation services. | • Assistive Technology Support Services  
• Community Support Services  
• Crisis Response Services  
• Day (Habilitation) Services  
• Environmental Modifications / Accessibility Adaptations  
• Participant Directed/Managed Services  
• Respite Services  
• Service Coordination  
• Supported Employment |
| Choices for Independence (CFI) Program Waiver        | Serves individuals who are age 18 years or older, financially eligible for Medicaid coverage, and clinically eligible for long term care services, and who choose to receive care in their home or another community setting instead of in an institutional setting.  
Adults participating in the CFI program must be age 18 or older and meet certain financial and clinical eligibility requirements. | • Adult Family Services  
• Adult Medical Day Services  
• Community Transition Services (managed through the Community Passport program)  
• Emergency response systems  
• Environmental Modifications / Accessibility Adaptations  
• Home-Delivered Meals  
• Home Health Aide Services  
• Homemaker Services  
• Medication Dispensing Services  
• Non-Medical Transportation  
• Nursing Services (skilled)  
• Personal Care Services  
• Personal Emergency Response System Service |
<table>
<thead>
<tr>
<th>HCBS Waivered Program</th>
<th>Eligibility Requirements</th>
<th>Description of Covered Services</th>
</tr>
</thead>
</table>
| Developmental Disabilities (HCBC-DD) Waiver               | Provides a system of long-term care services and supports in non-institutional settings to individuals of any age with mental retardation and/or developmental disabilities who are financially eligible for Medicaid and medically qualify for institutional level of care provided in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).                                                                                                                                                                                                  | • Residential Care Services  
• Respite Services  
• Specialized Medical Equipment Services  
• Supportive Housing Services                                                                                                                                                                                                                                                                                                                                                                                                                      |
| In Home Supports for Children with Developmental Disabilities (HCBC-IHS) Waiver | In Home Supports for Children with Developmental Disabilities (HCBC-IHS) Waiver is the home and community-based care 1915(c) waiver program that provides a system of long term care services and supports to families with children diagnosed with autism and other developmental disabilities through age 21 living at home with their families who require services to avoid institutionalization.                                                                                                                                                                                                 | • Assistive Technology Support Services  
• Community Support Services  
• Crisis Response Services  
• Day (Habilitation) Services  
• Environmental Modifications/ Accessibility Adaptations  
• Participant Directed/Managed Services  
• Personal Care Services  
• Residential Habilitation  
• Residential Care Services  
• Respite Services  
• Service Coordination  
• Specialty Services  
• Supported Employment  
• Enhanced Personal Care Services  
• Environmental Modifications/ Accessibility Adaptations  
• Respite Services  
• Service Coordination                                                                                                                                                                                                                                                                                                                                                                                                                     |
7.4 WellSense Medicare Advantage HMO Services covered by Original Medicare

The services listed below are managed and paid for directly by Original Medicare, not by WellSense Medicare Advantage HMO.

Services under a Clinical Trial approved by Medicare (WellSense will continue to cover services NOT related to the Clinical Trial).

Hospice services – members must enroll in a Medicare-certified hospice program (WellSense will continue to cover services NOT related to the member’s terminal condition).

7.5 Plan-covered services managed by our partners

Note: Please refer to Section 8: Utilization Management and Prior Authorization on page 65 for important authorization details. For questions on the WellSense Medicaid plan, contact WellSense at 877-957-1300, option 1. For questions on the WellSense Medicare Advantage HMO plan, contact WellSense at 866-808-3833.

<table>
<thead>
<tr>
<th>Type of Service</th>
<th>Partner</th>
<th>Contact Information – WellSense Medicaid plan</th>
<th>Contact Information – WellSense Medicare Advantage HMO</th>
</tr>
</thead>
</table>
| Outpatient Pharmacy Services | Express Scripts                | • Call: WellSense at 877-957-1300.  
• Visit: WellSense’s Pharmacy section at wellsense.org.  
• Submit PA:  
  • call 877-417-1839  
  • Fax 833-951-1680 | • Call: WellSense at 855-833-8128.  
• Visit: WellSense’s Pharmacy section at wellsense.org.  
Submit PA:  
  • Call 877-417-1828  
  • Fax 877-251-5896 |
| Cornerstone Health Solutions (Primary) | Specialty Pharmacy Services | Call: 1-844-319-7588  
Fax: 781-805-8221  
Write: 40 Teed Dr. Randolph, MA 02368 | Call: 1-844-319-7588  
Fax: 781-805-8221  
Write: 40 Teed Dr. Randolph, MA 02368 |
| Accredo (Secondary) | | Call: 844-516-3319  
Fax: 800-391-9707 | Call: 844-516-3319  
Fax: 800-391-9707 |
| Cornerstone Health Solutions | Mail-Order Pharmacy services | Call: 1-844-319-7588  
Fax: 781-805-8245 | Call: 1-844-319-7588  
Fax: 781-805-8245  
Write: 40 Teed Dr. Randolph, MA 02368 |
<table>
<thead>
<tr>
<th>Type of Service</th>
<th>Partner</th>
<th>Contact Information – WellSense Medicaid plan</th>
<th>Contact Information – WellSense Medicare Advantage HMO</th>
</tr>
</thead>
<tbody>
<tr>
<td>Behavioral Health Services</td>
<td>Carelon Behavioral Health</td>
<td>• Call: 855-834-5655 for help finding a network provider 24 hours a day.</td>
<td>• Call: 855-834-5655 for help finding a network provider 24 hours a day.</td>
</tr>
<tr>
<td>(mental health and substance abuse)</td>
<td></td>
<td>• Call: TTY/TDD line at 711</td>
<td>• Call: TTY/TDD line at 711</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Visit: <a href="https://carelonbehavioralhealth.com">carelonbehavioralhealth.com</a> or <a href="https://wellsense.org/find-a-provider">wellsense.org/find-a-provider</a> and search the provider network.</td>
<td>• Visit: <a href="https://carelonbehavioralhealth.com">carelonbehavioralhealth.com</a> or <a href="https://wellsense.org/find-a-provider">wellsense.org/find-a-provider</a> and search the provider network.</td>
</tr>
<tr>
<td>Durable Medical Equipment and Prosthetics/Orthotics (DMEPOS)</td>
<td>Northwood, Inc. (NW)</td>
<td>• DMEPOS Providers Only</td>
<td>• DMEPOS Providers Only</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Call: 866-802-6471 (urgent requests only)</td>
<td>• Call: 866-802-6471 (urgent requests only)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Fax: 877-552-6551</td>
<td>• Fax: 877-552-6551</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Provider Portal: providerportal.northwoodinc.com</td>
<td>• Provider Portal: providerportal.northwoodinc.com</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Visit: northwoodinc.com</td>
<td>• Visit: northwoodinc.com</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Email: <a href="mailto:provideraffairs@northwoodinc.com">provideraffairs@northwoodinc.com</a></td>
<td>• Email: <a href="mailto:provideraffairs@northwoodinc.com">provideraffairs@northwoodinc.com</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Write: P.O. Box 510 Warren, MI, 48090</td>
<td>• Write: P.O. Box 510 Warren, MI, 48090</td>
</tr>
<tr>
<td>Advanced Elective Radiology</td>
<td>eviCore Healthcare</td>
<td>• Call 888-693-3211</td>
<td>• Call 888-693-3211</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Visit: <a href="https://www.evicore.com">https://www.evicore.com</a></td>
<td>• Visit: <a href="https://www.evicore.com">https://www.evicore.com</a></td>
</tr>
<tr>
<td>Vision Benefits</td>
<td>Vision Services Plan (VSP)</td>
<td>• Call: 800-615-1883</td>
<td>• Call: 855-492-9028.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Call: TTY/TDD line at 800-428-4833</td>
<td>• Call: TTY/TDD line at 800-428-4833.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Visit: <a href="https://vsp.com">vsp.com</a></td>
<td>• Visit: <a href="https://vsp.com">vsp.com</a>.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Mail to: Vision Service Plan</td>
<td>• Mail to: Vision Service Plan</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Attention: Claim Services</td>
<td>Attention: Claim Services</td>
</tr>
<tr>
<td>Type of Service</td>
<td>Partner</td>
<td>Contact Information – WellSense Medicaid plan</td>
<td>Contact Information – WellSense Medicare Advantage HMO</td>
</tr>
<tr>
<td>-----------------------------------------------------</td>
<td>--------------------------------</td>
<td>----------------------------------------------------------------------------------------------------------------</td>
<td>-------------------------------------------------------</td>
</tr>
</tbody>
</table>
| Non-Emergent Medical Transportation Services        | WellSense Transportation Line | - Mail to: Vision Service Plan Out of Network Claims  
Attention: Claim Services  
PO Box 495918  
Cincinnati, OH 45249-5918 | PO Box 385018  
Birmingham, AL 35238-5018 |
| Meals at Home Program                               | Mom’s Meals                    | - Call: **844-909-RIDE**  
(844-909-7433)  
- Call: 844-458-6226 | - Call: WellSense at 855-833-8128 |
| Preventive Dental and Comprehensive Dental Services | North East Delta Dental (NEDD) | - N/A  
- Call: 833-884-1360 | - Call: 833-884-1360 |
Section 8: Utilization Management and Prior Authorization

8.1 General information

The Utilization Management (UM) program evaluates requests for covered services, where required. The program determines medical necessity through the use of nationally recognized criteria such as Medicare national coverage determinations and local coverage determinations, InterQual®, and WellSense’s internal medical policies available at wellsense.org. These internal policies are:

- Developed in accordance with the standards created and adopted by nationally accredited organizations;
- Developed with input from Plan practicing physicians, external specialty consultants, and advisory boards, as needed;
- Developed in accordance with applicable contractual obligations and regulatory requirements;
- Evidence-based and scientifically derived if practicable;
- Used as a guideline for making medical necessity decisions but are not a substitute for professional clinical judgment;
- Reviewed on an annual basis with input from appropriate actively practicing physicians and other specialists and updated as new treatments, applications, and technologies are adopted as generally accepted professional medical practice; and
- Approved for implementation by the Utilization Management Committee

Providers can access WellSense’s medical policy criteria used to render decisions by visiting the Policies page of our website at wellsense.org, or calling WellSense at 877-957-1300, option 3, Provider Services. For WellSense Medicare Advantage HMO you can call 855-833-8128. WellSense’s Utilization Management staff is available 8:30 a.m. to 5 p.m., Monday–Friday (except holidays). WellSense provides medical necessity criteria for medical necessity determinations for covered benefits, including mental health or SUD benefits, to any member, potential member, or participating provider upon request at no cost.

Secure provider portal

For information on accessing member information and online provider functions, please view WellSense’s secure Provider Portal at wellsense.org.

Clinical review decisions

WellSense requires that qualified licensed health care professionals render or supervise all clinical review decisions. Under certain circumstances, non-clinical staff may authorize requests for coverage based on explicit instructions and coverage guidelines. All utilization review decisions involving a denial of coverage are made by qualified, licensed physicians, or other licensed clinicians with the appropriate clinical expertise, as allowed by law. For example, pharmacy denial decisions are rendered by WellSense’s licensed pharmacists.

WellSense conducts annual testing for all licensed clinical decision makers to ensure that criteria are applied in a consistent manner.
WellSense’s Physician Reviewers are available to providers by phone to discuss coverage denial determinations that were based on medical necessity.

WellSense does not reward practitioners, providers, or employees who perform utilization reviews, including delegated entities, for not authorizing health care services. No one is compensated or provided incentives to encourage denials or limit authorizations that would result in the underutilization of a service or to discontinue medically necessary covered services. Denials are based on lack of medical necessity, because a service is not a covered service, or because of the lack of existence of coverage.

### 8.2 Utilization Management vendors

WellSense contracts with the following vendors to perform authorization and utilization management for certain services:

<table>
<thead>
<tr>
<th>Vendor</th>
<th>Service</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carelon Behavioral Health</td>
<td>Behavioral health services</td>
<td>Call: 855-834-5655 or the TTY/TDD line at 711 Visit: carelonbehavioralhealth.com</td>
</tr>
<tr>
<td>Northwood, Inc.</td>
<td>Durable medical equipment and prosthetics/orthotics (DMEPOS)</td>
<td>DMEPOS Providers Only</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Call: 866-802-6471 (urgent requests only)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Fax: 877-552-6551</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Provider Portal: providerportal.northwoodinc.com</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Visit: northwoodinc.com</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Email: <a href="mailto:provideraffairs@northwoodinc.com">provideraffairs@northwoodinc.com</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Write: P.O. Box 510</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Warren, MI, 48090</td>
</tr>
<tr>
<td>eviCore healthcare</td>
<td>Non-emergent outpatient radiology services, such as MRIs/MRAs, CT/CTA, PET scans, and nuclear cardiology studies</td>
<td>Call: Radiology/Cardiology: 888-693-3211 prompt #4, 844-725-4448 prompt #1</td>
</tr>
<tr>
<td></td>
<td>Genetic Testing (lab management)</td>
<td>Genetic Testing (Lab Management): 844-725-4448 prompt #2</td>
</tr>
<tr>
<td></td>
<td>Interventional pain (spinal)</td>
<td>Fax:</td>
</tr>
</tbody>
</table>
injections, spinal implants), joint surgery (large joint replacement, arthroscopy), and spine surgery (spinal implants, cervical/thoracic/lumbar),

**Radiology/Cardiology:** 888-693-3210  
**Genetic Testing (Lab Management):** 844-545-9213  
**MSK-Spine, Joint, Pain:** 855-774-1319  
Visit evicore.com/pages/providerlogin.aspx to complete and process a web-based submission form

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Express Scripts</strong></td>
<td>Outpatient pharmacy services</td>
</tr>
</tbody>
</table>
|                                | Call: WellSense at 877-957-1300  
|                                | Visit: WellSense’s [Pharmacy Section](http://example.com)  
|                                | Submit PA: 877-417-1839                                                            |
| **Cornerstone Health Solutions** | Specialty pharmacy services                                                          |
| (Primary)                      | Call: 1-844-319-7588                                                                |
|                                | Fax: 781-805-8221                                                                  |
|                                | Write: 40 Teed Dr.  
|                                | Randolph, MA 02368                                                                 |
| **Accredo**                    | Specialty pharmacy services                                                          |
| (Secondary)                    | Call: 844-516-3319                                                                  |
|                                | Fax: 800-391-9707                                                                  |
| **Cornerstone Health Solutions** | Mail-order pharmacy services                                                       |
|                                | Call: 1-844-319-7588                                                                |
|                                | Fax: 781-805-8245                                                                  |
|                                | Mail: 41 Teed Dr.  
|                                | Randolph, MA 02368                                                                 |
| **North East Delta Dental (NEDD)** | Preventive/comprehensive Dental Services                                            |
|                                | Call: 833-884-1360 (WellSense Medicare Advantage HMO only)                          |
| **Mom’s Meals**                | Meals at Home program                                                               |
|                                | Call: 855-833-8128 (WellSense Medicare Advantage HMO only)                          |

### 8.3 Inpatient Utilization Management

The Inpatient Utilization Management team monitors and improves utilization efficiency and reduces costs, while managing health needs, clinical outcomes, and member satisfaction. The team receives notification once members have been admitted to inpatient level of care in the hospital.

Through acute care coordination, WellSense:

- Makes medical necessity determinations using Medicare coverage determinations (National Coverage Determinations and Local Coverage Determinations), where applicable, nationally recognized criteria such as InterQual® clinical criteria, or WellSense’s internal medical policy criteria. Emergent acute inpatient admissions and continued stay for emergent or elective admissions, as well as preadmission and continued stay in the acute rehabilitation level of care
are reviewed for medical appropriateness. For skilled nursing facility care for WellSense Medicaid members, please follow DHHS’s current process, available at dhhs.nh.gov. For WellSense Medicare Advantage HMO members, skilled nursing facility care will be reviewed for appropriateness and approved by Plan Utilization Management staff.

- Coordinates inpatient clinical services in the setting that is best for the member’s needs.
- Evaluates care to ensure that providers use resources appropriately and offer high quality of care.
- Develops and implements alternative and innovative services that enhance high-quality, cost-effective care.
- Collaborates with state agencies to manage affected members, as appropriate.

**Acute inpatient hospital review**

WellSense’s Inpatient Utilization Management (IUM) clinicians perform medical utilization management functions under the direction of a Plan medical director and licensed clinical manager. WellSense staff work to ensure that the level of care during an inpatient stay is appropriate. They also work with hospital case managers, discharge planners, and attending physicians to facilitate timely and appropriate transitions between levels of care, through the following:

- Performing admission reviews
- Notifying PCPs of a member admission
- Performing concurrent reviews
- Reviewing the appropriateness of discharge plans
- Providing Plan benefit information to help facilitate post-hospital services
- Coordinating care linkages between providers and members by identifying hospital-based service users and ensuring PCP follow up
- Identifying members who may benefit from post-hospital care management services and making referrals, as appropriate, to WellSense’s care management staff

**Acute rehabilitation review**

For both WellSense Medicaid and WellSense Medicare Advantage HMO, clinicians evaluate the medical necessity of admissions and continued stay in acute rehabilitation facilities using nationally recognized criteria such as InterQual® clinical criteria. The clinician identifies the purpose, goals, and expected duration of the stay. For inpatient medical rehabilitation programs, the member must be able to actively participate in the treatment program. Staff are responsible for:

- Evaluating the proposed transfer from the acute care setting to the acute rehabilitation setting and validating that the level of care is appropriate for the member’s needs and condition(s)
- Notifying the facility of the member’s available benefits
- Requesting that the member be screened for admission to the appropriate institution
- Coordinating the prior authorization process between WellSense and the long-term care facility

**Other Post-Acute Facility review**

For WellSense Medicare Advantage only, clinicians evaluate the medical necessity of admissions and continued stay in skilled nursing facilities and long-term acute care hospitals using nationally recognized criteria such as InterQual® clinical criteria. The clinician identifies the purpose, goals, and
expected duration of the stay. For inpatient medical sub-acute rehabilitation programs, the member must be able to actively participate in the treatment program. Staff are responsible for:

- Evaluating the proposed transfer from the acute care setting to the post-acute setting and validating that the level of care is appropriate for the member’s needs and condition(s)
- Notifying the facility of the member’s available benefits
- Requesting that the member be screened for admission to the appropriate institution
- Coordinating the prior authorization process between WellSense and the long-term care facility

For skilled nursing facility admissions for WellSense Medicaid members, please follow DHHS’s current process, available at [dhhs.nh.gov](http://dhhs.nh.gov).

### 8.4 Transitional Care Management

WellSense understands that proactive and timely discharge planning is a critical element of transitions of care—from EDs and inpatient facilities back to the community or to another facility. We proactively begin discharge planning prior to, or at the time of, admission. Our clinicians provide member- and provider-oriented interventions for members moving from one clinical setting to another with a goal to prevent unplanned or unnecessary readmissions, ED visits, or adverse health outcomes. The program aims to help the member remain in the least restrictive, most cost-effective setting possible, avoiding unnecessary use of the ED and/or inpatient settings. Interventions of the transitional care management team include, but are not limited to:

- Completing a comprehensive assessment with the member and updating his/her care plan when the member has been hospitalized
- Coordinating with inpatient discharge planners for members referred for sub-acute treatment in a nursing facility and facilitating clinical hand-offs
- Communicating with the member’s PCP about discharge plans and any changes to the care plan
- Coordinating inpatient and community services related to the hospitalization, involving the outpatient provider
- Conducting a post-hospitalization discharge assessment to include medication reconciliation and supporting members to keep outpatient appointments following discharge from one clinical setting to another
- Ensuring there is a discharge plan for psychiatric hospital and residential treatment facility discharges that includes:
  - Provider and medication follow up and that appropriate placement or housing site is secured
  - Completing an assessment for any social services needs to include housing and other necessary supports young adults need to assist in their stability in their community
  - Ensuring continuity of care regarding medication
  - Evaluating for continued mental health and SUD services
  - Coordinating with providers and members who have had an ED visit or hospitalized for an overdose or Substance Use Disorder. This includes outreaching to hospitals to share information as well as actively participating and assisting hospital staff in development of the discharge plan to ensure that members are not released to the community without referrals for evaluation and
treatment. This also includes ensuring that the final discharge instruction sheet is provided to the Member and the Member’s authorized representative prior to discharge, or the next business day, for at least 98% of Members discharged; and, the hospital discharge progress note is provided to any treatment provider within seven (7) calendar days of Member discharge for at least 98% of Members discharged.

8.5 WellSense’s Prior Authorization department

To ensure members receive medically necessary care at the appropriate level and in the appropriate setting, the Prior Authorization department reviews coverage requests for certain services and products. Through the review process, staff:

- Verify member eligibility, benefits, and servicing provider’s participation in our network.
- Document service requests and supporting information.
- Evaluate the medical necessity of the requested services using nationally recognized criteria such as InterQual® clinical criteria, WellSense’s internal medical policy criteria, or guidance from the Centers for Medicare & Medicaid Services (CMS) for the Plan’s WellSense Medicare Advantage HMO members, including but not limited to national coverage determinations, local coverage determinations, local coverage articles, and documentation included in Medicare manuals.
- Provide alternative coverage options when clinically appropriate.
- Communicate coverage determinations to members and providers.
- Identify cases that could benefit from a WellSense’s care management staff evaluation for care coordination.

8.6 Plan Authorization requirements

Below is an outline of Plan requirements for authorization. You can view the list of covered services and specific benefit exclusions or limitations located on the member page of wellsense.org.

To request prior authorization:

Submit requests for prior authorization online through our secure Provider Portal, which is the most efficient way to submit a prior authorization request. There are also medical prior authorization forms available on the “Forms and Documents” page of our website at wellsense.org that can be submitted. For WellSense Medicare Advantage HMO only, providers may also submit a verbal request via WellSense’s Provider Line or on the website at wellsense.org/medicare. Even if prior authorization has been obtained, providers must check member eligibility on the date of service prior to delivering services. See Section 2: Member Eligibility on page 9 for guidelines and step-by-step instructions on how to determine member eligibility in WellSense. A provider may contact Member Services by calling 877-957-1300, option 1, or the TTY/TTDD 711 at any time to determine member benefits and eligibility, PCP assignment, and provider participation. For WellSense Medicare Advantage HMO, providers should call WellSense at 855-833-8128.
When WellSense receives a prior authorization request, providers are given a reference number online, by return fax, or telephone, in accordance with the timeframes listed. The reference number, which does not guarantee approval or payment, is assigned for tracking purposes and to confirm for you that we have received your request. Payment is contingent upon the member’s eligibility on the date(s) of service and on whether the service is a covered service and is medically necessary.

A provider’s submission of cost and pricing information on a prior authorization request does not guarantee payment at the submitted rate. See Section 9: Billing and Reimbursement on page 78 for provider reimbursement guidelines.

8.7 Authorization requests: requirements and timeframes

A prior (pre-service) authorization request

A prior authorization request is a request for services or items that require Plan determination in advance of the service being rendered or the item being furnished. See the WellSense Prior Authorization Matrix for specific requirements by service type and the WellSense Code Look-Up Tools for prior authorization requirements by billing code; both the matrix and the look-up tools are available at wellsense.org.

A retrospective (post-service) authorization request

A retrospective authorization request is a request for authorization of emergent or urgent admissions, admissions that follow observation stays, and prenatal services that are subject to clinical review and require Plan authorization within a specified timeframe following the date of service. A retrospective authorization request may also be used when a provider is able to demonstrate inability to obtain prior authorization within the required timeframes due to a specific set of circumstances.

These circumstances are limited to when:

- WellSense adds the member retroactively, either during the course of continuing treatment or after the service was rendered. In this case, the provider must submit a request for retrospective authorization within 30 days of the member’s date of eligibility with WellSense; or
- The provider was not able to verify the member’s eligibility because of circumstances that were beyond the provider’s control (e.g., member was unable to communicate); or
- The provider can submit documented evidence that he or she received incorrect insurance information from the member.

Please see instructions for filing a provider Administrative Appeal and on how to request reconsideration of an adverse determination/action in Section 10: Member Appeals, Inquiries, and Grievances on page 113.

Note: WellSense authorizes ancillary services and therapies, such as diagnostic tests, laboratory services, radiology services, occupational therapy, physical therapy, and speech therapy during
inpatient admissions, if the admission is authorized. However, non-covered services, such as infertility services, provided in conjunction with an inpatient admission, are not automatically authorized even if the admission is authorized. If providers have any doubt whether an inpatient admission has been authorized, or that a service is authorized in conjunction with an inpatient admission, please contact WellSense Provider Line at 1-877-957-1300. For WellSense Medicare Advantage HMO: 866-808-3833.

### Requirements by service types

**Note:** This list does not contain all requirements. Please visit wellsense.org for a complete list of requirements by service type. Please visit WellSense.org/Medicare for WellSense Medicare Advantage HMO.

<table>
<thead>
<tr>
<th>Type of Service</th>
<th>Services that Require Authorization</th>
<th>Request Instructions</th>
<th>Timeframe Requirements and Responsible Party</th>
</tr>
</thead>
</table>
| Select outpatient medical/surgical services and items | For a complete list, view the Prior Authorization matrix on our website at [wellsense.org](http://wellsense.org). **Examples:**
  * Home health care, including prenatal visits and certain post-partum visits
  * Outpatient rehabilitation therapies
  * Select ambulatory surgeries | Complete an online request visit [wellsense.org](http://wellsense.org). Or fax to Prior Authorization department:
  * For *initial outpatient service* fax to: 603-218-6634.
  * For WellSense Medicare Advantage fax to: 866-336-2445.
  * For *additional clinical information* for pended requests, fax to: 603-218-6667. | A minimum of 7 calendar days before the requested date of service. PCP or servicing provider. |

To inquire if a specific service or product requires prior authorization: call the provider line at 877-957-1300, option 3. For
<table>
<thead>
<tr>
<th>Type of Service</th>
<th>Services that Require Authorization</th>
<th>Request Instructions</th>
<th>Timeframe Requirements and Responsible Party</th>
</tr>
</thead>
</table>
| Elective inpatient admissions               | Elective inpatient                  | Complete an online request at wellsense.org. Or fax to Prior Authorization department:  
  • For elective inpatient service fax to: 603-218-6634. For WellSense Medicare Advantage HMO fax to: 866-336-2445.  
  • For additional clinical information for pended requests, fax to: 603-218-6667.                                                                                                                                                                                                 | A minimum of 7 calendar days before the requested date of service. Servicing facility. |
| Acute rehabilitation facility or chronic disease hospital | Acute rehabilitation or chronic disease hospitals | Complete an online request at wellsense.org. Or fax completed prior authorization requests to Inpatient Utilization Management department:  
  • For initial requests, fax to: 866–813–8607. For WellSense Medicare Advantage HMO fax to: 866–813–8607.                                                                                                                                                                                                                     | Acute rehabilitation facility/chronic disease hospital admission requests must be submitted prior to admission. |
<table>
<thead>
<tr>
<th>Type of Service</th>
<th>Services that Require Authorization</th>
<th>Request Instructions</th>
<th>Timeframe Requirements and Responsible Party</th>
</tr>
</thead>
<tbody>
<tr>
<td>Other post-acute facility (WellSense Medicare Advantage HMO only)</td>
<td>Post-acute facilities (e.g. skilled nursing facility, long term acute care hospital)</td>
<td>• For additional \textit{clinical information} for a pended or continued stay, fax to: 866-837-5725. \begin{itemize} \item Complete an online request at \url{wellsense.org}. \item Or fax completed prior authorization requests to Inpatient Utilization Management department: \begin{itemize} \item For \textit{initial requests}, fax to: 866-813-8607. \item For \textit{additional clinical information} for a pended or continued stay, fax to: 866-837-5725. \end{itemize} \end{itemize}</td>
<td>Post-acute facility admission requests must be submitted prior to admission.</td>
</tr>
<tr>
<td>Emergent or urgent inpatient admissions</td>
<td>Emergent or urgent inpatient admissions for initial and ongoing care</td>
<td>Complete an online request at \url{wellsense.org} \begin{itemize} \item For \textit{initial requests}, fax to: 866-813-8607. \item For WellSense Medicare Advantage HMO fax to: 866-813-8607. \end{itemize} Or fax notification of admission to Inpatient Utilization Management department: Within 1 business day following the admission date. Servicing facility.</td>
<td></td>
</tr>
<tr>
<td>Type of Service</td>
<td>Services that Require Authorization</td>
<td>Request Instructions</td>
<td>Timeframe Requirements and Responsible Party</td>
</tr>
<tr>
<td>----------------------------------</td>
<td>---------------------------------------------------------------------------</td>
<td>---------------------------------------------------------------------------------------------------------------</td>
<td>-----------------------------------------------</td>
</tr>
<tr>
<td>Maternity-related admission</td>
<td>Routine delivery or scheduled or emergency C sections</td>
<td>• For additional clinical information for a pended or continued stay, fax to: 866-837-5725.</td>
<td>Servicing facility.</td>
</tr>
<tr>
<td>Newborn-related admission/care</td>
<td>Newborn admission or later transfer to NICU or Level 2 nursery</td>
<td>Complete an online request at wellsense.org</td>
<td>NICU/level 2 nursery: 1 business day following admission.</td>
</tr>
<tr>
<td></td>
<td>Newborn hospitalization following mother’s discharge</td>
<td>Or fax completed prior authorization requests to Inpatient Utilization Management department:</td>
<td>Continuing care: prior to the mother’s discharge.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• For initial requests, fax to: 866-813-8607.</td>
<td>Servicing facility.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• For additional clinical information for a pended or continued stay, fax to: 866-837-5725.</td>
<td></td>
</tr>
<tr>
<td>Type of Service</td>
<td>Services that Require Authorization</td>
<td>Request Instructions</td>
<td>Timeframe Requirements and Responsible Party</td>
</tr>
<tr>
<td>----------------</td>
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<td>---------------------------------------------</td>
</tr>
<tr>
<td>Non-elective observation services</td>
<td>WellSense covers medically necessary observation services <strong>Note:</strong> Medical necessity, not the number of hours the member is in observation, determines if a member’s care is appropriate for observation status.</td>
<td>• For additional clinical information for a pended or continued stay, fax to: 866-837-5725.</td>
<td>If observation care results in an inpatient admission, notification is required to be submitted within 1 business day of the inpatient admission date.</td>
</tr>
<tr>
<td>Non-covered services</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Requests for coverage of otherwise non-covered services</td>
<td>Complete an online request visit <a href="https://www.wellsense.org">wellsense.org</a>. Fax to Prior Authorization department: • For initial outpatient service fax to: 603-218-6634. For WellSense Medicare Advantage fax to: 866-336-2445. • For additional clinical information for pended requests, fax to: 603-218-6667. To inquire if a specific service or product</td>
<td>Requests are required to be submitted at least 7 calendar days before the requested date of service. PCP or servicing provider.</td>
</tr>
<tr>
<td>Type of Service</td>
<td>Services that Require Authorization</td>
<td>Request Instructions</td>
<td>Timeframe Requirements and Responsible Party</td>
</tr>
<tr>
<td>----------------</td>
<td>-----------------------------------</td>
<td>--------------------------------------------------------------------------------------</td>
<td>-----------------------------------------------</td>
</tr>
</tbody>
</table>
| Behavioral Health | Refer to Carelon Behavioral Health | Behavioral Health Services                                                         | Call: 855-834-5655 or the TTY/TDD line at 711  
Visit: carelonbehavioralhealth.com |

**Authorizations for out-of-network care**

Contracted providers listed in the Plan’s New Hampshire Provider Directory (for Medicaid) and Provider and Pharmacy Directory (for WellSense Medicare Advantage HMO) are considered part of the applicable WellSense New Hampshire network that may include some surrounding state border hospitals and affiliated physicians. Any facility or provider not listed in the applicable Provider Directory is considered out-of-network for that product. A Prior Authorization from WellSense is necessary for the member to get care from an out-of-network provider.

Members are only covered for out-of-network services if it is medically necessary due to one of the exceptions below:

- Emergency services.
- Urgent care side of the Plan’s service area.
- If WellSense (or Carelon Behavioral Health) gives an authorization in advance for the member to get care from an out-of-network provider.
- Second opinions, as long as the provider receives a prior authorization from us.
- For Medicaid members seeking family planning services, a member may choose any NH Medicaid participating doctor, clinic, community health center, hospital, pharmacy, or family planning office.
- If the member needs care that is a covered service and is medically necessary and our network providers cannot provide this care, members may be able to get this care from an out-of-network provider. We must approve this in advance through our prior authorization process.
- The member has been authorized to see an out-of-network provider under our Continuity of Care policy described in Section 5.3 (Continuity of Care).
Members are covered for out-of-network services only if services are medically necessary due to one of the exceptions below:

- All emergency care or urgently needed services outside of the Plan’s service area.
- If we do not have providers in our network that can provide the care a member needs and timely. The plan must approve out-of-network service(s) before the member can have them (except for the exceptions noted above).
- Kidney dialysis if a member is temporarily outside the plan’s service area.

WellSense considers several important factors when evaluating a prior authorization request for care at an out-of-network provider. These factors include: the member’s specific medical needs; the medical necessity of the requested covered service or provider; the cost-effectiveness of the out-of-network options; quality; and access. If the member chooses to go to an out-of-network provider without prior authorization from WellSense, we will not cover the cost of the care—and the member will be responsible for the cost.

**Second opinions**

Second opinions are not mandated for any service or procedure, even though all Plan members are entitled to a second opinion before commencing any recommended treatment plan or submitting to any diagnostic or surgical procedure. Upon request of the member, WellSense will provide coverage for a consult with the second opinion physician. The member makes the final decision about the course of treatment. WellSense provides coverage for a second opinion from a qualified healthcare professional within WellSense’s provider network, or arranges for the member to obtain a second opinion outside the provider network at no cost to the member if one is not available within the network. Prior authorization is required for a member to obtain an out-of-network second opinion.

**8.8 Service denial for failure to obtain a prior authorization**

In the event that a service is not authorized by WellSense due to a provider’s failure to seek authorization, all claims will deny, including those associated with the service rendered on the same date by any provider supporting the services provided. For example, if an outpatient surgery has been scheduled and performed, which includes facility services, surgical service, and anesthesia services, claims for all of these services will be denied in the absence of an authorization for the surgical services rendered.

**8.9 Member access to care without prior authorization**

**Services that do not require prior authorization**

- Emergency and urgent services
- WellSense covers emergency care for all members. Determination of medical necessity for emergency services is based on the circumstances of the individual case and not on lists of diagnoses or symptoms. See [Section 4: Provider Responsibilities](#) on page 26 for a description of
a hospital’s responsibilities related to emergency care, Plan notification, and PCP communication guidelines.

- **An emergency medical condition** is defined as a medical condition manifesting itself by symptoms of acute severity, including severe pain, whether physical or mental, in the absence of prompt medical attention, could reasonably be expected by a prudent layperson who possesses an average knowledge of health and medicine, could reasonably expect the absence of immediate medical attention to result in: (a) placing the health of the individual (or, with respect to a pregnant woman, the health of the woman or her unborn child) in serious jeopardy; (b) serious impairments to bodily functions; or (c) serious dysfunction of any bodily organ or part.

- **Urgent care** is medically necessary care that is required to prevent serious deterioration of a member’s health when they have an unforeseen illness or injury. It does not include emergency or routine care.

- Out-of-area emergent (including post-stabilization) and urgent care provided outside of the Plan’s service area. Members may have medical emergencies or require urgent care when they travel outside WellSense’s service area.

- Members may have medical emergencies or require urgent care when they travel outside WellSense’s service area.

  - **Emergency services**, including medications or procedures deemed necessary during the course of the emergency treatment, including post stabilization services: These are covered when the definition of emergency medical condition is met and the member cannot safely wait to obtain services from an in-network provider.

  - **Urgent care services** are covered when the definition of urgent care is met and the member cannot safely wait to obtain services from an in-network provider.

**Services that do require prior authorization**

- Out-of-area non-emergent or non-urgent services, medications, or items.

**Other special circumstances never requiring prior authorization**

Plan members can receive any of the following services without prior authorization when the treating provider is a Plan provider:

- Maternity care
- Routine annual gynecologic exam, including any followup obstetric or gynecological services determined to be medically necessary as a result of such exam
- Medically necessary evaluations and related healthcare services for acute or emergency gynecological conditions
- Mammograms

**8.10 Plan’s Utilization Management timeframe requirements**

WellSense’s Timeliness of Utilization Review Decisions and Notification policy includes decision and notification timeframes that:
• Meet applicable regulatory requirements and accreditation standards;
• Are established for standard, expedited, and retrospective requests for initial authorizations, extensions, limited authorizations, and denials of service requests;
• Apply to all utilization management requests received and processed by WellSense or its designee;
• Provide the necessary guidance for consistent triaging and processing of requests within departments; and
• Are intended to provide notice as expeditiously as the member’s health condition requires.

Timeliness of utilization review decisions and notifications

WellSense makes and communicates utilization management prior authorization decisions to providers and members, when applicable, within the timeframes below.

<table>
<thead>
<tr>
<th>Review Type</th>
<th>Total Turnaround Time</th>
<th>Notification Type</th>
</tr>
</thead>
</table>
| Pre-Service/Concurrent Request (Non-Urgent) | As expeditiously as the member’s health condition requires, but within 14 calendar days from receipt of request (ROR) | Approval:  
  Medicaid & Medicare Verbal: Not required  
  Medicaid written: Notification to the provider within 14 calendar days from ROR  
  Medicare written: Notification to the member and provider within 14 calendar days from ROR  
 Denial (or partial denial):  
  Medicaid & Medicare written: Notification to the member and provider within 14 calendar days from ROR |
| Pre-Service Request (Urgent/Expedited) | As expeditiously as the Member’s health requires but within 72 hours from ROR | Approval:  
  Medicaid & Medicare verbal: Not required.  
  Medicaid written: Notification to the provider within 72 hours from ROR  
  Medicare written: Notification to the member and provider within 72 hours from ROR  
 Denial:  
  Medicaid & Medicare verbal: Notification to the provider within 72 hours from ROR.  
  Medicaid & Medicare written: Notification to member and provider within 72 hours from ROR. |
| Continued/Extended Services      | Medicaid: within 24 hours of ROR | Approval:  
  Medicaid and Medicare verbal: Not required |
<table>
<thead>
<tr>
<th>Review Type</th>
<th>Total Turnaround Time</th>
<th>Notification Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>(i.e., Urgent/Concurrent)</td>
<td>Medicare: <strong>within 72 hours</strong> of ROR</td>
<td>Medicare written: Notification to provider within 24 hours of ROR</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Medicaid written: Notification to provider within 72 hours of ROR</td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>Denial:</strong></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Medicaid and Medicare verbal: Not required</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Medicaid written: Notification to provider within 24 hours of ROR</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Medicare written: Notification to provider within 72 hours of ROR</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Carelon Behavioral Health</th>
<th>Behavioral health services</th>
<th>Call: 855-834-5655 (TTY: 711)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Visit: <a href="http://carelonbehavioralhealth.com">carelonbehavioralhealth.com</a></td>
</tr>
</tbody>
</table>

PCPs are notified of a Medicaid member’s hospital admission.

Receipt of Request (ROR) is considered the:

- Date and time a fax is received,
- Date and time call received,
- Received date stamp on a letter of medical necessity, or
- Submission date stamp on an online request.

For concurrent inpatients, the “request date” is considered the date that the requested services failed to meet the criteria.

### 8.11 Services that require plan notification

WellSense must be informed, as described below, about certain services a member has already received or of specific changes in a member’s health status. This notification assists care managers in identifying those members who might benefit from care management involvement. Notification also allows WellSense to monitor utilization and to initiate actions to improve service.

**Maternity program notification requirements**

WellSense’s maternity program focuses on identifying high-risk pregnancies early and implementing appropriate interventions.

<table>
<thead>
<tr>
<th>Type of Service</th>
<th>Notification Instructions</th>
<th>Notification Timeline</th>
<th>Party Responsible for Notification</th>
</tr>
</thead>
<tbody>
<tr>
<td>Newborn Birth</td>
<td>Fax all newborn statistical information to the Enrollment</td>
<td>1 business day after delivery</td>
<td>Servicing facility</td>
</tr>
</tbody>
</table>
Department at 866-335-9317.

**Note:** See Newborn Eligibility in Section 2: Member Eligibility on page 9 for additional information related to notification of birth.

| Confirmed Pregnancy | Online, telephone or fax notification of confirmed pregnancy to the Prior Authorization department: Complete an online request visit [wellsense.org](http://wellsense.org) Fax: 603-218-6634 Call: 877-957-1300 and select the “prior authorization” option | 3 business days for each confirmed pregnancy | Obstetric provider |

### Maternity-related special circumstances

#### Third trimester pediatrician visits

We support the American Academy of Pediatrics “Prenatal Visit to the Pediatrician” initiative and reimburse pediatric clinicians who provide this service. This service does not require Plan authorization.

#### Out-of-network exceptions for pregnant members

A Plan member who is pregnant must receive care from a Plan provider. However, WellSense will consider exceptions to this policy if one of the following applies:

- The woman is in her second or third trimester of pregnancy when she becomes a Plan member and she has an established relationship with a non-Plan obstetrical provider;
- Her Plan-participating provider becomes non-participating while the WellSense member is in her second or third trimester;
- The member speaks a language not spoken by any network obstetrician; or
- The member lives more than 30 miles away from any network obstetrician.

WellSense must authorize all out-of-plan maternity care, including delivery at the facility where the non-network obstetrician is affiliated.

#### Postpartum home care visits

Prior authorization is not required for an initial postpartum home care visit when mother and baby are discharged at the same time. This visit includes services for both the mother and newborn(s). Additional home care services for either the mother or the newborn(s) rendered beyond the initial postpartum followup home visit require prior authorization.

If the newborn is discharged after the mother, all newborn home care visits require prior authorization.
If during the postpartum visit, it is determined that a newborn or mother requires urgent or emergent services, additional services are provided through our Care Management program. See Section 11: Care Management Services on page 128 for detailed information about the program.

8.12  **New technology, experimental diagnostics, and experimental treatment**

WellSense’s Utilization Management Committee (UMC) regularly reviews information from clinically appropriate sources, including peer-reviewed medical literature, professional societies, and regulatory agencies.

The UMC also obtains expert opinions from specialist providers to determine whether new or emerging technologies or new uses for existing technologies, such as devices or pharmaceuticals, are experimental or investigational, or whether they constitute an accepted standard of practice. The results of these reviews determine whether the technologies reviewed should constitute a covered service or item. WellSense does not cover experimental or investigational services except when required by law.

For our WellSense Medicare Advantage HMO members, WellSense must maintain policies and procedures to evaluate the use of new medical technologies or new applications of established technologies including medical procedures, drugs, and devices specifically appropriate and effective for the geriatric population. The criteria and evaluation methods used in this process must be based on scientific evidence.

The UMC uses all of the following five criteria to evaluate gathered information and to reach a decision on coverage:

- The service, treatment, or item must have final approval from the appropriate governmental regulatory bodies (e.g., the U.S. Food and Drug Administration), or any other federal governmental body with authority to regulate the technology. This applies to drugs, biological products, devices, and other products that must have final approval to market the technology.
- The scientific evidence, from reputable sources including objective peer-reviewed literature and evaluations by national medical associations, must permit conclusions concerning the safety and effectiveness of the service or treatment on health outcomes.
- The service or treatment must improve the net health outcome and should outweigh any harmful effect.
- The service or treatment must be as beneficial as any established alternative for the specified indication, including interventions considered the standard of care, and
- The documented, favorable health outcomes must be attainable outside the investigational settings.

The fact that a treatment is offered as a last resort does not mean that it is not an experimental or investigational treatment.
8.13 Clinical right of provider to discuss an action

WellSense Medicare Advantage HMO providers are required to submit any new clinical information to the Member Appeals and Grievances Department to initiate an appeal.

WellSense Medicaid providers may request to speak with a Plan Physician Reviewer when a service has been denied or limited. Any additional clinical information that was not previously provided or used in WellSense’s decision may be faxed to the appropriate department with a specific request that a provider speak with a Plan Physician Reviewer. The Physician Reviewer will need to receive the information prior to the discussion. Call WellSense at 877-957-1300, option 3, Provider Services, and select the appropriate department based on the type of service to be discussed (i.e., Medical Prior Authorization department, Care Management department, or Pharmacy department). An adverse action includes a denial or limited authorization of requested services, or the reduction, suspension, or termination of a previous authorization for a service. See guidelines available at wellsense.org that outline a provider’s clinical right to discuss an action.

WellSense’s Medical/Surgical Prior Authorization staff is responsible for processing preauthorization and concurrent requests. Requests, including pharmacy prior authorization, that do not meet medical necessity review criteria, level-of-care criteria, or medical policy criteria are referred to a Plan physician reviewer or licensed clinical pharmacist for review and determination.
Section 9: Billing and Reimbursement

WellSense is committed to reimbursing providers timely and efficiently for covered services rendered to Plan members. This guide will help ensure prompt payment, which relies on both WellSense and successful provider submissions. All necessary claim form samples are available in the Provider Forms section of our website at wellsense.org. Please remember the importance of verifying member eligibility. See Section 2: Member Eligibility on page 9 for additional information. All payment policies are available at wellsense.org.

9.1 Covered services – WellSense Medicaid and WellSense Medicare Advantage HMO

WellSense is responsible for most, but not all, New Hampshire Medicaid benefits available to the New Hampshire Medicaid population and original Medicare benefits available to the WellSense Medicare Advantage HMO population. For a summary of member benefits, visit wellsense.org/plans which outlines those benefits covered by WellSense and those paid for directly by New Hampshire Medicaid and original Medicare.

Behavioral health services: WellSense contracts with Carelon Behavioral Health to manage WellSense’s behavioral health program. Therefore, all behavioral health related questions should be directed to Carelon Behavioral Health. See Section 12: Behavioral Health Management on page 133 to learn more.

Durable medical equipment: WellSense contracts with Northwood, Inc. to manage and arrange for the supply of all durable medical equipment to members.

Providers must also adhere to the reimbursement and clinical coverage policies available at wellsense.org. Adhering to these requirements is necessary to avoid service denials, which become a provider liability and cannot be billed to a member, including provision of services that have been excluded according to the Benefit Exclusions Policy available at wellsense.org.

When billing for a service covered directly by New Hampshire Medicaid, please obtain the required authorization form from DHHS available at dhhs.nh.gov and bill New Hampshire Medicaid directly for prompt payment.

9.2 Provider reimbursement

Reimbursement rates are based on a provider’s individual contract with WellSense.

Clean claims late payment

If clean claims, described in detail on page 85, are not paid within 30 days following receipt, WellSense will pay interest at the Medicare interest rate published in the Federal Register in January of each year.
The only New Hampshire Medicaid service requiring copayment collection is pharmacy services. See Section 6: Member Information on page 48 for more information.

Providers may not bill or balance-bill New Hampshire Medicaid members for any covered service. Please see guidelines when providers may bill a New Hampshire Medicaid member for a non-covered service. See Section 4: Provider Responsibilities on page 25 for administrative, coverage, and notification requirements for contracted providers and locum tenens physician services.

**Contractual terms**

This Provider Manual is incorporated by reference into your provider agreement with the Plan and includes all policies in this manual, as well all Plan policies which are referenced in this manual.

WellSense reimburses providers for covered services and supplies provided to members according to the contractual terms in individual provider agreements.

General conditions of payment:

Submitting cost and pricing information does not guarantee payment at the submitted rate. Rates are based on:

- Established reimbursement rates in your provider agreement
- Compliance with WellSense’s administrative guidelines, including prior authorization and claim submission guidelines
- Verification of medical necessity
- Verification that the service is a covered service
- Eligibility of the member on date of service
- Adherence to proper Current Procedural Terminology and Healthcare Common Procedure Coding System (CPT/HCPCS) and other national coding guidelines
- Reimbursement Policy terms, which may reduce or deny payment based on standard editing rules (such as National Correct Coding Initiative claim edits)


**Prior authorization and retrospective review prior to claim payment**

Prior authorization is required for certain services, products, and inpatient admissions. Since certain circumstances may prevent prior authorization, in some cases WellSense handles requests as a retrospective authorization request. See Section 8: Utilization Management and Prior Authorization on page 61 for more detailed information.

**Billing WellSense Medicaid or as WellSense Medicare Advantage HMO members for non-reimbursable plan services**

Plan providers may not bill either a WellSense Medicaid or a WellSense Medicare Advantage HMO member for missed appointments, and may not balance-bill a member for the difference between WellSense’s Medicaid or WellSense Medicare Advantage HMO reimbursement rate and provider charges for covered services when the provider is contracted and, in the case of as WellSense Medicare Advantage HMO, accepts Medicare assignment. Providers may only charge New Hampshire
Medicaid recipients copayments related to pharmacy services according to WellSense guidelines. In the case of non-contracted providers, or a provider who does not accept Medicare Assignment, a WellSense Medicare Advantage HMO member may be responsible for all charges and fees. Examples of some scenarios:

<table>
<thead>
<tr>
<th>Situation</th>
<th>Action by Provider</th>
<th>Action by Plan</th>
</tr>
</thead>
<tbody>
<tr>
<td>A member seeks or requires a Medicaid benefit that is managed directly by New Hampshire Medicaid (a “wrap-around” benefit).</td>
<td>Submit the claim directly to New Hampshire Medicaid.</td>
<td>Continue to coordinate member’s care with treating provider.</td>
</tr>
<tr>
<td>A member under age 21 seeks or requires a non-covered service required to treat a medical or behavioral condition found during the course of EPSDT services.</td>
<td>Provider may request special approval of the non-covered service through WellSense’s Prior Authorization department or Care Management department (if the member’s care is being coordinated by a Plan-affiliated care manager) or Carelon Behavioral Health (for behavioral health services).</td>
<td>Reimburse for the service after Plan review and approval.</td>
</tr>
</tbody>
</table>

Providers may bill a member for a service that is not medically necessary and not covered by WellSense or New Hampshire Medicaid only under the following conditions before non-covered services are rendered:

- Provider has informed the member, in writing and in advance, that neither WellSense nor New Hampshire Medicaid covers payment for the service. In addition, the provider must clearly describe the service for the member.
- The member decides to both receive and pay for that service, and the provider informs the member that they are responsible for payment.
- The member acknowledges in writing by signing a waiver stating that he or she is financially responsible for the non-covered service.
- Provider has the member’s signed waiver on file before the service is rendered, which must outline the service to be rendered as well as the cost to the member. The cost to the member must be no more than what WellSense would have paid for the service.

**Qualified Medicare Beneficiaries**

Some WellSense Medicare Advantage HMO members may be Qualified Medicare Beneficiaries (QMBs). CMS prohibits Medicare providers and suppliers, including pharmacies, from billing QMBs for Medicare cost-sharing. WellSense Medicare Advantage HMO Members in the QMB program have no legal obligation to pay Medicare Part A or B deductibles, coinsurance or copays for any Medicare-covered items and services. Instead, QMB covers these members’ Medicare cost-sharing or out-of-pocket costs. If a WellSense Medicare Advantage HMO member is a QMB, member liability indicated
on the provider Remittance Advice (RA) may not be billed to the member, but may be billed to a secondary payer such as Medicaid.

Providers should use the HIPAA Eligibility Transaction System (HETS) to identify QMB status prior to billing. Be sure your billing team removes WellSense Medicare Advantage HMO members who are QMBs from your cost-sharing billing and other collections efforts.

**Member eligibility**

Member eligibility must be checked—before delivering a service—on the date of service, and daily for an inpatient admission. For New Hampshire Medicaid members, eligibility may change.

Two ID cards will be issued to New Hampshire Medicaid members, which they receive upon enrollment. Each member receives a New Hampshire Medicaid ID card and a Plan member ID card.

**National provider identifier (NPI) and tax ID requirements**

Providers must confirm that all NPI and tax ID numbers on all electronic 837 formatted claims are valid and correct.

The Provider’s NPI number must match (have been registered with) an existing tax identification number (TIN) record on file with WellSense. Even if the NPI number is valid, WellSense will have to reject any claim where these numbers do not match. This additional data verification check enhances claims accuracy by eliminating claims payment to an incorrect or invalid provider.

WellSense requires written notification of any TIN changes prior to claim submission, and no later than 30 calendar days prior to the effective date of the change. This will allow WellSense to complete any necessary system changes and safeguard against payment disruption.

The NPI requirements described above are federally mandated. Please submit questions regarding NPI or claims payments in writing to NHproviderinfo@wellsense.org.

**Taxonomy Codes**

For WellSense Medicare Advantage HMO, providers must submit their billing taxonomy code for claims processing. Absence of a taxonomy code may result in an incorrect payment, delay in payment or claim denial. Providers must have a National Plan and Provider Enumeration System (NPPES) primary taxonomy that is a Medicare approved taxonomy.

### 9.3 Billing guidelines by service

Please see WellSense’s reimbursement policies available at [wellsense.org](http://wellsense.org) for detailed information on coding and billing requirements.

<table>
<thead>
<tr>
<th>Service</th>
<th>Billing Guidelines</th>
</tr>
</thead>
<tbody>
<tr>
<td>Behavioral health billing</td>
<td>WellSense contracts with Carelon Behavioral Health to manage WellSense’s behavioral health programs. Direct all questions</td>
</tr>
</tbody>
</table>
Service | Billing Guidelines

| Newborn care billing | The mother and newborn care must be billed separately, using a unique member ID number for each Plan member. WellSense creates a temporary ID number for the newborn so the billing process is not delayed. Treating providers, including hospitals and pediatric practices, must bill medical care for newborns under the child’s unique ID number. If claims are not submitted correctly, payment can be delayed for clinical edit reasons. Please see Section 8: Utilization Management and Prior Authorization on page 65 for Plan notification guidelines for maternity admissions. WellSense will provide the child’s temporary member ID number via fax to the provider who gave the birth notification. The treating provider may bill WellSense for the inpatient stay and all services for a newborn child in one of two ways:
- Bill with WellSense-assigned temporary member ID number for the newborn; or
- Wait for the New Hampshire Medicaid-assigned member ID number and use that number for billing. It may take 6 to 8 weeks for DHHS to issue a newborn’s ID number. See Section 2: Member Eligibility on page 9 for a description of how to check member eligibility for newborns. |

| Primary care billing | WellSense pays for primary care services if the member is assigned to the treating PCP’s panel or assigned to a PCP in the covering group. WellSense must approve and credential physicians with dual specialties in both specialties. A member can change his/her PCP assignment at the time of care. See Section 6: Member Information on page 48 for guidelines on PCP transfers and new assignments. |

Modifiers

WellSense complies with HIPAA billing guidelines, and, therefore, mandates the use of HIPAA-standardized modifiers. Please see WellSense’s reimbursement policies available at wellsense.org for detailed information on coding and billing requirements.

Revenue codes

Revenue codes are four-digit codes used to identify specific accommodation and/or ancillary charges. There are certain codes that require CPT/HCPCS codes to be billed. Please see WellSense’s
reimbursement policies available at [wellsense.org](http://wellsense.org) for detailed information on coding and billing requirements.

### 9.4 Compliance: Deficit Reduction Act and HIPAA requirements

WellSense complies with the requirements of the Deficit Reduction Act of 2005 (DRA) and WellSense’s obligations related to fraud and abuse under the New Hampshire Medicaid programs. Under the DRA, any entity that receives more than $5 million per year in Medicaid payments is required to provide information to its employees and contractors about the Federal False Claims Act, any applicable state False Claims Act, their rights to be protected as whistleblowers, and WellSense’s policies and procedures for detecting and preventing fraud, waste, and abuse.

To ensure compliance with the DRA, WellSense provides all its employees, provider network, contractors, and agents with information about the False Claims Acts and publishes WellSense Fraud and Abuse Policy internally as well as on the Providers page of WellSense’s website.

Plan employees, contractors, and providers are expected to immediately report any potential false, inaccurate, or questionable claims or any other type of suspected fraud and/or abuse to WellSense’s Fraud and Abuse Coordinator, the Compliance Officer or to the Compliance hotline at 888-411-4959 in accordance with WellSense’s Fraud and Abuse policy.

WellSense is prohibited by law from retaliating in any way against anyone who reports, in good faith, a perceived problem, concern, fraud, or abuse issue. Please review and adhere to the complete Plan Fraud and Abuse policy at [wellsense.org](http://wellsense.org).

WellSense has adopted the standards set forth in the Health Insurance Portability and Accountability Act of 1996 (HIPAA) for service and business transactions, including billing codes, modifiers, units of service, and claims submission guidelines. See [wellsense.org](http://wellsense.org) for the most up-to-date reimbursement policies and guidelines.

### 9.5 Remittance advice

A remittance advice summarizes each processed item and lists the payment amount WellSense reimburses, if any. A remittance advice accompanies all Plan payments.

See sample remittance advice and explanation codes at [wellsense.org](http://wellsense.org).

Each billed item on the remittance advice includes:

- Member name
- Member ID number
- Provider’s patient account number
- Billed codes (e.g., CPT-4, revenue code, HCPCS)
- Plan-derived DRG
- Claim number
- Date(s) of service rendered
- Billed amount
• Allowed amount (WellSense’s allowed fee)
• Adjustment or other insurance amount (amount for which other insurance is primary)
• Member cost sharing amount
• Amount paid (with the remittance)
• Disallow remarks (will provide brief descriptions of disallowable payments and the reasons for the reduction from charges or the line item denial)

9.6 Other Party Liability (OPL)

Provider’s role

Coordination of Benefits (COB)

Members may have other primary insurance coverage. When WellSense has established that other insurance coverage is the primary payer, providers should:

• **Obtain payment from all other liable parties** before billing WellSense. This includes billing the primary carrier for previously paid claims if you are notified by WellSense about other coverage.

• **Submit a claim for any secondary balance due** when the primary coverage pays or denies a payment. When submitting the claim to WellSense, include the other carrier’s payment and denial details, including the reason for denial, for each line of the claim. Providers have 120 days to bill WellSense after receiving the primary payer’s determination. We strongly suggest that you file COB claims electronically as it is the fastest and most accurate submission method.

Subrogation

Subrogation occurs when members are injured as a result of a liability accident. In these instances another party may be liable for the payment of the member’s medical claims. The most common types of Subrogation cases are motor vehicle accidents, workers’ compensation injuries, and slip-and-fall injuries. Auto insurance, workers’ compensation insurance, and general liability insurance are primary payers for members’ claims related circumstances.

Providers should notify WellSense of all instances of other party coverage by calling WellSense at 877-957-1300 or submitting a completed Subrogation indicator form available at wellsense.org.

When a provider notifies WellSense, or when WellSense identifies through independent sources that Subrogation exists, WellSense will deny any claims related to the incident where liability has been accepted and the liability carrier is actively paying claims as the primary carrier.
9.7 Claims submission

Guidelines

Claims may be submitted by mail or electronically.

Please remember to obtain any necessary prior authorization as outlined in Section 8: Utilization Management and Prior Authorization on page 65.

Paper claims

Send paper claims for covered services rendered to Plan members to:

WellSense Health Plan
P.O. Box 55049
Boston, MA 02205-5049

Please note that sending claims via certified mail will not expedite payment.

Required forms:

- Professional services: use CMS-1500 form, a sample of which is available at wellsense.org to submit paper claims.
- Facility services: use UB-04 form, a sample of which is available at dhhs.nh.gov/doing-business-dhhs/legal-services/administrative-appeals to submit paper claims.

Provider’s statements on claims forms

All provider claims forms must be imprinted in boldface type with the following statements, or with alternate wording that is approved by the Regional CMS Administrator:

(a) “This is to certify that the foregoing information is true, accurate, and complete.”

(b) “I understand that payment of this claim will be from federal and state funds, and that any falsification, or concealment of a material fact, may be prosecuted under Federal and State laws.”

(c) The statements may be printed above the claimant’s signature or, if they are printed on the reverse of the form, a reference to the statements must appear immediately preceding the claimant’s signature.

Clean claims

Clean claims are required to avoid a claim denial. A “clean claim” is a claim that does not have any defect, impropriety, lack of any required substantiating documentation, or particular circumstance requiring special treatment that prevents timely payment. A computer-generated claim is when all required data fields are completed alphanumerically. An altered claim is a computer-generated claim that has been altered with some data fields in pen or pencil or crossed out, and is not considered a clean claim. WellSense is required to deny any claims submitted with partial handwritten or crossed-out information.
Electronic claims

WellSense receives most claims electronically and accepts and processes them in the standard HIPAA-compliant claims format using electronic data interchange (EDI). Compared to paper claims, there are many benefits to submitting electronic claims:

- Faster claim turnaround
- Faster payments
- Reduced administrative costs for mailings
- Faster notification of rejected claims

Including provider NPI numbers on electronic claims will help expedite the process, as WellSense will reject claims submitted without this information.

Ways to submit claims electronically:

Providers can submit claims directly to WellSense or via a third party. WellSense accepts and processes claims electronically from five major clearinghouse entities:

- Capario (formerly MedAvant/MedUnite)
- Emdeon (formerly WebMD/Envoy)
- RelayHealth (McKesson, Per-Se)
- The SSI Group
- NEHEN (New England Healthcare EDI Network)

If a provider or a provider’s billing agency uses one of these clearinghouses, providers can begin sending electronic claims simply by contacting the clearinghouse representative or customer support line. Providers can also submit claims directly to WellSense using the 837 format. Plan staff will work with providers to coordinate electronic claims submission and testing before EDI implementation. For questions regarding electronic claims submission, please contact WellSense at 877-957-1300, option 3, Provider Services, for WellSense Medicare Advantage HMO at 866-808-3833. For additional information about electronic claims submission and detailed instructions for electronic data interchange (EDI), see WellSense’s EDI Claims Companion Guide at wellsense.org.

When a paper claim must be filed:

- Claim requires an attachment, for example, invoices or operative reports.
- Provider is filing a clinical and administrative appeal, even if the claim was originally submitted electronically.

Time limits

Initial claims and encounters

Claims must be submitted within 120 calendar days of service, unless a provider is waiting for payment and remittance (or explanation of payment) from a primary insurer through coordination of benefits. The paper claim receipt date is the date that the claim is received in the Claims department.
If providers receive payment or documentation from another insurer more than 120 calendar days after the date of service, they should send the claim/encounter form and the primary insurer’s remittance advice to WellSense within 120 calendar days of receiving the remittance advice from the other insurer. Include the Explanation of Benefits or remittance with any claims submitted to WellSense.

If a provider receives payment from both WellSense and another payer, providers are required to contact WellSense’s Coordination of Benefits department regarding any repayment obligations.

9.8 Resubmitting a claim

A resubmission is any previously filed claim that is resubmitted due to incorrect claims processing by WellSense, or previously denied for additional documentation such as medical records, invoice, or itemized bill. Resubmitted claims must be received no later than 240 days from the date of service. Reasons for a resubmission include:

- Failure to match authorization
- Incorrectly keyed line item details
- Incorrectly keyed provider ID number
- Incorrectly keyed member ID number
- Incorrect eligibility dates
- Incorrectly keyed claim coding
- Serial denials or rejections
- Request for itemized bill
- Request for medical records
- Request for invoice

If a claim is considered a resubmission, please indicate this at the top of the claim and enclose a copy of the remittance advice with the error highlighted. If a provider disputes the payment amount of a claim and a discrepancy cannot be identified on the remittance, please contact WellSense at 877-957-1300 or for WellSense Medicare Advantage HMO call 866-808-3833 and select the “claims” option. Contract-related issues should be directed to your designated Provider Engagement team.

Payment retractions or adjustments are necessary when WellSense or the provider makes an error while processing a member’s claim. WellSense follows industry-standard protocols related to payment retractions and adjustments. When such errors occur, providers should process the remittance advice and deposit the associated check as payment for those claims processed correctly. For incorrectly processed claims, providers should submit the remittance to WellSense and highlight those claims that have been processed in error and note the incorrect payment on the remittance advice.

WellSense will adjust all incorrectly processed claims and retract the overpayments from future remittances. If a provider issues a refund check or returns the check issued by WellSense, payment will be delayed. If a provider believes WellSense has underpaid for covered services, they must notify WellSense or contact his or her Provider Engagement team regarding a contract or fee schedule dispute.
Rejected or denied claims

WellSense only accepts standard transaction codes (CPT, HCPCS, place of service, diagnosis codes, etc.) in compliance with HIPAA transaction code set standards. Claims containing old codes that have been replaced or deleted will be denied and will require resubmission.

Providers must use current CPT-4, place of service, revenue, bill type, and Healthcare Common Procedure Coding System (HCPCS) codes, in combination with current modifiers. WellSense denies any outpatient facility claim submitted with a revenue code if there is no corresponding HCPCS code where required.

The reference number generated during WellSense prior authorization process is not a guarantee of payment. See claims submission guidelines in Section 9: Billing and Reimbursement on page 78.

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<thead>
<tr>
<th>Possible Reasons</th>
<th>Possible Solution/Process</th>
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<tr>
<td>Rejected Claim: A claim that was not properly submitted cannot be processed.</td>
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<tr>
<td>• The NPI is incorrect, is not listed on the claim, or does not match the recorded tax identification number registered in our system. See National provider identifier (NPI) and tax ID requirements on page 88.</td>
<td>See payment retraction or adjustment information in Section 9: Billing and Reimbursement on page 78 for information on submitting a corrected claim.</td>
</tr>
<tr>
<td>• WellSense member ID number is invalid on the claim.</td>
<td></td>
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<tr>
<td>• The original claim number is not included on a void, replacement, or corrected claim.</td>
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<tr>
<td>• EDI void and replacement requests that do not include the required information, such as the original claim number.</td>
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<tr>
<td>Possible Reasons</td>
<td>Possible Solution/Process</td>
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<tr>
<td><strong>Rejected Claim:</strong> A claim that was not properly submitted cannot be processed.</td>
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<tr>
<td><strong>Denied Claims:</strong> After processing properly submitted claims, a claim may be denied for many reasons</td>
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<tr>
<td>• Is not a clean claim.</td>
<td>Determine the cause of the denial and fix.</td>
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<tr>
<td>• Duplicate claim.</td>
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<td>• Claim is filed after the claims submission time limits.</td>
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<tr>
<td>• Member is ineligible for Plan benefits at the time of service.</td>
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<tr>
<td>• Procedure code cannot be billed separately from a primary procedure already paid.</td>
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<tr>
<td>• Prior authorization was not obtained for all dates of service or service type.</td>
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<tr>
<td>• Late notification or non-notification of admission.</td>
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<tr>
<td>• Set of invalid or inappropriate procedure, diagnosis and place of service codes, or other required clinical information is not provided.</td>
<td></td>
</tr>
<tr>
<td>• Time of admission and/or time of discharge are not provided for inpatient admissions and targeted outpatient services as specified in the CMS-1500 <strong>Required Claim Data Elements</strong> on page 109.</td>
<td></td>
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<tr>
<td>• Procedure or instruction is not a covered benefit for the member.</td>
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<tr>
<td>• Invalid procedure and modifier combination is used.</td>
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<tr>
<td>• Billing for newborn is under the incorrect member ID number. See newborn billing guidelines in <strong>Section 9: Billing and Reimbursement</strong> on page 85.</td>
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<tr>
<td>• Claim does not meet clinical editing guidelines.</td>
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**Administrative Appeals of Denied Claims**

Submit a provider administrative appeal in writing to WellSense to the attention of the Provider Appeals department. For questions about Administrative appeals,
<table>
<thead>
<tr>
<th>Possible Reasons</th>
<th>Possible Solution/Process</th>
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<tr>
<td>Rejected Claim: A claim that was not properly submitted cannot be processed.</td>
<td>please call WellSense at 877-957-1300, option 3, Provider Services Monday–Friday (except holidays), 8 a.m. to 6 p.m. and Saturday 9 a.m.–12 p.m. For WellSense Medicare Advantage HMO call 866-808-3833.</td>
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<td></td>
<td>To learn more, visit Section 10: Member Appeals, Inquiries, and Grievances on page 123.</td>
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</tbody>
</table>

**Submit a Corrected Claim: Any previously filed paid or denied claim a provider resubmits with changed or corrected information**

WellSense must receive all corrected claims within 120 calendar days of the original process remit date, not to exceed 240 days from the date of service. Corrected claims are related to one or more of the following:

- Incorrect provider name
- Incorrect member name or member ID number
- Incorrect line item details (e.g., procedures, modifier, units, or charges)
- Incorrect place of service

Providers may not resubmit a claim that was rejected for a missing NPI number as a corrected claim. Re-bill it as a new claim with updated information.

Claims that have been previously denied and are being resubmitted with requested information such as itemizations, invoices, or operative notes should not be submitted as corrected claims. These can simply be resubmitted with the additional documentation.

Items submitted for reconsideration of timely filing denials, clinical edit denials, or partial payment denials are considered appeals and must be submitted with appropriate documentation using the administrative appeals process outlined in 9.15 Provider administrative claims appeals on page 86.

The claims submission address for corrected paper claims is:

WellSense
P.O. Box 55049
Boston, MA 02205-5049

Corrected claims submitted on paper only apply to claims that were previously submitted and paid or denied. They do not apply to original or first-time submissions.

The corrected claims must:

- Include the original claim number
- Include an indication of the item(s) needing correction
- Not have handwritten changes
- Be submitted within 120 calendar days of the original process remit date (as stated in the Time limits guidelines on page 86) and must be within 240 days of the date of service
- Not include any correction fluid on the paper claim

EDI can process replacement claims, which allow correction of most billing items. For member and/or provider changes, however (provider name, NPI number, member name, or member ID number), process such a change as a void claim with a new
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<th>Possible Reasons</th>
<th>Possible Solution/Process</th>
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<tbody>
<tr>
<td><strong>Rejected Claim:</strong> A claim that was not properly submitted cannot be processed.</td>
<td>page 106.</td>
</tr>
</tbody>
</table>

If a claim is considered a corrected claim, please indicate this at the top of the claim and include WellSense claim number, which can be found on the remittance advice. Additionally, all corrected claim information should be circled when the claim is resubmitted. Corrected paper claims that are not submitted in this manner may have delays in processing.

**Replacement and Void Transactions for Electronic Claims**

Electronic claims are processed automatically. Providers should use the “replacement” and “void” options for claims originally submitted to WellSense electronically, which will help avoid the need to submit corrected claims on paper. Both void and replacement requests must include WellSense’s original claim number in specified locations as an electronic void or replacement request. Without this information, the claim will be rejected.

EDI voids and replacements are not accepted in the following situations:

- The claim is not at the finished status. Finished claims are those printed on a remittance advice with an assigned claim number, or those claims in the claims status section in the Secure Provider Portal at the portals.bmchp-wellsense.org with a status of “finished”. Claims identified with a status of “in process” or “adjudicated” are not considered finished.
- The claim is “split” (e.g., a request for a claim that crosses a calendar year span).

EDI void or replacement transactions do not apply to clinical appeals, administrative appeals, or requests for a claim adjustments (i.e., disputes regarding the original handling of the claim. Questions should be directed to your assigned Provider Engagement team or WellSense’s EDI department.

Please refer to the EDI Guidelines at or complete an online request at wellsense.org for specific instructions.
9.9 Claims payment

Inquiring about a claim
WellSense is available to assist with payment issues. A team of highly trained professionals work with providers to resolve claims-related questions from the provider’s first contact through the adjustment process. Providers with claim-related questions or payment issues may call WellSense at 877-957-1300, option 3, Provider Services and select the claims status inquiry option. For WellSense Medicare Advantage HMO call 866-808-3833.

WellSense staff provides information by telephone on the status of a claim for a maximum of three claims per request. Requests for information on more than three claims must be submitted in writing to:

WellSense Provider Services
P.O. Box 55049
Boston, MA 02205

For questions, call 877-957-1300. For WellSense Medicare Advantage HMO, call 866-808-3833. All requests must be typed and be limited to claims that have already been processed by WellSense.

To learn more, visit Section 10: Member Appeals, Inquiries, and Grievances on page 113 for additional information on policies related to provider Administrative Appeals for denied claims, which must be sent to:

WellSense Appeals Department
P.O. Box 55049
Boston, MA 02205

Online claims status inquiry and remittance advice
Providers may check the status of a claim at wellsense.org which has important information on individual claims:

- **Claims status inquiry:** a printer-friendly version of a claims status inquiry. Once providers have entered the claim number and received results on that claim, they can print out a properly formatted document with complete information about the specific claim.

- **Remittance advices:** an image of the remittance advice. The payment reference ID number will be shown as a link where the remittance advice can be viewed. Claim payment remittance images are on file for 365 days. Specific claims can be searched by claim number.

To access this information online, a provider must have a Plan-assigned login ID number and password to ensure that HIPAA privacy standards are maintained for Plan members.

Clean claims
WellSense seeks to process clean claims and reimburse providers within 30 calendar days of receiving the claim. WellSense mails a check to the treating provider or issues an electronic funds transfer (EFT) if the provider is enrolled in WellSense’s EFT program.
A clean claim must meet the following criteria:

- No defects or improprieties
- Includes all required substantiating documentation from contracted or non-contracted providers and suppliers
- Does not involve particular circumstances that require special treatment that would prevent timely payment
- Includes all documentation substantiating and supporting any special treatment and/or complex procedures, including operative reports or use of an assistant surgeon
- Follows all prior authorization policies and procedures
- Is not under investigation for fraud, waste, or abuse
- Involves covered benefits
- Is properly submitted in the required format with all of the necessary data
- Meets WellSense’s adjudication clinical editing guidelines
- Is submitted ready for processing, without the need to investigate information related to the claim

**Electronic funds transfer (EFT)**

EFT is an optional service that permits direct electronic deposit of a Plan claims payment. The program is easy, free, and saves time and money. WellSense automatically issues reimbursement directly into the bank account designated by the contracted provider. EFT methods are faster and more secure for moving funds than paper checks. Since payments are deposited electronically with EFT, there are no deposit slips for providers to prepare.

Advantages of EFT include:

- Prompt payment—no waiting for checks to clear
- Improved cash flow
- No lost checks or postal delays
- Savings of administrative and overhead costs
- No standing in line at the bank
- Simplified record keeping
- Reduced paperwork

Request payment by EFT

For EFT payment, fill out the [Electronic Funds Transfer Authorization form](#) available on our website or contact WellSense at 877-957-1300, option 3, Provider Services; for WellSense Medicare Advantage HMO, call 866-808-3833, for a form to be sent to you. Forms should be submitted with one of the following forms of documentation from the account in which you wish to receive Plan payments:

- Voided check
- Letter from your practice’s bank confirming the ABA transit number and account number
- Letter from you on your practice’s letterhead, signed by an authorized signer, explaining the reason why a voided check cannot be supplied, and confirming the ABA transit number and account number to be used for EFT.
Once the EFT is received, a Provider Engagement team member will contact the provider to verify that the information is complete and correct and payment will be received via EFT approximately 7 to 10 calendar days after the verification has been completed. If payments are not received within 14 calendar days or two check cycles, whichever is later, contact your Provider Engagement consultant. Providers who enroll in WellSense’s EFT program will continue to receive a paper-based remittance advice indicating member names, dates of service, services rendered, and amounts of Plan payments. The bank statement will continue to reflect deposited amounts and dates of deposit.

9.10 Claims audit

WellSense’s Provider Audit department conducts periodic claim audits, which may be conducted on-site at a provider’s location or via desk audit. The purpose of our audits is to:

- Ensure appropriateness and accuracy of provider billing practices, including, but not limited to charge accuracy, diagnosis and procedure code, and DRG assignment.
- Evaluate Plan and provider compliance with contract rights and obligations related to claims, including rates of payment.
- Verify the financial accuracy of claims payment.

In performing these audits, WellSense subscribes to the third-party payer billing audit guidelines outlined in the National Health Care Billing Audit Guidelines, unless otherwise specified below or in a specific provider’s contract. The guidelines were developed by the American Health Information Management Association, American Hospital Association, Association of Healthcare Internal Auditors, Blue Cross Blue Shield Association, Healthcare Financial Management Association, and Health Insurance Association of America.

WellSense’s policies, including but not limited to clinical, authorization, eligibility, claims administration, and reimbursement, apply to all audits. In the event WellSense does not maintain a policy regarding a specific subject, WellSense reserves the right to utilize policies promulgated by The Centers for Medicare and Medicaid Services (national or local), the NH DHHS, American Medical Association, and/or national health insurance carrier organizations.

Provider’s role

Upon notification by WellSense of its intent to audit, providers are required to do all of the following:

- Designate someone with relevant knowledge and experience to coordinate audit activities, including someone to attend an exit conference at the conclusion of an on-site audit, or per mutual agreement, or to receive audit results (via regular or electronic mail) at the conclusion of a desk audit.
- Respond to the notification and provide the information and/or documentation requested within the designated time period.
- Notify WellSense at least 10 working days in advance if an on-site audit must be rescheduled or if documentation for a desk audit cannot be provided within the required time period.
• Provide clinical records and any additional documentation that supports the claim(s) in question and charge description masters spanning the service dates of the claim(s) at a mutually agreed-upon time and location for on-site audits or in the documentation packet for desk audits. Such additional documentation could include but is not limited to: signed and dated ancillary department records/logs; signed and dated charge tickets; descriptions and cost of services, supplies, or implants billed as “miscellaneous” items; policies developed, adopted, and periodically reviewed by clinical staff, as evidenced by dates of implementation, review, and signatures of policy owner(s), etc.

• Identify and present, at the beginning of an on-site audit or in the documentation packet of a desk audit, any charges omitted from the final bill or billed in insufficient quantity on the final bill that you would like considered for payment.

• Provide a suitable work area for on-site audits and provide such additional information and/or documentation as is necessary to allow Plan auditors to understand the exact nature of specific charges, if required.

• Provide copies of medical records, if requested.

• Respond to audit findings within 30 days of the Audit Summary Report date, unless otherwise agreed upon.

• Submit late charge type claims for any agreed upon previously unbilled or under-billed charges to WellSense auditor within 30 days of the Audit Summary Report date.

Role of WellSense’s Audit department

WellSense uses many different criteria to identify claims for review and may categorize audits as generic (generally consisting of claims for a variety of services) or focused (generally consisting of claims related to a specific service). If additional areas of concern are identified during the course of an audit, WellSense may expand the scope of the audit. WellSense reserves the right to extrapolate findings of an audit sample to a designated universe of claims. WellSense does not pay a fee to conduct an audit under any circumstance.

In the performance of these audits, WellSense will:

• Identify claims using internal criteria.

• Select claims for audit that are not more than two years prior to the proposed audit date except in the case of suspected fraud, waste, or abuse, in which case there is no restriction on the look-back period.

• Notify providers in writing of WellSense’s intent to audit providing sufficient information regarding the nature of the audit and the specific claims to be audited.

• Employ auditors with reasonable expertise, integrity, and professionalism.

• Verify service descriptions against the appropriate charge description master.

• Accept all documentation containing sufficient information to identify the individual completing the documentation and his or her credentials as evidence those specific services were provided. However, we will not accept amended/altered medical records that are either unsigned, lacking credentials, and/or undated. We will not accept medical records or other documentation amended/altered more than 30 days after the date of service.
• Provide written results to providers—at the conclusion of the audit—for each claim reviewed, either an individual Audit Summary Report for each claim reviewed on-site or a combined Audit Summary Report detailing the findings for each claim reviewed by a desk audit.
• Allow providers a response period of 30 days for all claims with audit discrepancies, unless otherwise agreed upon at the time of the audit.
• Accept late charge bills submitted within 30 days of the initial Audit Summary Report for any previously agreed upon unbilled or under-billed services/items you identified at the beginning of an on-site audit or submitted with the documentation packet for a desk audit.
• Provide a Final Audit Summary Report, one for each claim for which an Audit Summary Report was presented at the conclusion of an on-site audit or a combined Final Audit Summary Report for all claims for which a combined Audit Summary Report was presented at the conclusion of a desk audit.
• Adjust claim payments as indicated by the Final Audit Summary Report, at the conclusion of the 30 day response period.
• Identify audit-related retractions and/or claim adjustments on the remittance advice.

If a provider disputes the audit findings on a Final Audit Summary Report, they may submit a letter of appeal to the Provider Audit department within 30 days of the date of the Final Audit Summary Report. All clinical documentation related to the charge in question must be included, as well as any relevant policies as previously described, and any other supporting information. The Provider Audit director will review the appeal, research the issue(s), and consult Plan clinicians and other subject matter experts as necessary. WellSense will work to review the appeal and notify you in writing of the final determination within 30 days of receipt of the appeal. Any claim adjustments resulting from the final determination of an appeal will be processed by WellSense within 30 days of the final appeal determination.

9.11 Special Investigations Unit

To combat fraud, waste, and abuse (FWA), our Special Investigations Unit (SIU) examines claims data to detect aberrant billing patterns and investigates these patterns as well as referrals made by providers, members, and employees, the Clinical Audit department and external sources. Neither SIU investigations nor the final determinations of such investigations are subject to look-back periods or other processes or procedures described elsewhere in this Provider Manual.

In addition to the rights and responsibilities of both WellSense and providers noted above in the Clinical Audit section, during the investigation review process providers will be required to adhere to any reasonable requests made by WellSense for supporting documentation. In all cases, providers agree to cooperate with any SIU investigation including, but not limited to, providing medical records and other documentation, or access to them, as requested. For any provider under review, WellSense has the right to evaluate through inspection, evaluation, review or request, or other means, including desk reviews or on-site visits, whether announced or unannounced, any record pertinent to the review. These records may include, but are not limited to, medical records, billing records, financial records,
and/or any records related to services rendered, quality, appropriateness, and timeliness of services. We will not accept amended/altered medical records that are either unsigned, lacking credentials, and/or undated. We will not accept medical records or other documentation amended/altered more than 30 days after the date of service. Such evaluation, inspection, review, or request, when performed or requested, shall be executed with the immediate cooperation of the provider. The provider shall assist in such reviews and provide complete copies of the applicable requested documentation. Failure to provide medical records for services under review will result in recovery of claims payments related to those services.

If you dispute the investigative findings on a final written report, you may submit a first level appeal directly to the Special Investigations Unit within 30 days, as follows:

- Your appeal must be submitted in writing;
- All claims that you would like to appeal, related to the final written report, must be included in one appeal package;
- The appeal should be directed to the Special Investigations Unit department; and
- The appeal package must be accompanied by all clinical documentation related to the investigative citation(s) in question, any relevant policies, date-relevant documentation, and any other supporting information you would like us to consider.

Your appeal related to Special Investigations Unit final findings should not be submitted:

- claim by claim separately; and
- as an administrative appeal.

We will make best efforts to review the appeal and notify you in writing of the final determination within 30 days of receipt of the appeal, provided, however, that we reserve the right to extend the review period if necessary to complete a full and final review. If the review period is extended beyond 30 days, we will notify you in writing of the extension. You will be notified of the results of your first level appeal, including any findings that were upheld, overturned or partially overturned.

You also have the right to a second level appeal, to be submitted within thirty days of receipt of the first level appeal results letter. Please follow the same process as noted above when submitting your second level appeal. Any second level appeal will be handled by an independent reviewer not a party to the initial appeal or SIU final determination.

Our appeal determinations are final. We will process any claim adjustments resulting from the final determination of an appeal within 30 days of the final appeal determination.

DHHS State Fair Hearing - New Hampshire Medicaid members only

A State Fair Hearing through the New Hampshire DHHS is an independent review by the state of a provider’s request for coverage of denied or partially approved services through WellSense. A provider may be eligible for a State Fair Hearing appeal only after they have exhausted WellSense’s internal appeal process and have received a denial or partial approval. If a provider wishes to request a
State Fair Hearing, they must do so within 30 calendar days of the date of WellSense’s appeal denial or partial approval letter.

The provider can refer to the DHHS website for full Administrative appeals rights dhhs.nh.gov/doing-business-dhhs/legal-services/administrative-appeals. Information on requesting a State Fair Hearing is included WellSense Provider Appeal denial or partial approval notices.

Providers may file a request for a State Fair Hearing Appeal in writing to:

New Hampshire Administrative Appeals Unit
105 Pleasant Street
Main Building
Concord, NH 03301-6521

Information on the DHHS State Fair Hearing process and how to request a hearing can be found on the DHHS website at dhhs.nh.gov/doing-business-dhhs/legal-services/administrative-appeals.

For question relating to DHHS AAU State Fair Hearings, providers may call (603) 271-4292.

9.12 Credit Balance

A credit balance occurs when payment for a claim exceeds the contracted rate for that claim. Common overpayment reasons include payments for services for which another payer is primary, incorrect billing, and claim processing errors such as duplicate payments.

Provider’s role

It is the provider’s responsibility to perform “due diligence” to identify and refund overpayments to WellSense within 60 days of receipt of the overpayment. Providers should not submit refund checks for credit balance payments; instead, please contact us using the methods below and we will adjust your claim(s) and recover the credit balances through future payment offsets.

Providers may either:

- **Upload the request to the Provider Portal.** If you haven’t signed up for the portal, please contact your Provider Engagement Consultants. Please upload Claim Review Form, Credit Balance Refund Data Sheet, and any necessary supporting documents. Both forms are downloadable from our website; or
- **Submit the Credit Balance Refund Data Sheet,** and any necessary supporting documents, using one of the traditional methods below. Again, please do not send us refund checks.
  - **Fax:** 617-897-0811
  - **Mail:**
    WellSense Health Plan
    Attn: Credit Balance
If for any reason providers must send us a refund check because providers cannot submit a retraction request, please mail the refund check along with Credit Balance Refund Data Sheet and any necessary supporting documents to us by mail. Please note: this is not a preferred method and may take longer to process.

WellSense Health Plan
Attn: Finance Department
529 Main Street, Suite 500
Charlestown, MA 02129

The Credit Balance Specialist team monitors the requests from the Health Trio portal, fax and mail on a daily basis. It takes about 30–45 days from the date of receipt for us to complete the requests.

If you have any questions please call WellSense’s Credit Balance Department at 617-748-6229.

Role of WellSense’s Credit Balance department

When a provider notifies WellSense of an overpayment, the claim will be adjusted to reflect the correct payment. The reason for the adjustment will be identified on the remittance advice.

9.13 Process to address Negative Balances

Negative balances arise when WellSense re-adjudicates a claim and the subsequent claims processing results in an amount due from the provider that is less than the amount paid at the first processing of the claim.

WellSense’s process to address negative balances is described below:

1. WellSense’s Finance Department runs weekly reports to identify any negative balances and reviews and validates the content of the reports.
2. In order to recoup negative balances, WellSense will take the following actions related to negative balances created greater than 60 days from the week of the report:
   - WellSense may, at its sole option, transfer (offset) negative balances from one or more lines of business to other lines of business or from one provider payee to other provider payees; and apply those negative balances to outstanding claims due to provider; or
   - WellSense may seek to recoup negative balances directly from the provider by notifying provider to send payment to WellSense. The notice will include documentation of claims and amounts owed, and a timeframe in which provider must repay WellSense. In the event repayment is not received by WellSense within the stated timeframe, WellSense may, at its sole option, transfer negative balances from one or more lines of business to other lines of business or from one provider payee to other provider payees; and apply those negative balances to outstanding claims due to provider.
If WellSense is unable to successfully implement the transfers described in item 2.a. because there are not sufficient outstanding claims to offset the negative balance, and/or the provider has not refunded payment in accordance with item 2.b., WellSense reserves the right to pursue other appropriate collection efforts to address negative balances.

### 9.14 Forms and instructions

WellSense requires that CMS-1500 and UB-04 paper claim forms, or the electronic equivalent, be submitted using proper coding according to the HIPAA transaction code set guidelines. Please see WellSense’s reimbursement policies available at [wellsense.org](http://wellsense.org) for detailed information on coding and billing requirements.

<table>
<thead>
<tr>
<th>Service</th>
<th>Form</th>
<th>Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ambulatory surgery center (freestanding)</td>
<td>CMS 1500/UB-04</td>
<td>Freestanding ambulatory surgery centers must bill only those procedures identified in their contractual fee schedule.</td>
</tr>
<tr>
<td>Ambulance transportation</td>
<td>CMS-1500</td>
<td>WellSense is responsible for the payment of covered emergency transportation. Non-emergent transportation services are administered by WellSense’s transportation vendor.</td>
</tr>
<tr>
<td>Anesthesia services</td>
<td>CMS-1500</td>
<td>Anesthesiologists must bill using the appropriate anesthesia CPT-4 or HCPCS codes and an anesthesia modifier. For anesthesia services, providers should bill using the total number of minutes for the service(s) performed (base units should not be reported); the minutes should be indicated in the units field of the CMS-1500 Form. Surgeons performing anesthesiology services should bill using CPT-4 codes for anesthesia services.</td>
</tr>
<tr>
<td>Early and Periodic Screening, Diagnosis, and Treatment (EPSDT)</td>
<td>CMS-1500</td>
<td>To identify EPSDT services, providers should bill according to WellSense’s EPSDT Reimbursement Policy at <a href="http://wellsense.org">wellsense.org</a>. For behavioral health screenings, use code 96110 with the identified modifiers.</td>
</tr>
<tr>
<td>Emergency services</td>
<td>CMS-1500/UB-04</td>
<td>The Plan covers and pays for emergency services at rates that are no less than the equivalent DHHS fee-for-service rates if the provider that furnishes the services</td>
</tr>
<tr>
<td>Service</td>
<td>Form</td>
<td>Instructions</td>
</tr>
<tr>
<td>---------------------------------</td>
<td>-----------------------</td>
<td>--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Family planning services</td>
<td>CMS-1500</td>
<td>For billing procedures for family planning, please see WellSense’s Family Planning, Sterilization, and Abortion reimbursement policy available at <a href="http://wellsense.org">wellsense.org</a>.</td>
</tr>
<tr>
<td>Home health and home infusion services</td>
<td>CMS1500/UB-04</td>
<td>Home health care on a UB-04 Form: If home health services are billed on a UB-04 Form, the provider must include the appropriate bill type. See the Home Health reimbursement policy.</td>
</tr>
<tr>
<td>Inpatient facility services</td>
<td>CMS-1500 UB-04</td>
<td>Appropriate ICD procedure, diagnosis, and current bill type codes are required for proper processing for all inpatient billing. All inpatient and outpatient services billed on a UB-04 form must include a valid revenue code. Most but not all outpatient services must include a corresponding CPT-4/HCPCS code as required by National Uniform Billing Committee rules and specifications.</td>
</tr>
<tr>
<td>Laboratory services (free-standing)</td>
<td>CMS-1500</td>
<td>Modifiers are required when billing for the technical or professional component of laboratory services unless billing the service globally.</td>
</tr>
<tr>
<td>Observation stays</td>
<td>UB-04</td>
<td>See WellSense’s Hospital reimbursement policy for guidelines related to observation stays at <a href="http://wellsense.org">wellsense.org</a>.</td>
</tr>
<tr>
<td>Occupational therapy</td>
<td>CMS-1500</td>
<td>See WellSense’s Physical, Occupational and Speech Rehabilitation Modalities And Therapeutic Procedures reimbursement policy available at <a href="http://wellsense.org">wellsense.org</a> to access billing procedures for occupational therapy.</td>
</tr>
<tr>
<td>Optometry services</td>
<td>CMS-1500</td>
<td>VSP Vision Care manages vision benefits for WellSense. Please forward all claims and find reimbursement information directly from VSP at <a href="http://vsp.com">vsp.com</a> or call 800-877-7195.</td>
</tr>
<tr>
<td>Physical therapy</td>
<td>CMS-1500</td>
<td>See WellSense’s Physical, Occupational and Speech Rehabilitation Modalities And Therapeutic Procedures reimbursement policy available at <a href="http://wellsense.org">wellsense.org</a> for billing procedures for physical therapy.</td>
</tr>
<tr>
<td>Primary care services</td>
<td>CMS-1500</td>
<td>Primary care providers must follow industry standard coding for new and established patient billing, as specified by CPT. Refer to WellSense’s General Billing and Coding Guidelines and General Clinical Editing and Payment</td>
</tr>
</tbody>
</table>

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## Service Form Instructions

<table>
<thead>
<tr>
<th>Service</th>
<th>Form</th>
<th>Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Radiology services (free-standing)</td>
<td>CMS-1500</td>
<td>A modifier is required when billing separately for the technical or professional component of radiology services. Refer to WellSense’s CPT and HCPCS Level II Modifiers Reported on CMS-1500 Claims reimbursement policy for additional details.</td>
</tr>
<tr>
<td>Speech, language, and hearing services</td>
<td>CMS-1500</td>
<td>See WellSense’s Physical, Occupational and Speech Rehabilitation Modalities and Therapeutic Procedures reimbursement policy, and the Hearing Aid Services reimbursement policy available at wellsense.org.</td>
</tr>
<tr>
<td>Unlisted codes</td>
<td>UB-04/ CMS-1500</td>
<td>For procedures with an unlisted code, providers are required to provide an operative note upon billing WellSense for review, in order for the claim to be paid.</td>
</tr>
<tr>
<td>Vaccine and immunization administration</td>
<td>CMS-1500</td>
<td>All claims for reimbursement of immunization administration must include the specific antigen code in order for payment to be made. If the antigen is state supplied (SL), use the SL modifier. When billing for multiple vaccine administrations, a provider must use the appropriate administration codes and number of units. WellSense cannot reimburse higher for a state-supplied vaccine administration than is permitted under federal regulations. See the Immunization Services Reimbursement Policy for billing and reimbursement guidelines for immunizations and vaccines both available at wellsense.org.</td>
</tr>
</tbody>
</table>

### Required Claim Data Elements

<table>
<thead>
<tr>
<th><strong>Professional Claims</strong></th>
<th>Submission Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Box</strong></td>
<td><strong>Field Name</strong></td>
</tr>
<tr>
<td>1</td>
<td>Type of Coverage</td>
</tr>
<tr>
<td>1a</td>
<td>Insured’s ID Number</td>
</tr>
</tbody>
</table>
## Professional Claims

<table>
<thead>
<tr>
<th>Box</th>
<th>Field Name</th>
<th>Submission Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Paper CMS-1500</td>
</tr>
<tr>
<td>2</td>
<td>Patient’s Name</td>
<td>Required</td>
</tr>
<tr>
<td>3</td>
<td>Patient’s Date of Birth</td>
<td>Required</td>
</tr>
<tr>
<td>4</td>
<td>Insured’s Name</td>
<td>Required</td>
</tr>
<tr>
<td>5</td>
<td>Patient’s Address</td>
<td>Required</td>
</tr>
<tr>
<td>6</td>
<td>Patient Relationship to Insured</td>
<td>Required</td>
</tr>
<tr>
<td>7</td>
<td>Insured’s Address</td>
<td>Required</td>
</tr>
<tr>
<td>8</td>
<td>Reserved for NUCC use</td>
<td>N/A</td>
</tr>
<tr>
<td>9</td>
<td>Other Insurance Information</td>
<td>Required, if applicable</td>
</tr>
<tr>
<td>9a</td>
<td>Other Insured’s Policy or Group Number</td>
<td>Required, if applicable</td>
</tr>
<tr>
<td>9b</td>
<td>Reserved for NUCC use</td>
<td>N/A</td>
</tr>
<tr>
<td>9c</td>
<td>Reserved for NUCC use</td>
<td>N/A</td>
</tr>
<tr>
<td>9d</td>
<td>Insurance Plan</td>
<td>Required</td>
</tr>
<tr>
<td>10a-c</td>
<td>Is Patient’s Condition Related To</td>
<td>Situational</td>
</tr>
<tr>
<td>10d</td>
<td>Reserved for NUCC use</td>
<td>N/A</td>
</tr>
<tr>
<td>11</td>
<td>Insured’s Policy Group or FECA Number</td>
<td>Situational</td>
</tr>
<tr>
<td>11a</td>
<td>Insured’s Date of Birth and Sex</td>
<td>Situational</td>
</tr>
<tr>
<td>11b</td>
<td>Other Claim ID</td>
<td>Situational</td>
</tr>
<tr>
<td>11c</td>
<td>Insurance Plan Name or Program Name</td>
<td>Situational</td>
</tr>
<tr>
<td>11d</td>
<td>Another Health Benefit Plan</td>
<td>Required, if applicable</td>
</tr>
<tr>
<td>12</td>
<td>Patient’s or Authorized Person’s Signature</td>
<td>Situational</td>
</tr>
<tr>
<td>13</td>
<td>Insured’s or Authorized Person’s Signature</td>
<td>Situational</td>
</tr>
<tr>
<td>14</td>
<td>Date of Current Illness/Injury/Pregnancy</td>
<td>Required</td>
</tr>
<tr>
<td>15</td>
<td>Other Date</td>
<td>Situational</td>
</tr>
<tr>
<td>16</td>
<td>Dates Patient unable to Work In</td>
<td>Situational</td>
</tr>
<tr>
<td>Box</td>
<td>Field Name</td>
<td>Submission Requirements</td>
</tr>
<tr>
<td>-----</td>
<td>----------------------------------------------------------------------------</td>
<td>------------------------------------------</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Paper CMS-1500</td>
</tr>
<tr>
<td>17</td>
<td>Name of Referring Provider or Other Source</td>
<td>Required</td>
</tr>
<tr>
<td>17b</td>
<td>ID Number of Rendering Provider</td>
<td>Required</td>
</tr>
<tr>
<td>18</td>
<td>Hospitalization Dates Related to Current Services</td>
<td>Situational</td>
</tr>
<tr>
<td>19</td>
<td>Additional Claim Information</td>
<td>Situational</td>
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<tr>
<td>20</td>
<td>Outside Lab</td>
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<tr>
<td>21</td>
<td>Diagnosis or Nature of Illness/Injury</td>
<td>Required</td>
</tr>
<tr>
<td>22</td>
<td>Resubmission Code</td>
<td>N/A</td>
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<tr>
<td>23</td>
<td>Prior Authorization Number</td>
<td>Required, if applicable</td>
</tr>
<tr>
<td>24A</td>
<td>Date of Service From/To</td>
<td>Required</td>
</tr>
<tr>
<td>24B</td>
<td>Place of Service</td>
<td>Required</td>
</tr>
<tr>
<td>24C</td>
<td>EMG</td>
<td>Situational</td>
</tr>
<tr>
<td>24D</td>
<td>Procedure Codes/Modifiers</td>
<td>Required, if applicable</td>
</tr>
<tr>
<td>24E</td>
<td>DIAGNOSIS CODE</td>
<td>Required</td>
</tr>
<tr>
<td>24F</td>
<td>Total Charge</td>
<td>Required</td>
</tr>
<tr>
<td>24G</td>
<td>Days or Units</td>
<td>Required</td>
</tr>
<tr>
<td>24H</td>
<td>EPSDT Family Plan</td>
<td>Required, if applicable</td>
</tr>
<tr>
<td>24I</td>
<td>ID Qualifier</td>
<td>N/A</td>
</tr>
<tr>
<td>24J</td>
<td>Rendering Provider ID/Taxonomy code</td>
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</tr>
<tr>
<td>25</td>
<td>Federal Tax ID Number</td>
<td>Required</td>
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<tr>
<td>26</td>
<td>Patient’s Account No.</td>
<td>Required</td>
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<tr>
<td>27</td>
<td>Accept Assignment</td>
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<tr>
<td>28</td>
<td>Total Charges</td>
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<tr>
<td>29</td>
<td>Amount Paid</td>
<td>Required, if applicable</td>
</tr>
<tr>
<td>30</td>
<td>Balance Due</td>
<td>N/A</td>
</tr>
</tbody>
</table>
## Professional Claims

<table>
<thead>
<tr>
<th>Box</th>
<th>Field Name</th>
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<tbody>
<tr>
<td></td>
<td></td>
<td>Paper CMS-1500</td>
</tr>
<tr>
<td>31</td>
<td>Signature of Provider</td>
<td>Required</td>
</tr>
<tr>
<td>32, 32a-b</td>
<td>Name and Address of Facility</td>
<td>Required, if applicable</td>
</tr>
<tr>
<td>33</td>
<td>Provider/Supplier’s Billing Number and Address</td>
<td>Required</td>
</tr>
<tr>
<td>33a</td>
<td>Billing Provider/Group NPI</td>
<td>Required</td>
</tr>
</tbody>
</table>

## Required Claim Data Elements for Institutional Claims

### Institutional Claims

<table>
<thead>
<tr>
<th>Form Locator</th>
<th>Field Name</th>
<th>Submission Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Inpatient Paper UB-04</td>
</tr>
<tr>
<td>1</td>
<td>Provider Name and Address</td>
<td>Required</td>
</tr>
<tr>
<td>2</td>
<td>Pay-To Name and Address</td>
<td>Situational</td>
</tr>
<tr>
<td>3a</td>
<td>Patient Control Number</td>
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</tr>
<tr>
<td>3b</td>
<td>Medical Record Number</td>
<td>Situational</td>
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<tr>
<td>4</td>
<td>Type of Bill</td>
<td>Required</td>
</tr>
<tr>
<td>5</td>
<td>Federal Tax Number</td>
<td>Required</td>
</tr>
<tr>
<td>6</td>
<td>Statement Covers Period</td>
<td>Required</td>
</tr>
<tr>
<td>7</td>
<td>Future Use</td>
<td>N/A</td>
</tr>
<tr>
<td>8a-b</td>
<td>Patient ID, Patient Name</td>
<td>Required</td>
</tr>
<tr>
<td>9</td>
<td>Patient Address</td>
<td>Required</td>
</tr>
<tr>
<td>10</td>
<td>Patient Date of Birth</td>
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### Institutional Claims

<table>
<thead>
<tr>
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<tr>
<td></td>
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<td><strong>Inpatient Paper UB-04</strong></td>
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<tr>
<td>11</td>
<td>Patient Sex</td>
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</tr>
<tr>
<td>12</td>
<td>Admission Date</td>
<td>Required</td>
</tr>
<tr>
<td>13</td>
<td>Admission Hour</td>
<td>Required</td>
</tr>
<tr>
<td>14</td>
<td>Type of Admission/Visit</td>
<td>Required</td>
</tr>
<tr>
<td>15</td>
<td>Source of Admission</td>
<td>Required</td>
</tr>
<tr>
<td>16</td>
<td>Discharge Hour</td>
<td>Required</td>
</tr>
<tr>
<td>17</td>
<td>Patient Discharge Status</td>
<td>Required</td>
</tr>
<tr>
<td>18-28</td>
<td>Condition Codes</td>
<td>Required, if applicable</td>
</tr>
<tr>
<td>29</td>
<td>Accident State</td>
<td>Situational</td>
</tr>
<tr>
<td>30</td>
<td>Future Use</td>
<td>N/A</td>
</tr>
<tr>
<td>31-34</td>
<td>Occurrence Codes and Dates</td>
<td>Required, if applicable</td>
</tr>
<tr>
<td>35-36</td>
<td>Occurrence Span Codes and Dates</td>
<td>Required, if applicable</td>
</tr>
<tr>
<td>37</td>
<td>Future Use</td>
<td>N/A</td>
</tr>
<tr>
<td>38</td>
<td>Responsible Party Name and Address</td>
<td>Required, if applicable</td>
</tr>
<tr>
<td>39-41</td>
<td>Value Codes and Amounts</td>
<td>Required, if applicable</td>
</tr>
<tr>
<td>42</td>
<td>Revenue Code</td>
<td>Required</td>
</tr>
<tr>
<td>43</td>
<td>Revenue Description/IDE Number/Medicaid Drug Rebate</td>
<td>Required</td>
</tr>
<tr>
<td>44</td>
<td>HCPCS/Rates</td>
<td>Required, if applicable</td>
</tr>
</tbody>
</table>
### Institutional Claims

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<tr>
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<td></td>
<td></td>
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<td>Patient Relationship</td>
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### Institutional Claims

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<tr>
<td>81</td>
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</tbody>
</table>

#### 9.15 Provider administrative claims appeals

If a provider needs to appeal a claim denied by WellSense, he/she will need to submit a Request for Claim Review form. The Request for Claim Review form is available at [wellsense.org](http://wellsense.org) or by calling WellSense at 877-957-1300, option 3, Provider Services. For questions about an administrative claims appeal, call WellSense at 877-957-1300 and select option 3 to speak with a Provider Service Center representative. Except for holidays, staff is available from 8:30 a.m. to 5 p.m. Monday–Thursday and 8:30 a.m. to 3:30 p.m. on Fridays.

Administrative claims appeals may be submitted if a provider is requesting that a previously denied claim be overturned due to circumstances outlined below. Providers may request that WellSense review a claim that was denied for an administrative reason rather than for medical necessity of services. The administrative claims appeal process is only applicable to claims that have already been processed and denied and cannot be considered for services rendered to an individual not eligible on the date(s) of service, or for benefits not administered or covered by WellSense.

The following types of provider administrative claims appeals are IN SCOPE for this process:

- Level of Compensation/Reimbursement
- Timely Filing of Claims
- Retroactive Member Eligibility
- Lack of Prior Authorization/Inpatient Notification Denials
- Non-Covered and/or Unlisted Code Denials
- Other Party Liability (OPL)/Subrogation/Coordination of Benefits (COB)
- Provider Audit and Special Investigation Unit (SIU) Appeals
- Duplicate Claim Appeals

The following are OUT OF SCOPE for this process and must be sent to the appropriate departments:

- Standard and expedited internal member appeals. (See Section 10: Member Appeals, Inquiries, and Grievances on page 122.)
- Claim adjustment or corrected claim: any previously filed claim that is resubmitted with information that has been changed by the provider. (Must be sent to the Claims Department.)
- Claim resubmission: Any previously filed claim that is resubmitted due to incorrect claim processing by WellSense. (Must be sent to the Claims Department.)
• Claims involving coordination of benefits, motor vehicle accident, and workers’ compensation.*
• *Note: Claims issues involving OPL/Subrogation/COB are not necessarily appeals involving OPL/subrogation/COB claims. Providers are responsible for sending their requests to the appropriate address via the required method(s).

Internal Appeal

Send administrative claims appeals to:

WellSense Health Plan
Provider Appeals
P.O. Box 55049
Boston, MA 02205
Fax: 617-897-0805 (prospective)

WellSense offers one level of internal administrative claims appeals to providers. Administrative claims appeals must be filed within 30 calendar days from the original denial date. An administrative claim appeal filed after this timeframe will be denied, and the provider has no further right to appeal.

If an internal administrative claims appeal is denied, participating providers may be eligible for an external appeal with DHHS. Providers that are eligible for this process will receive an explanation of their external appeal rights in their WellSense internal appeal denial letter. Participating providers may submit an external appeal request to the DHHS Administrative Appeals Unit (AAU) only after exhausting WellSense’s internal appeal process. An overview of the DHHS external appeals process is outlined below.

DHHS State Fair Hearing

A State Fair Hearing through the New Hampshire DHHS is an independent review by the State of a participating provider’s request for coverage of denied or partially approved services through WellSense. A provider may be eligible for a State Fair Hearing appeal only after they have exhausted WellSense’s internal appeal process and have received a denial or partial approval. If a provider wishes to request a State Fair Hearing, they must do so within 30 calendar days of the date of WellSense’s appeal denial or partial approval letter.

The provider can refer to the DHHS website for full administrative appeals rights: https://www.dhhs.nh.gov/doing-business-dhhs/legal-services/administrative-appeals. Information on requesting a State Fair Hearing is included in WellSense’s provider appeal denial or partial approval notices.

Participating providers may file a request for a State Fair Hearing Appeal in writing to:

New Hampshire Administrative Appeals Unit
105 Pleasant Street
Information on the DHHS State Fair Hearing process and how to request a hearing can be found on the DHHS website at [dhhs.nh.gov/doing-business-dhhs/legal-services/administrative-appeals](dhhs.nh.gov/doing-business-dhhs/legal-services/administrative-appeals).

For question relating to DHHS AAU State Fair Hearings, providers may call (603) 271-4292.

**Information required for administrative claims appeals**

**Required documentation:**

General Rules for Submission of Provider Administrative Claims Appeals

- Provider administrative claims appeals may be submitted via the WellSense provider portal, which can be found via the Provider Login on the WellSense Health Plan website.
- Provider administrative claims appeals may also be submitted via paper and mail through the United States Postal Service. If submitted via this option, the appeal must include a **completed** Request for Claim Review Form.

*A completed Request for Claim Review Form is a form submitted with all required information, including but not limited to completion of all fields denoted with an asterisk (*) and the correct Review Type box. If using “Other” on the Form, providers must document specific information pertaining to their request.*

- Appeals with incomplete Forms will be dismissed. A dismissal letter will inform the submitting provider that they may resubmit their appeal with the completed Form. The provider’s request will not be processed unless/until a completed Form is received with the original appeal within the original appeal timely filing timeframes. Once the appeal is received with a completed Request for Claim Review Form, the effective date of receipt of the provider administrative claim appeal will be the date the resubmitted appeal and completed Form is received at the Plan. If an appeal resubmission is not received by the Plan within the original timeframes to appeal, it will be denied by the Plan as untimely.
- Forms submitted must be legible. Appeals that contain a Request for Claim Review Form that cannot be interpreted or are illegible will be dismissed as unable to process.
- All appeals must be **accompanied by a written narrative** explaining in **full detail** the discrepancy or the rationale for the appeal of the denial.
- Appeals that do not contain a written narrative detailing the request and rationale will be dismissed as unable to process.
- All appeals must include a copy of the claims(s) in question, the remittance advice, applicable OPT/Subrogation/COB documents (example: EOB from another carrier, PIP letter, etc.) and any Plan-issued correspondence.
- All appeals must include **all necessary** information the provider wishes to have considered during the review.
• The Plan will not accept additional information for review after an appeal decision has been rendered by the Plan.
• Providers must complete the Request for Claim Review Form accurately. Mislabeling of the form may result in misrouting of review requests and will likely delay the outcome.
• Providers should refer to their provider contracts to verify specified timeframe for submission.
• Provider administrative claims appeals received after the required timeframes will be dismissed as untimely.

Required data elements for administrative claims appeals

The following data elements must be present on the Request for Claim Review Form and must be legible:

• Provider name
• WellSense-assigned provider identification (ID) number/NPI
• Contact name
• Contact telephone number
• Member name
• Member ID number
• Claim number
• Date of service
• Procedure code being appealed
• Charge amount
• Total claim charges
• Denial code

Recommended documentation for administrative appeals

To avoid processing delays, WellSense recommends that providers submit as much documentation as possible that supports the administrative claim appeal. Additionally, each claim denial being appealed requires specific documentation to substantiate an appeal. Examples of such documentation may include copies of one or more of the following:

• Original explanation of payment (EOP) or remittance advice
• Proof of timely notification to an incorrect insurance company
• Proof of timely claims submission
• Notes showing verification date of valid insurance
• WellSense reference number
• Surgical/operative notes
• Office visit notes
• Pathology reports
• Medical invoices (e.g., invoices for durable medical equipment or pharmaceuticals)
• Medical record entries

Documentation checklist sorted by type of administrative claim appeal

Reimbursement appeal:
• Include a written narrative (explanation) of the requested change(s). Include the remittance advice and identify the claim we should review.
• Include all supporting documentation in the form of invoices, operative notes, office notes, or any necessary medical record information.
• Include a completed Request for Claim Review Form, available on our website at wellsense.org, if submitting via mail.

**Claim denied for lack of WellSense authorization:**

• Include a written narrative (explanation) detailing the request and any extenuating circumstances that prevented you from contacting us for prior authorization or extending an existing authorization to cover the date(s) of service for a member’s treatment. Include all pertinent information including all necessary clinical documentation.
• Include a copy of the claim and the remittance advice.
• If prior authorization was required and obtained, you must supply proof to us that you followed our prior authorization procedure. Proper supporting documentation includes a copy of your original information faxed/submitted to us, the reference number received verbally or in writing from us, and any written authorization notification(s).

**WellSense reviews claims denied for lack of authorization in certain situations which may include:**

• The member was added retrospectively to WellSense after the service was rendered.
• The member was added retrospectively to WellSense during a course of continuing treatment.
• A provider notified a different insurance company not realizing the member was active with WellSense. In these instances, timely notification to the other insurance company must be submitted with the appeal.

If an administrative claims appeal is approved, WellSense will adjust the claim. WellSense will send written notification to providers of all denials of administrative claims appeals.

In the event WellSense approves an administrative denial and the appeal requires clinical review, the appeal will be sent to a clinical nurse reviewer for application of clinical coverage criteria to determine if the service(s) were medically necessary. If the nurse reviewer is unable to approve the review, the case will be sent to a Plan Physician Reviewer (MD) for final review and determination. If an appeal is approved because the service(s) met the clinical criteria for coverage, the claim will be adjusted accordingly. If an appeal is denied on the basis that the service was not medically necessary due to not meeting clinical criteria for coverage, the claim denial will be upheld.

**Claim denied for submission over the filing limit**

An appeal submitted due to a claim denial for violating the filing limit must include at least one of the following: If the initial claim submission is after the filing limit and the circumstance for the late submission was beyond the provider’s control, providers may appeal by sending a letter documenting the reasons why the claim could not be submitted within the contracted filing limit. Include the original claim form and send the appeal within the appeal timeframe specified, as outlined in filing an administrative appeal.
If the member did not identify him/herself as a Plan member, supply proof to WellSense that the member or another payer had been billed within WellSense’s timely filing limit.

If submitting an appeal via mail, include a completed Request for Claim Review form available at [wellsense.org](http://wellsense.org)

When paper claims are submitted, the following must be attached as proof of prior submission, as applicable:

- Computer printout of patient account ledger
- EOB from primary insurer
- Proof that another insurance carrier was billed

A provider who submits electronic claims (either through a clearinghouse or directly to WellSense) must attach the applicable electronic data interchange (EDI) transmission report. The EDI transmission report will provide proof of prior submission and indicate that WellSense did not reject the claim.

WellSense Health Plan (WellSense) partners with TriZetto Provider Solutions (TPS) to manage its electronic data interchange (EDI) transactions exclusively. Clearinghouse service organizations and billing agencies that submit EDI transactions must send through TPS. Please utilize this [Trizetto Provider Solutions New User Request link](http://TrizettoProviderSolutions.com/NewUserRequest) where your organization can enroll if your provider entity does NOT use one of the billing agencies listed below.

<table>
<thead>
<tr>
<th>ADS DATA SYSTEMS</th>
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</tr>
</thead>
<tbody>
<tr>
<td>• Affiliated Professional Services</td>
<td>• Nthrive / XactiMed</td>
</tr>
<tr>
<td>• APEX EDI</td>
<td>• Numeric</td>
</tr>
<tr>
<td>• Ascentria</td>
<td>• People Care Inc.</td>
</tr>
<tr>
<td>• Athena Health</td>
<td>• Physician’s Computer Company</td>
</tr>
<tr>
<td>• Emergency Medicine Solutions</td>
<td>• PV Kent &amp; Associate</td>
</tr>
<tr>
<td>• eSolutions / Claim Remedi</td>
<td>• Quest Diagnostics</td>
</tr>
<tr>
<td>• Experian Health / Passport Health</td>
<td>• ServiceNet</td>
</tr>
<tr>
<td>• Hill Associates</td>
<td>• Tempus Unlimited INC</td>
</tr>
<tr>
<td>• IDX/GE Healthcare / WV Holdings</td>
<td>• Viatrack Systems</td>
</tr>
<tr>
<td>• Logix Health</td>
<td>• XIFIN</td>
</tr>
</tbody>
</table>

For more information Providers can call us at 617-748-6175 or email us at [ItOpsSupport@wellsense.org](mailto:ItOpsSupport@wellsense.org) for any EDI related questions.

Claim denied because the member was ineligible on the date of service

- If a member becomes retroactively eligible or loses plan eligibility and is later determined to be eligible, the **30 calendar day timely filing deadline begins on the date the member is enrolled into WellSense.**
Attach the remittance advice and written evidence that the member was eligible for the time period covered by the date(s) of service. A printout from a New Hampshire eligibility verification system or another agency or organization approved to provide eligibility information can serve as written evidence of eligibility.

Include a completed Request for Claim Review Form for appeals sent via mail. The Form can be found at wellsense.org.

Claim denied for coding and clinical editing

Appeals must include all pertinent information, including the remittance advice denial code. The specific procedure codes being appealed must be identified and all necessary clinical documentation must be included. E/M encounters require documentation of history, exam, and medical decision-making and the documentation must support the levels billed. If billing for two separate services or procedures, the documentation for each service must be able to stand alone and support that charge. This includes:

- Clearly stated reason for the encounter
- Appropriate history and physical examination
- Review of any labs, x-rays, and other ancillary services
- The reason for and results of diagnostic tests
- Relevant health risk factors
- The member’s progress, including response to treatment, change in treatment, and member’s noncompliance
- Assessment plan of care including treatments and medications (specify frequency and dosage), referrals and consults, member/family education, specific instructions for followup, and discharge summary and instructions.
- A copy of the claim and the remittance advice must be attached.

A completed Request for Claim Review Form must be included for appeals sent via mail.

**Timeframes for administrative claims appeal determinations**

An appeals coordinator ensures all necessary information is included with the appeal. All incoming appeals are date stamped and assigned a document control number. The appeal is sent to a third-party vendor for imaging and the vendor returns the image to WellSense via an electronic file. Providers can call WellSense at 877-957-1300 or for WellSense Medicare Advantage HMO call 866-808-3833 and speak with a representative to confirm receipt or to verify the status of an appeal. All provider administrative claims appeals are decided by an administrative or clinical professional with expertise in the subject matter of the appeal. Once a decision has been reached, WellSense will make all necessary attempts to adjust a claim(s) accordingly for approvals within 10 calendar days of the decision, or send a written appeal denial notice that will include the specific reason(s) for the denial. An administrative appeal decision is based on the information available at the time of the review and is rendered within 30 calendar days from WellSense’s receipt of the appeal.
Section 10: Member Appeals, Inquiries, and Grievances

10.1 General information

WellSense strives to promptly resolve member inquiries, grievances, and appeals as defined in this section. It also addresses provider requests for clinical reconsiderations of denials of member and provider appeals. For information on provider administrative appeals, see page 106.

The member appeals process includes the right of a member or authorized representative to use WellSense’s member appeals and grievances processes. For information on member appeals and grievances, see page 113.

10.2 Medicaid Appeals-related definitions

For purposes of this section, the following definitions apply:

Action

An action is an occurrence that falls into one of the following categories:

- A Plan denial or limited authorization of a requested service, including the type or level of service.
- WellSense reduction, suspension, or termination of a previously authorization for a service.
- WellSense denial, in whole or in part, of payment for a service.
- WellSense’s failure to provide services in a timely manner.
- WellSense’s failure to act within the required timeframes for reviewing service authorization requests and issuing a decision.
- WellSense’s failure to act within the required timeframes for reviewing an internal appeal and issuing a decision.
- WellSense’s denial of a Medicaid enrollee request, for a resident of a rural area with only one MCO, to exercise his or her right to obtain services outside the network.

Administrative appeal

A written request made by a provider for reconsideration of a denied claim or retrospective review for authorization after services have been rendered. These reviews include, but are not limited to, evaluating a claim denial for clinical editing, late submission, or unauthorized services (e.g., failure to request Plan prior authorization). Administrative appeals do not include corrected claims, adjustments or claim resubmissions. See Section 9: Billing and Reimbursement on page 78 for information on provider administrative appeals.

Appeal

A review of an action. There are appeals related to benefits and to determining medical necessity.
**Appeals and Grievances Specialist**

WellSense staff member responsible for coordinating, investigating, documenting, and resolving all member appeals and grievances. For member appeals, this specialist serves as a liaison between WellSense and the NH DHHS.

**Continuation of benefits**

Covered services previously authorized by WellSense that become the subject of an internal appeal or DHHS State Fair Hearing appeal involving a decision by WellSense to terminate, suspend, or reduce the previous authorization for those services. WellSense provides continuing services pending the resolution of the internal appeal or a DHHS State Fair Hearing appeal. Continuation of benefits will occur if:

- The request is made within 10 calendar days from the later of: the date of the notice of action, or the intended effective date of WellSense’s proposed action.
- The appeal involves the termination, suspension, or reduction of a previously authorized course of treatment.
- The services were ordered by an authorized provider.
- The authorization period has not expired.
- The member requests extension of benefits.

If the final resolution of the appeal is to uphold the action, the member may be responsible for paying for the continuation of benefits.

**Date of action**

The effective date of an action.

**Expedited Internal Appeal**

An internal appeal is expedited when WellSense determines, or a physician on behalf of a member asserts, that taking the time for a standard resolution could seriously jeopardize the member’s life or health, or the member’s ability to attain, maintain, or regain maximum function.

**Grievance**

Any expression of dissatisfaction by a member or an authorized representative about any matter other than an action. Possible subjects for grievances include, but are not limited to, the quality of care of services provided, any aspects of interpersonal relationships such as rudeness of a provider, office staff or Plan employee, or failure to respect the member’s rights.

**Inquiry**

Any oral or written question by a member to WellSense’s Member Services department regarding an aspect of WellSense’s operations that does not express dissatisfaction about WellSense.
NH Department of Health and Human Services (DHHS) State Fair Hearing Appeal

An external appeal that is available to members who have exhausted WellSense’s internal appeals process. This appeal requires a written request to DHHS by a member or authorized representative to review a final, internal appeal decision made by WellSense.

Provider

An individual medical professional, hospital, skilled nursing facility, other facility or organization, pharmacy, program, equipment and supply vendor, or other entity that provides care or bills for health care services or products.

Standard internal appeal

The internal review of a request by a member or authorized representative for review of an action.

10.3 Medicare Appeals-related definitions

Appeal of Part C Services (Part C appeal)

An appeal of Part C Services is defined as any of the procedures that deal with the review of adverse organization determinations on the health care services a member believes he or she is entitled to receive, including delay in providing, arranging for, or approving the health care services (such that a delay would adversely affect the health of the member), or on any amounts the member must pay for a service as defined in 42 CFR 422.566(b). These procedures include reconsideration by WellSense, and if necessary, an independent review entity (IRE), hearings before Administrative Law Judges (ALJ), review by the Medicare Appeals Council (MAC), and judicial review.

Disputes involving optional supplemental benefits offered by BMCHP will be treated as appeals.

Appeal of Part D Services (Part D appeal)

An appeal of Part D Services is defined as any of the procedures that deal with the review of adverse coverage determinations made by WellSense, on the benefits under a Part D plan the member believes he or she is entitled to receive, including a delay in providing or approving the drug coverage (when a delay would adversely affect the health of the member), or on any amount the member must pay for drug coverage, as defined in 42 CFR 423.566(b). These procedures include redeterminations by WellSense, reconsiderations by the independent review entity (IRE), Administrative Law Judge (ALD) hearings, reviews by the Medicare Appeals Council (MAC), and judicial reviews.

Appeal Representative

Any individual that the Plan can document has been authorized by the member in writing to act on the member’s behalf with respect to all aspects of a Grievance or Appeal (whether internal or external). The Plan must allow a member to give a standing authorization to an Appeal Representative to act on his/her behalf for all aspects of Grievances and internal Appeals. The member must execute such a
standing authorization in writing according to the Plan’s procedures. The member may revoke such a
standing authorization at any time. When a minor is able, under law, to consent to a medical
procedure, that minor can request an Appeal of the denial of such treatment without
parental/guardian consent and appoint an Appeal Representative without the consent of a parent or
guardian. Unless otherwise stated, the representative will have all of the rights and responsibilities of a
member or party in obtaining an Organization Determination, Coverage Determination, filing a
grievance, or in dealing with any of the levels of the appeals process.

**Coverage Determination for Part D Services**

A Coverage Determination is any decision made by or on behalf of WellSense regarding payment or
benefits of Part D benefits to which a member believes he or she is entitled.

**Expedited Reconsideration (Appeal) of Part C Services**

An Expedited Appeal is an internal review by WellSense, of a request by a member or Authorized
Representative that has been expedited because WellSense determines, or a physician on behalf of a
member asserts that, taking the time for a standard resolution could seriously jeopardize the
member’s life or health, or the member’s ability to attain, maintain, or regain maximum function. The
timeframe to review and resolve an Expedited Appeal is 72 hours from the time it is received at
WellSense, unless an extension of up to 14 calendar days is necessary.

**Expedited Redetermination (Appeal) of Part D Services**

An Expedited Appeal is an internal review by WellSense, of a request by a member or Authorized
Representative that has been expedited because WellSense, determines, or a physician on behalf of a
member asserts that, taking the time for a standard resolution could seriously jeopardize the
member’s life or health, or the member’s ability to attain, maintain, or regain maximum function. The
Expedited Redetermination timeframe is 72 hours from receipt at WellSense.

**Fast-Track Appeal**

A Fast-Track Appeal is an Expedited Appeal review process conducted by a Quality Improvement
Organization (QIO) when a member disagrees that their covered skilled nursing facility (SNF), home
health agency (HHA), or comprehensive outpatient rehabilitation facility (CORF) services should end,
or when member disagrees with their discharge from an inpatient hospital stay. CMS contracts with
QIOs to conduct fast-track appeals.

**Grievance – Part C Services (Part C Grievance)**

A Part C Grievance is any expression of dissatisfaction by a member or Appeal Representative,
including a provider on behalf of a member, about any action or inaction by the Plan other than an
organization determination. Possible subjects for Grievances include, but are not limited to, quality of
care or services provided, aspects of interpersonal relationships such as rudeness of a Provider or
employee of the Plan, or failure to respect the member’s rights regardless of whether remedial action
is requested. A member or their Authorized Representative, including a provider on behalf of a
member, may make the complaint or dispute, either orally or in writing, to BMCHP, provider, or facility.
An expedited grievance may also include a complaint that WellSense, refused to expedite an
Organization Determination or reconsideration, or invoked an extension to an Organization Determination or reconsideration time frame. In addition, grievances may include complaints regarding the timeliness, appropriateness, access to, and/or setting of a provided health service, procedure, or item. Grievance issues may also include complaints that a covered health service procedure or item during a course of treatment did not meet accepted standards for delivery of health care.

Grievance – Part D

A Part D grievance is any expression of dissatisfaction by a member or Appeal Representative, including a provider on behalf of a member, about any action or inaction by the Plan other than a coverage determination or a late determination penalty (LEP) determination. Possible subjects for Grievances include, but are not limited to, any aspect of the operations, activities, or behavior of a Part D plan sponsor or failure to respect the member’s rights regardless of whether remedial action is requested. Grievances include a member’s right to dispute a Part D sponsor refusing to expedite a Coverage Determination or redetermination.

Types of Part C and D Grievances

- Administrative Grievance: a member Grievance related to billing issues or a member’s dissatisfaction with WellSense’s staff, policies, processes or procedures. An Administrative Grievance may also include a member’s dissatisfaction with the attitude of a provider or provider staff member, provider office policies or wait times.
- Expedited Administrative Grievance: a member Grievance related to WellSense’s extension of timeframes for Organization Determinations or Reconsiderations (Appeals) or the refusal of WellSense to grant a request for an expedited Organization Determination, Reconsideration (Appeal), Coverage Determination, or Redetermination (Part D Appeal).
- Clinical Grievance (i.e., Quality of Care Grievance): a member Grievance regarding the health care and/or services that a member has received or is trying to receive.
- Expedited Clinical Grievance (i.e., Expedited Quality of Care Grievance): a member Grievance regarding a clinical issue of such an urgent nature that it is deemed that a delay in the review process might seriously jeopardize: 1) the life and/or health of the member, and/or 2) the member’s ability to regain maximum functioning, or 3) is an issue that poses an interruption in the ongoing immediate treatment of the member.

Independent Review Entity

An independent entity contracted by CMS to review WellSense’s adverse reconsiderations or redeterminations of organization determinations and coverage determinations.

Medically Necessary Services

Per Medicare, services that are reasonable and necessary for the diagnosis or treatment of illness or injury or to improve the functioning of a malformed body member, or otherwise medically necessary under 42 U.S.C. § 1395y.
Organization Determination

An Organization Determination is any determination made by WellSense with respect to the following:

- Payment for temporarily out of the area renal dialysis services, emergency services, post-stabilization care, or urgently needed services.
- Payment for any other health services furnished by a provider other than WellSense that the member believes are covered under Medicare, or if not covered under Medicare, should have been furnished, arranged for, or reimbursed by WellSense.
- WellSense’s refusal to provide or pay for services, in whole or in part, including the level of services, that the member believes should be furnished or arranged for by WellSense.
- Reduction or premature discontinuation of a previously authorized ongoing course of treatment.
- Failure of WellSense to approve, furnish, arrange for, or provide payment for health care services in a timely manner, or to provide the member with timely notice of an adverse determination, such that a delay would adversely affect the health of the member.

Quality Improvement Organization (QIO)

A Quality Improvement Organization is an organization comprised of practicing doctors and other health care experts under contract with the federal government to monitor and improve the care given to Medicare members. QIOs review complaints raised by members about the quality of care provided by physicians, inpatient hospitals, hospital outpatient departments, hospital emergency rooms, skilled nursing facilities, home health agencies, Medicare health plans, and ambulatory surgical centers. The QIOs also review continued stay denials for members receiving care in acute inpatient hospital facilities as well as coverage terminations in SNFs, HHAs, and CORFs.

Reconsideration

Reconsideration is a member’s first step in the Part C appeal process after an adverse Organization Determination; WellSense or Independent Review Entity may revaluate an adverse Organization Determination, the findings upon which it was based, and other evidence submitted or obtained.

Redetermination

A Redetermination is a member’s first step in the Part D appeal process, which involves WellSense reevaluating an adverse coverage determination, the findings upon which it was based, and any other evidence submitted or obtained.

Standard Appeal

A Standard Appeal is an internal Reconsideration or Redetermination by BMCHP of a request by a member or Authorized Representative, authorized in writing by the member, to review an adverse Organization or Coverage Determination. The timeframe to review and respond is anywhere from seven to 30 calendar days from date of receipt at BMCHP. Extensions are only allowed for Reconsiderations.
10.4 Medicaid Member grievances and appeals

General information

WellSense has an efficient process in place to resolve member grievances and address member appeals in a timely manner. If a member is inquiring about medical necessity or a service coverage issue, WellSense offers assistance and informs the member of the appeals process. Providers may assist in the appeals process by furnishing documentation and other information WellSense requests and may be appointed as an authorized representative by the member to act on their behalf regarding an internal appeal or a DHHS State Fair Hearing appeal. The member must give written permission for a provider to act as their representative for standard internal appeals and DHHS State Fair Hearing appeals.

A member or authorized representative may submit three types of appeals for actions related to medical/surgical and/or pharmacy services:

- Standard internal appeal
- Expedited internal appeal
- DHHS State Fair Hearing appeal (external)

An appeal of an action is a standard internal appeal or an expedited internal appeal filed with WellSense by a member or member’s authorized representative. Member internal appeals must be submitted to WellSense within 60 calendar days of the date of the notice of action. WellSense may reject as untimely any internal appeals received later than 60 calendar days after the date of the notice of an action. An external appeal may be submitted to DHHS only after the internal appeal process is completed.

How a member submits a grievance

When a member has a question or is dissatisfied about the care, service, or access to service provided by WellSense or a participating provider, the member or authorized representative, including a provider on behalf of a member, may inquire about that care and/or may file a grievance in any of the following ways:

- Make oral inquiries by calling the Member Services Department at 877-957-1300, option 1.
- File an oral grievance by calling WellSense’s Member Services department at 877-957-1300, option 1 or 711 for TTY/TDD services.
- File an oral grievance in person at a Plan office location during regular business hours, Monday–Wednesday, 8 a.m. to 8 p.m. and Thursday and Friday 8 a.m. to 6 p.m. (except holidays)
- Send written grievances to:

  WellSense Health Plan
  Member Grievances
  529 Main Street, Suite 500
  Charlestown, MA 02129

WellSense provides instructive materials and forms to assist members submitting a grievance. Upon a member’s request, WellSense will provide reasonable assistance in completing the forms and following
procedures applicable to the grievance process. This includes, but is not limited to, providing free interpreter services and toll-free numbers with TTY/TDD and interpreter capability. Members are entitled to free access to and copies of any information related to their grievance that is in WellSense Health Plan’s possession and under WellSense control.

WellSense provides written acknowledgement for any grievance it receives to members and/or authorized representatives, if applicable, within one business day of receipt by WellSense.

Upon completion of the resolution of a grievance, written notice is sent to affected parties no more than 45 calendar days from the date WellSense received the grievance, unless the timeframe is extended by mutual agreement between the member or authorized representative and WellSense. In some cases, grievances may be extended for up to 14 calendar days.

**Grievance process**

Grievances are categorized as follows:

- **Administrative grievances**: Grievances related to billing issues, provider office condition or staff, attitude or service of a provider, or a member’s dissatisfaction with Plan staff, policies, processes, or procedures.
- **Clinical grievances (quality of care grievances)**: Grievances related to the health care and/or services a member has received or is trying to receive from a participating Plan provider.
- **Expedited clinical grievances (expedited quality of care grievances)**: Grievances relating to clinical issues such that a delay in the review process might seriously jeopardize:
  - The life and/or health of the member, and/or
  - The member’s ability to regain maximum functioning, or is an issue that poses an interruption in the ongoing immediate treatment of the member.

If a grievance is filed orally, a Plan Appeals and Grievances Specialist will write a summary of their understanding of the grievance in an acknowledgment letter and send a copy to the member or authorized representative within one business day of receipt. This summary will serve as both a written record of the grievance as well as an acknowledgment of receipt of the grievance.

<table>
<thead>
<tr>
<th>Written grievances should include:</th>
<th>Fax or mail to:</th>
<th>WellSense’s response</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name</td>
<td>WellSense Health Plan Member Grievances</td>
<td>• Once the grievance is received, WellSense sends a letter within one business day to the member or authorized representative acknowledging receipt of the grievance.</td>
</tr>
<tr>
<td>Address</td>
<td>Fax to: 617-897-0805 Or Mail to: 529 Main Street Suite 500 Charlestown, MA 02129</td>
<td>• The grievance is processed by an Appeals and Grievances Specialist with reviews by</td>
</tr>
<tr>
<td>Plan ID number</td>
<td></td>
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<tr>
<td>Description of grievance, including relevant dates and provider names.</td>
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</tr>
<tr>
<td>Applicable documents that relate to the grievance (Ex: billing statements)</td>
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</tbody>
</table>
How a member submits an appeal

When a member wishes to dispute an adverse action, the member or authorized representative may inquire about that adverse action and/or file an appeal in any of the following ways:

- File an oral appeal by calling WellSense’s Member Services department at 877-957-1300, option 1 or 711 for TTY/TDD services.
- If a minor is able, under law, to consent to a medical procedure, that minor can request an appeal of the denial of such treatment without parental/guardian consent.
- File an oral appeal in person at a Plan office location during regular business hours, Monday–Wednesday, 8 a.m. to 8 p.m. and Thursday and Friday 8 a.m. to 6 p.m. (except holidays)
- Send written appeals to:
  WellSense Health Plan
  Member Appeals
  529 Main Street, Suite 500
  Charlestown, MA 02129

WellSense provides written acknowledgement to members and/or authorized representatives for any standard internal appeal it receives within one business day of receipt by WellSense. See Standard internal appeal, Expedited internal appeal, and DHHS State Fair Hearing starting on page 114 for notice of resolution for appeals.

WellSense provides instructive materials and forms to assist members submitting an appeal. Upon a member’s request, WellSense will provide reasonable assistance in completing the forms and following procedures applicable to the internal appeals process. This includes, but is not limited to, providing free interpreter services and toll-free numbers with TTY/TDD and interpreter capability. Members are entitled to free access to and copies of any of their medical information related to their appeal that is in WellSense Health Plan’s possession and under WellSense control.

Monitoring member appeals

WellSense maintains reports of all member appeals (including external appeals submitted to DHHS), that include the following information:
• Type and nature of the appeal
• Member name
• Date appeal was filed and date of resolution
• How each appeal was addressed
• What, if any, corrective action was taken related to the appeal
• The name of the provider involved in the appeal
• If the service was denied or approved after review of the appeal

On an annual basis, WellSense reviews the data and its appeals policies and makes any necessary modifications or improvements.

**Standard internal appeal**

WellSense offers one internal review for standard appeals. The review is performed by healthcare professionals with appropriate clinical expertise in treating the medical condition, performing the procedure, or providing the treatment that is the subject of the action. Authorized representatives, including providers, may file standard appeals on behalf of members; however, the member must provide written consent to WellSense. The healthcare professional who decides the internal appeal will be someone who has not been involved in any prior review or determination of the particular requests at issue nor is the subordinate of someone who was involved. During the appeal review process, WellSense will consult, if appropriate, with same or similar actively practicing specialty providers who typically treat the medical condition, perform the procedure, or provide the treatment involved in the appeal. Information regarding the internal appeal process and the DHHS external appeal process is included in any notice following an action or denied internal appeal. Internal appeals must be filed by the member or authorized representative within 60 calendar days of the date of the notice of the action regarding WellSense’s service authorization decision. WellSense will not take punitive action against providers who support a member’s internal appeal.

WellSense’s standard internal appeal process and written notice to affected parties will conclude no more than 30 calendar days from the date the request for a standard internal appeal is received (unless the timeframe is extended).

WellSense allows a member or authorized representative, before and during the internal appeals process, the opportunity to examine the member’s case file, including medical records, and any other documentation and records considered during the internal appeals process. Additionally, WellSense allows reasonable opportunity for a member or member’s authorized representative to present evidence and allegations of fact or law in person as well as in writing.

The standard appeal timeframe may be extended up to 14 calendar days if the member or member’s authorized representative requests the extension, or if WellSense can justify that:

• There is a need for additional information; and
• The extension is in the member’s best interest

WellSense will continue to provide benefits to the member, pending a resolution, as long as the request for an internal appeal:

• Is submitted within 10 calendar days of the action;
• Involves the termination, suspension, or reduction of a previously authorized course of treatment;
• Is for a service ordered by an authorized provider;
• Is within the authorization period;
• The member requests the standard appeal within 60 calendar days following the date of the initial denial letter, and
• The member requests continuation of benefits, either orally or in writing.

**Expedited internal appeal**

A member or authorized representative may request an expedited internal appeal after receiving notification of an action for urgent or time-sensitive care. WellSense does not require written permission from the member for providers to file expedited appeals on the member’s behalf. WellSense will not take punitive action against providers who request an expedited resolution on behalf of a member.

An expedited internal appeal is conducted by a healthcare professional with the appropriate clinical expertise in treating the medical condition, performing the procedure, or providing the treatment that is the subject of the action. During the expedited appeal review process, WellSense will consult, if appropriate, with same or similar actively practicing specialty providers who typically treat the medical condition, perform the procedure, or provide the treatment involved in the appeal. A determination is made within 72 hours of receiving the expedited internal appeal.

The expedited appeal timeframe may be extended up to 14 calendar days if the member or member’s authorized representative requests the extension, or if WellSense can justify that:

• There is a need for additional information; and
• The extension is in the member’s best interest.

WellSense allows reasonable opportunity for a member or authorized representative to present evidence and allegations of fact or law in person as well as in writing. WellSense also reminds a member or authorized representative of the limited time available for this opportunity in the case of an expedited internal appeal.

WellSense may reject a member or authorized representative’s request for an expedited appeal. In the event the request is rejected, WellSense will:

• Convert the requested expedited internal appeal to the timeframe for standard internal appeal resolution, and
• Make reasonable efforts to give the member or authorized representative oral notice of the denial for expedited review, and will send written notice within two calendar days.

WellSense may only reject a provider’s request on behalf of a member for an expedited internal appeal if WellSense determines the request is unrelated to the member’s health condition.

The member has the right to file a grievance regarding the denial of an expedited internal appeal request.
WellSense will continue to provide benefits to the member, pending a resolution, as long as the request for an internal appeal:

- Is received within 10 calendar days of the date of the Plan’s notice, or the intended effective date of the Plan’s proposed action;
- Involves the termination, suspension, or reduction of a previously authorized course of treatment;
- Is for a service ordered by an authorized provider;
- Is within the authorization period;
- The member requests the appeal within 60 calendar days following the date of the initial denial letter, and
- The member requests extension of benefits, orally or in writing.

The member may be required to pay the cost of services received pending an internal appeal if the appeal results in a decision to uphold WellSense’s initial denial or partial approval. Members are notified of this in the Member Handbook and the Notice of Rights for Standard, Expedited, and State Fair Hearing Appeals insert which accompanies action and appeal correspondence from WellSense.

WellSense notifies the member and/or authorized representative and treating provider of the decision on an expedited appeal by telephone and in writing. After the resolution of the expedited internal appeal with WellSense, a member or authorized representative may submit an external appeal request to the DHHS if the request is still denied or partially approved.

Members and/or authorized representatives may submit an external appeal request to the DHHS only after exhausting WellSense’s internal appeal process. An overview of the DHHS external appeals process is outlined below.

**DHHS State Fair Hearing**

A State Fair Hearing through the New Hampshire DHHS is an independent review by the State of a member’s request for coverage of denied or partially approved services through WellSense. A member may be eligible for a State Fair Hearing appeal only after they have exhausted WellSense’s internal standard or expedited appeals process and have received a denial or partial approval. If a member or authorized representative wishes to request a State Fair Hearing through DHHS, they must do so within 120 calendar days of the date of WellSense’s internal appeal denial or partial approval letter.

A member may be eligible to receive continuation of benefits throughout the State Fair Hearing process if:

- The member or authorized representative requests a hearing within 10 calendar days of the date of the Plan’s internal appeal denial/partial approval notice;
- The appeal involves the termination, suspension, or reduction of a previously authorized course of treatment;
- The service was ordered by an authorized provider;
- The authorization period has not expired;
- The Member files the request for a State Fair Hearing appeal within 60 calendar days following the date of the initial denial letter; and
The Member requests extension of benefits, orally or in writing, says, either orally or in writing that they do not want to continue benefits.

The member may be required to pay the cost of services received pending a State Fair Hearing if the State Fair Hearing results in a decision to uphold WellSense’s denial or partial approval. Members are notified of this in the Member Handbook and the Notice of Rights for Standard, Expedited, and State Fair Hearing Appeals insert which accompanies action and appeal correspondence from WellSense. **Members or authorized representatives may file a request for a State Fair Hearing Appeal in writing to:**

New Hampshire Administrative Appeals Unit  
105 Pleasant Street  
Main Building  
Concord, NH 03301-6521

**State Health Insurance Assistance Program (SHIP)**

If WellSense determines that a dual-eligible member’s appeal is solely related to a Medicare service, WellSense will refer the member or authorized representative to New Hampshire’s SHIP.

The State Health Insurance Assistance Program, or SHIP, is a federal grant program that helps states enhance and support a network of local programs, staff, and volunteers. Through one-on-one personalized counseling, education, and outreach, this network of resources provides accurate and objective information and assistance to Medicare beneficiaries and their families. This allows the recipients to better understand and utilize Medicare benefits. SHIP is currently administered by ServiceLink Aging and Disability Resource Center. Members or authorized representatives will be informed that they may contact the SHIP program at 866-634-9412 or by accessing their website at [www.servicelink.nh.gov](http://www.servicelink.nh.gov).

**Medicare Complaints, Grievances, and Appeals**

We have an effective process to respond in a timely manner to member complaints, grievances, and appeals. If the complaint deals with medical necessity or a coverage issue, we offer the member assistance and inform him/her of the appeals process. You may assist in resolving a member issue by furnishing documentation and other information that we request, and may be appointed as an Authorized Representative by the member to act on a the member’s behalf regarding a grievance, internal or external appeal.

**Member Grievance Process**

The member grievance process begins upon WellSense’s receipt of a verbal or written complaint. Members can also file quality of care grievances with the QIO as well as WellSense.

The preferred way for a member or the member’s Authorized Representative, including a provider on behalf of a member, to file a grievance is to put it in writing and send it to us by mail or fax. A grievance also may submitted orally by calling the WellSense Member Services Department at 877-957-1300.
Written grievances should include name, address, WellSense Medicare Advantage HMO ID number, daytime telephone number, detailed description of the grievance (including relevant dates and provider names), and any applicable documents that relate to the grievance (such as billing statements). Written grievances should be faxed to 617-897-0805 or postal mailed to:

WellSense Medicare Advantage HMO
Member Grievances Department
529 Main Street, Suite 500
Charlestown, MA 02129

Members, or their Authorized Representatives, may also file a Grievance at any time with CMS.

In addition, whenever WellSense disapproves a member or an Authorized Representative’s request for an expedited Organization Determination, expedited Coverage Determination, expedited Appeal, or extends the times for resolving an Organization Determination or Reconsideration (Appeal), members or their Authorized Representatives can file an Expedited Grievance.

Grievances are considered according to the following process:

1. An Appeals and Grievance Specialist acknowledges the receipt of the grievance in writing.
2. Grievances are reviewed within 30 calendar days (or within 24 hours if the grievance is expedited). Under certain circumstances, grievance reviews may be extended up to 14 calendar days.
3. Reviews will be performed by appropriate healthcare professionals who are knowledgeable about the type of issues involved in the grievance.
4. If a Grievance is related to the quality of a Provider’s office, WellSense may conduct an office site visit based on the severity of the issue or if the office site has had two or more similar Grievances within three months or three or more Grievances within six months of the Grievance receipt date.

It is the expectation of WellSense that you kindly respond in a timely manner to our requests for information relating to grievances.

**Member Appeals**

**Fast-Track Appeals**

A fast-track appeal is when a member disagrees with the coverage termination decision from a SNF, HHA, or CORE, or upon discharge notification from an inpatient hospital. To initiate a fast-track appeal, a member must make their request timely to the QIO (Kepro) authorized by Medicare to review the aforementioned services. Members and/or Authorized Representatives are given instructions in their discharge notification about how to contact Kepro to initiate the fast-track appeal process.

When a member files a fast-track appeal, the QIO will notify WellSense and WellSense will notify the facility that the member, or their Authorized Representative, has filed the Appeal. WellSense will then require a copy of the Notice of Medicare Non-Coverage (NOMNC) or Important Message (IM) and the member’s entire medical record from the facility or agency. Once the information is received it will be reviewed by an appropriate health care professional who will prepare the appropriate response letter being either a Detailed Explanation of Non-Coverage (DENC) or Detailed Notice of Discharge
(DNOD). WellSense, in conjunction with the provider, will fax to the QIO the applicable notices and the complete medical record the day the Fast-Track Appeal is received or by close of business the day before the member is due to be discharged from services. WellSense may request provider assistance in delivery of the response letter to the member (DENC or DNOD).

**Standard and Expedited Reconsideration (Appeal) for Part C Services**

WellSense’s Standard Reconsideration Process consists of one level of appeal and the process may not exceed more than 30 calendar days from the date WellSense receives the member’s or Authorized Representative’s request for Appeal, unless the timeframe is extended. A Standard Appeal will be considered a final level of internal review. Members or their Authorized Representative may request Standard Appeals. A treating provider may also file a Standard Appeal on behalf of the member. WellSense will not take any punitive action against a provider who files an appeal on behalf of a member or who supports a member’s request for an appeal.

WellSense’s Expedited Reconsideration Process consists of one level of review and will conclude no more than 72 hours from the time WellSense received the member’s or Authorized Representative’s request for expedited appeal, unless the timeframe is extended. An Expedited Appeal will be considered a final level of internal review.

Timeframes for Standard and Expedited Reconsideration may be extended for up to 14 calendar days. Extensions may only be granted if:

- The member and/or Authorized Representative requests or voluntarily agrees to the extension, or
- WellSense can justify (upon request) that the extension is in the member’s interest, and
- There is a reasonable likelihood that receipt of such information would lead to approval of the request, if received.

For any extension not requested by the member and/or Authorized Representative, WellSense shall provide the member and/or Authorized Representative written notice of the reason for the extension. (It should be noted that members have the right to file an Expedited Grievance on an extension decision made by WellSense.)

If an Appeal does not qualify for an extension, WellSense must make the appeal decision within the allotted time frame based on the information available.

WellSense may dismiss a Standard or Expedited Reconsideration if:

- A person other than the member files the Appeal on the member’s behalf and the member does not submit written authorization for that person to serve as their Authorized Representative prior to the deadline for resolution of the Appeal, or
- WellSense becomes aware that the member has obtained the service before WellSense completes its Appeal review, or
- The member or Authorized Representative filed a Standard or Expedited Appeal beyond the 60 calendar day filing limit (60 days from when WellSense provided the Member notice of the adverse Organization Determination), unless the member shows good cause.
Standard and Expedited Redetermination (Appeal) for Part D Drugs

- **WellSense’s Standard Redetermination Process** consists of one level of appeal and the process may not exceed more than seven calendar days from the date WellSense receives the member’s or Authorized Representative’s request for Appeal. A Standard Appeal will be considered a final level of internal review and may not be extended.

- **WellSense’s Expedited Redetermination Process** consists of one level of review and will conclude no more than 72 hours from the time WellSense received the member’s or Authorized Representative’s request for expedited appeal. An Expedited Appeal will be considered a final level of internal review and may not be extended.

Standard and Expedited Reconsideration (Appeal) for Part B Drugs

- **WellSense’s Standard Reconsideration Process** consists of one level of appeal and the process may not exceed more than seven calendar days from the date WellSense receives the member’s or Authorized Representative’s request for Appeal. A Standard Appeal will be considered a final level of internal review and may not be extended.

- **WellSense’s Expedited Reconsideration Process** consists of one level of review and will conclude no more than 72 hours from the time WellSense received the member’s or Authorized Representative’s request for expedited appeal. An Expedited Appeal will be considered a final level of internal review and may not be extended.

Depending upon plan type and service(s) requested, members may be eligible for certain external appeal options through the CMS IRE. The member’s reconsideration and redetermination letters will provide specific instructions on next steps and their options on how to proceed if members and/or their Authorized Representative wish to file an external appeal.

### 10.5 Provider reviews related to inquiries, grievances, and appeals

#### Monitoring provider performance

WellSense monitors the performance of physicians, hospitals, and other participating healthcare providers related to member inquiries, grievances, and appeals by:

- Conducting concurrent and retrospective chart reviews
- Reviewing utilization patterns
- Analyzing results of member satisfaction surveys
- Compiling information from member inquiries, grievances, and appeals

#### Provider quality issues

WellSense routinely provides feedback to providers on a case-by-case basis relevant to quality issues. If it is determined that a quality issue exists, the following procedure applies:

- WellSense’s quality manager or medical director notifies the provider of the issue. The provider must respond to WellSense either orally or in writing within 30 calendar days of the notification. A provider’s response is reflected in WellSense’s final determination of the severity
level. Levels range from “no quality of care issue was identified” to “a quality of care issue with confirmed significant adverse impact to the member.”

- Upon receiving a provider’s response, the medical director, and/or the clinician reviewer, in conjunction with the provider, determines if a corrective action plan is required. The decision is based on the severity level of the issue and on the provider’s response.
- The medical director and/or clinician reviewer works collaboratively with providers to develop, implement, and evaluate the corrective action plan. Modifications to WellSense are made as appropriate. If a provider does not comply with the final plan, the medical director may take further action to resolve the concern.
- Based on the severity of the quality of care issue, the medical director may require the Credentialing Committee to conduct an off-cycle review of the provider’s practice.

WellSense maintains documentation of performance monitoring in providers’ credentialing files, which is reviewed at the time of re-credentialing. For additional details, review Section 14: Quality Management on page 145 or contact the Provider Engagement team by visiting at wellsense.org.
Section 11: Care Management Services

11.1 General information

WellSense knows that a fragmented approach to members’ health needs does not allow for the best level of care. That’s why WellSense’s Care Management Model integrates physical, social, behavioral health services, pharmacy management, and wellness programs, enabling us to fully respond to our members’ needs.

This integrative and collaborative approach includes assessing the member’s overall health status, facilitating coverage for medically necessary services, social and community-based services, and advocating for the member as he or she navigates the healthcare system.

Program goals

WellSense’s priority is to help members with all their health-related needs, including members with special health care needs who may have developmental delays and co-occurring disorders and members receiving services through waiver programs. The goal is for members to regain optimum health or improved functional capability. WellSense aims to proactively identify and engage our members, their families, and significant supports in a way that integrates care management with medical, social, environmental, behavioral health, medication management, wellness, and community support. We focus on what matters to members, the provider’s care and coordination of services, other Plan resources and departments (e.g., UM, Pharmacy, Member Services, and Provider Engagement). We maximize value through the most efficient use of available resources and technology, resulting in better health, better experience, and better health outcomes.

Our clinical and/or non-clinical professionals use a multi-disciplinary approach, providing goal-oriented and culturally competent services to members. With an emphasis on prevention, self-management, and care coordination across providers and health settings, this approach ensures the provision of necessary services by a member’s primary care physician, licensed professionals, agencies, and caregivers.

11.2 Components of the care management program

WellSense’s Care Management program consists of the following components:

- Care coordination and care navigation for medical, behavioral health, and social needs
- Non-emergency medical transportation
- Wellness and prevention programs
- Chronic care management programs
- High-cost/high-risk member management programs
- Management of members with Priority Population characteristics: Adults and children with special health care needs, including members with:
  - HIV/AIDS
  - A Serious Mental Illness (SMI)
• A serious emotional disorder (SED)
• Intellectual/developmental disability
• Substance use disorder diagnosis (SUD)
• Chronic pain
• Members receiving services under HCBS waivers
• Members identified as those with rising risk
• Individuals with high unmet resource needs
• Mothers of babies born with neonatal abstinence syndrome
• Pregnant women with SUD
• Intravenous drug users, including members who require long-term IV antibiotics and/or surgical treatment as a result of IV drug use
• Individuals who have been in the ED for an overdose event in the last 12 months
• Recently incarcerated individuals
• Individuals who have a suicide attempt in the last 12 months.

• Children with special health care (CSHC) needs (those who have an increased risk for, chronic physical, developmental, behavioral, or emotional conditions, who require health and related services of a type beyond that, required by children generally)
• Coordination and integration with social services and community care
• Coordination of long term services and supports

**Goals regarding significant disability or disabling disease**

When members have a significant disability or disabling disease, the care management program helps them maintain an acceptable quality of life in a cost-effective manner, while offering the highest quality of care. Early identification of members and disabilities, disabling conditions, or frailty is essential to WellSense’s ability to conduct an assessment resulting in an individualized and comprehensive person-centered plan for the member.

**Identifying members for enrollment in care management**

WellSense identifies members for enrollment through different methods, including algorithms based on analysis of medical, pharmacy, radiology, and/or laboratory claims, as well as health needs assessments (HNA) or referrals from providers. Members are also identified by WellSense staff (e.g., Inpatient Utilization Management clinicians, Prior Authorization clinicians), Carelon Behavioral Health staff, Northwood staff, and, as applicable, state agencies. Also, members can make a self-referral into care management. Your Provider Engagement consultant can provide you with a membership roster, refreshed daily on the provider portal, identifying members who have completed a health needs assessment (HNA). Please be aware that completed member HNAs are available to providers upon request to your Provider Engagement Consultant or to NHProviderInfo@wellsense.org.

**Assessing member’s medical, social, behavioral health needs**

Members who agree to participate in care management are assigned a care manager and a comprehensive assessment is conducted with the member either telephonically or in-person.
Individual and comprehensive person-centered care plans include the identification of problems, interventions, and goals unique to the individual to meet his/her health needs, with interventions identified through available benefits to the member and community based services. Providers collaborate in the development of the care plan along with the member and primary caregivers.

### 11.3 Care Management levels of intervention and targeted members

The program includes three levels of intervention:

- I. Care Management Education and Wellness
- II. Low to Moderate Risk Care Management and Chronic Condition Management
- III. Complex Care Management

#### I. Care Management Education and Wellness

This level offers information and coaching so members can successfully manage illness and stay healthy. We coach the members and share culturally and linguistically appropriate materials, tools, and resources that promote wellness and disease prevention. These include:

- **Educational initiatives:**
  - Smoking cessation program information
  - Childbirth education classes
  - Nutritional counseling
  - Stress management
  - The importance of physical activity and self-care training, including self-examination
  - Education on taking over-the-counter and prescribed medications appropriately and how to coordinate these medications

Members and caregivers receive personalized information regarding signs and symptoms of common diseases and conditions—such as any of the population conditions described above, stroke, diabetes, and depression—and their potential complications. The program focuses on teaching patients the importance of self-managing their own health, along with working with their healthcare provider, to accomplish their health-related goals. WellSense emphasizes that early intervention and risk reduction strategies can help avoid complications that occur with disability and chronic illness.

As a partner in fostering the health of our members, WellSense works with providers to integrate health education, wellness, and disease prevention into member’s care.

#### II. Low to Moderate Risk Care Management and Chronic Condition Management

This is an intermediate-level care management program with a focus on helping members develop self-management skills, arranging services and providing health education for members with specific medical, behavioral, and social needs. This level offers a more involved approach where care managers work directly with members and their care team, either by telephone or in person. They assess a member’s condition, coordinate care, and review available benefits. The care manager, with assistance from the care team, can help set up services such as family support and community resources. Additionally, the care manager develops and implements individualized care plans for each member, emphasizing psychosocial and socioeconomic support, self-management goals, care coordination,
ongoing monitoring, and appropriate follow-up. The care managers assist in coordinating physical, social, and behavioral health services and benefits that will help maintain a member’s optimum health.

Targeted conditions are those with comorbid chronic conditions.

**Maternity care management: Sunny Start**

Care Managers with expertise in Maternal and Child Health, in collaboration with Carelon Behavioral Health SUD Coordinator, provide an integrated, high-touch approach to care management for infants with NAS and their mothers. Use of evidence-based protocols determines the specific interventions employed. Care managers develop strategies to address immediate care needs that impact continued substance use on mother and child. Care Managers ensure follow up with the specialty pediatrician to monitor the infant’s withdrawal symptoms and ability to meet developmental milestones, and consider referral to early intervention for the infant. Care managers also provide referrals to the mother for SUD treatment, including Peer Recovery, self-help groups, and Recovery Housing. Additional services and supports, for both infant and mother, include care manager home visits to offer support, coordination, as applicable, with the NH Division for Children, Youth and Families (DCYF) and, if the mother receives treatment at a Community Mental Health Center (CMHC), integrated care management in the CMHC setting.

Providers are required to notify WellSense’s Prior Authorization department of every confirmed member pregnancy. This will allow for members to benefit from participating in the pregnancy/postpartum program.

**III. Complex Care Management**

This complex level of intervention addresses the needs of the highest risk members, who are the most complex members of WellSense’s care management program. They typically have comorbidities, psychosocial and socioeconomic needs, and high emergency department and inpatient admission utilization that can significantly diminish their quality of life. They may also be unable to adhere to treatment plans designed by their providers. Care management staff uses a multidisciplinary approach to comprehensively assess members’ conditions. They conduct face-to-face meetings if appropriate. With the member’s cooperation, they coordinate care through the health care continuum, which helps determine benefits and needed resources, including family and community resources, working with the member’s Primary Care Provider and local care team.

An individualized care plan is developed and implemented for each member, emphasizing psychosocial support, socioeconomic support, self-management goals, care coordination, coordinating with staff in other agencies, or community service organizations. WellSense also identifies barriers to meeting goals, assesses the member’s ability to comply with treatment goals, provides ongoing monitoring, performs appropriate followup, and modifies the plan as needed. Care managers and coordinators work with and educate members to navigate the health care system. Members are provided with information relevant to their needs and stage of readiness, with a goal of averting the need for more intensive medical services.
Conditions that may be appropriate for a care management referral include Priority Populations and chronic comorbidity conditions.

Indications that a member may benefit from a referral to complex care management for any medical condition (including one managed through the Priority Populations) include, but are not limited to:

- Members who show evidence of having certain functional impairments that impact personal skills and/or clinical needs
- Members with a high risk score, who are also high-cost and/or who have high emergency department, inpatient, or pharmacy usage
- Members who are homeless
- An illness or event that has caused a change or decline in ability to self-manage
- Multiple admissions/readmissions

### 11.4 Care management process

WellSense uses the care management process with clinical, social, and behavioral health care managers, community wellness advocates, and a housing coordinator who handle:

- Assessment
- Planning
- Intervention
- Evaluation

### 11.5 Community service resource support

WellSense strives to provide a comprehensive list of services to our members including providing community service resource contact information to those in need of assistance with food stamps, housing, and clothing.

### 11.6 Contacting the care management staff

WellSense encourages providers to contact WellSense’s Care Management department at 855-833-8119 if you feel a member could benefit from care management services.
Section 12: Behavioral Health Management

12.1 General information

WellSense contracts with Carelon Behavioral Health to manage WellSense’s Behavioral Health Program.

Carelon Behavioral Health is responsible for managing all aspects of WellSense’s Behavioral Health program, including:

- Provider credentialing and contracting
- Claims processing and adjudication
- Quality management and improvement
- Case management/utilization management
- Member grievances and appeals
- Member services
- Service accessibility and availability

Behavioral health providers must contract with and be credentialed by Carelon Behavioral Health in order to provide services to WellSense members. Providers may access the Carelon Behavioral Health - WellSense Policy and Procedure Manual by visiting Provider Tools at carelonbehavioralhealth.com > Provider Dashboard > New Hampshire > WellSense.

WellSense and Carelon Behavioral Health have designed a Behavioral Health Management Program to guide and support providers in delivering and coordinating care for WellSense members. This Program is part of WellSense’s health services program.

Providers should contact WellSense’s Behavioral Health service line—staffed by Carelon Behavioral Health at 855-834-5655 or the TTY/TDD line at 711 for the following behavioral health services:

- Prior authorizations
- Concurrent reviews
- Care management
- Reporting behavioral health adverse incidents 24 hours a day, 365 days a year

For specifics, please see the Carelon Behavioral Health Provider Manual.

12.2 Behavioral health department activities

A range of emotional, social, and behavioral issues can pose a major threat to the overall health and quality of life for some members. Therefore, WellSense’s Behavioral Health Program, managed by Carelon Behavioral Health, plays a central role in overseeing and managing the delivery of behavioral health and substance use disorder services for WellSense members, as well as coordinating these needs with medical services. Behavioral Health Program activities focus on:
• Evaluating behavioral health services based on clinical criteria.
• Coordinating effective and efficient care through a continual review process, when additional behavioral health services are required beyond those given prior authorization by Carelon Behavioral Health.
• Using care management approaches to tailor services to our members’ needs, considering their medical and behavioral health conditions.
• Ensuring that our members care is provided in a context of cultural and linguistic competency to the greatest extent possible.
• Closely monitoring members whose level of acuity and/or utilization patterns suggest a need for additional assistance and care coordination.
• Developing and maintaining contractual agreements with available community resources and providers that represent a full continuum of behavioral health care through network development activities.
• Working collaboratively to coordinate members’ care and providing timely and accurate information in compliance with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) and 42 CFR Part 2.

Utilization management decision-making is based on the appropriateness of care and service and the terms of WellSense coverage. Neither WellSense nor Carelon Behavioral Health provides financial or other types of incentives to providers, practitioners, employees, or other individuals for issuing denials of coverage or services.

**Note:** All inpatient and outpatient behavioral health services rendered by out-of-network providers require prior authorization from Carelon Behavioral Health, except for emergency services.

### 12.3 Communication and coordination of member treatment

WellSense and Carelon Behavioral Health collaborate with providers to manage members’ care and ensure that WellSense meets individual needs in the most clinically appropriate setting, considering both behavioral and medical needs. WellSense is committed to improving the quality of care delivered to members. To that end, we have developed a joint [Behavioral Health and PCP Communication form](#) to increase the frequency and quality of information shared between behavioral health clinicians and primary care providers (PCPs). With informed member consent, this form can be used by PCPs and behavioral health providers to communicate with one another. Advantages to using one form include:

• Less administrative burden for providers—one form limits the time needed to locate the correct form and link to the member’s health plan.
• Consistency in the provision of information shared between behavioral health providers and PCPs.
• Clear and consistent information request and exchange, resulting in timely collaboration.

The “two-way” communication form can be faxed (along with appropriate documentation from the member for release of information) and can be easily placed in the member’s record.
Carelon Behavioral Health contract and additional information

Claims

Providers are required to submit claims for behavioral health services provided to WellSense members directly to Carelon Behavioral Health within 120 days of the date of service via Carelon Behavioral Health’s EDI Gateway and eService’s electronic transaction portal.

12.4 Psychiatric emergency and crisis services

Psychiatric emergency and crisis services are available to WellSense members as follows:

- Available to any individual in New Hampshire who may be experiencing an acute episode of psychiatric distress or an acute exacerbation of an illness.
- Information is gathered over the phone and a determination is made as to what type of intervention is required, such as information and referral, an emergency outpatient appointment, or an immediate assessment.
- After-hours assessments may take place in a Community Mental Health Program office or at a local hospital’s emergency department.
- Assessments are performed by a master’s-level clinician, in conjunction with a psychiatrist if necessary.
- The assessment may determine the need for immediate care in a hospital or another community residential alternative.
- Services are available 24 hours a day, 365 days a year.

12.5 Mental health parity assurance

Federal and state laws require WellSense to provide coverage for mental health and substance use disorder treatments as favorably as it provides coverage for other medical health services. This is referred to as parity. Parity laws require that coverage for mental health and/or substance use disorders be no more restrictive than coverage for other medical conditions, such as diabetes or heart disease. For example, if WellSense provides unlimited coverage for physician visits for diabetes, it must do the same for depression or schizophrenia.

Parity means that:

- We must provide the same level of benefits for any mental health and/or substance use disorder as we would for other medical conditions our members may have.
- We must not impose stricter prior authorization requirements and treatment limitations for mental health and substance use disorder benefits as we do for other medical benefits.
- We must provide our members and their providers with the medical necessity criteria used by us for prior authorization upon either the member’s or provider’s request at no cost.
- We must not impose aggregate lifetime or annual dollar limits on mental health or substance use disorder benefits.
• Within a reasonable time frame, we must provide the member the reason for any denial of authorization for mental health and/or substance use disorder services.
• Within a reasonable timeframe, if we provide out-of-network coverage for other medical benefits, we must provide comparable out-of-network coverage for mental health and/or substance use disorder benefits.

The parity requirement applies to:
• Drug copayments
• Limitations on service coverage (such as limits on the number of covered outpatient visits)
• Use of care management tools (such as prescription drug rules and restrictions)
• Criteria for determining medical necessity and prior authorizations
• Prescription drug list structure

If you think that we are not providing parity as explained above, you or a member have the right to file an appeal or file a grievance (complaint) with us. For more information, refer to Section 10: Member Appeals, Inquiries, and Grievances on page 113.

With respect to our Medicaid Members: If you think we did not cover behavioral health services (mental health and/or substance use disorder services) in the same way as medical services, you or a member may also file a grievance or complaint with the New Hampshire Department of Insurance Consumer Services Hotline at 1-800-852-3416 (TDD Access Relay: 1-800-735-2964), Monday through Friday, 8:00 a.m. to 4:30 p.m. ET, or online at nh.gov/insurance/complaints/index.htm.

**Community Mental Health Centers**

In case of a mental health and/or substance use crisis or emergency call the toll-free NH Rapid Response Access Point (1-833-710-6477) anytime day or night.

<table>
<thead>
<tr>
<th>Community Mental Health Center</th>
<th>Contact Information</th>
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<tbody>
<tr>
<td>Center for Life Management</td>
<td>10 Tsienneto Road</td>
</tr>
<tr>
<td></td>
<td>Derry, NH 03038</td>
</tr>
<tr>
<td></td>
<td>Phone: 603-434-1577</td>
</tr>
<tr>
<td></td>
<td>centerforlifemanagement.org</td>
</tr>
<tr>
<td>Community Partners</td>
<td>113 Crosby Road, Suite 1</td>
</tr>
<tr>
<td></td>
<td>Dover, NH 03820</td>
</tr>
<tr>
<td></td>
<td>Phone: 603-516-9300</td>
</tr>
<tr>
<td></td>
<td>communitypartnersnh.org</td>
</tr>
<tr>
<td>Greater Nashua Mental Health Center at Community Council</td>
<td>7 Prospect Street</td>
</tr>
<tr>
<td></td>
<td>Nashua, NH 03060-3990</td>
</tr>
<tr>
<td></td>
<td>Phone: 800-762-819; (603) 889-6147</td>
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<tr>
<td></td>
<td><strong>Emergency Services</strong></td>
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<tr>
<td></td>
<td>(800) 762-8191</td>
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<tr>
<td></td>
<td>gnmhc.org</td>
</tr>
<tr>
<td>Lakes Region Mental Health Center</td>
<td>40 Beacon Street East</td>
</tr>
<tr>
<td>Location</td>
<td>Address</td>
</tr>
<tr>
<td>----------</td>
<td>---------</td>
</tr>
<tr>
<td>Mental Health Center of Greater Manchester</td>
<td>401 Cypress Street Manchester, NH 03103 Phone: 603-668-4111</td>
</tr>
<tr>
<td>Monadnock Family Services</td>
<td>64 Main Street, Suite 301 Keene, NH 03431 Phone: 603-357-4400</td>
</tr>
<tr>
<td>Northern Human Services</td>
<td>87 Washington Street Conway, NH 03818 Phone: (603) 447-3347</td>
</tr>
<tr>
<td>Riverbend Community Mental Health Center</td>
<td>70 Pembroke Street PO Box 2032 Concord, NH 03302-2032 Phone: 844-743-5748</td>
</tr>
<tr>
<td>Seacoast Mental Health Center, Inc.</td>
<td>1145 Sagamore Avenue</td>
</tr>
</tbody>
</table>


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<thead>
<tr>
<th>Provider Manual</th>
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</thead>
</table>
| **Portsmouth, NH 03060**  
**Phone:** 603-431-6703  
**Emergency Services**  
- Exeter (603) 772-2710  
- Portsmouth (603) 431-6703  
[smhc-nh.org](http://smhc-nh.org) |

<table>
<thead>
<tr>
<th>West Central Behavioral Health</th>
</tr>
</thead>
</table>
| **9 Hanover Street, Suite 2**  
**Lebanon, NH 03766**  
**Phone:** 800-564-2578  
**Emergency Services**  
(800) 564-2578  
[wcbh.org](http://wcbh.org) |
Section 13: Pharmacy Services

In addition to the pharmacy information in this manual, we have a Provider Pharmacy section on our website that provides additional information and resources.

<table>
<thead>
<tr>
<th>Information Needed</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Up-to-date medication coverage information</td>
<td>View the pharmacy formulary. Call our Pharmacy department at 877-957-1300.</td>
</tr>
<tr>
<td>Prior authorization forms and clinical guidelines</td>
<td>View the Prior Authorization forms and guidelines page.</td>
</tr>
<tr>
<td>Maintenance Drug program</td>
<td>View the Maintenance Drug program. Call WellSense at 877-957-1300.</td>
</tr>
<tr>
<td>To verify which medications are available or excluded from the Maintenance Drug program</td>
<td>View the Pharmacy formulary.</td>
</tr>
<tr>
<td>Office administered drugs (i.e., injectables) that require prior authorization</td>
<td>View the Pharmacy formulary. View the Prior Authorization form and clinical guidelines.</td>
</tr>
<tr>
<td>List of covered medications</td>
<td>View the Pharmacy formulary.</td>
</tr>
</tbody>
</table>

13.1 General information

WellSense’s Pharmacy Services division helps contribute to the organization’s broad goal of keeping members healthy. To ensure that members receive quality, affordable healthcare, WellSense contracts with a pharmacy benefits manager (PBM) to provide a pharmacy network and manage the pharmacy benefits offered to members. In addition, the pharmacy program offers comprehensive utilization management.

13.2 Pharmacy and Therapeutics (P&T) committee

WellSense maintains a Pharmacy and Therapeutics (P&T) committee that is comprised of actively practicing physicians, pharmacists, and other practitioners, both internally and externally. The committee develops and manages WellSense’s drug formulary to reflect current evidence-based clinical practice. It also helps to maintain compliance with all applicable legal, regulatory, and accreditation standards.

In addition, the committee evaluates the most current medical literature and consults with appropriate practitioners to develop clinical coverage criteria used to administer WellSense’s pharmacy utilization management programs. These programs include prior authorization, step-therapy edits, and quantity limitations. Clinical coverage criteria are updated at least annually and approved by the P&T committee (and, as applicable, by the NH DHHS).
The P&T Committee may also advise WellSense on other pharmacy-related issues that would enhance WellSense’s ability to deliver pharmacy benefits to members and improve the quality of the pharmacy management program.

### 13.3 Drug Utilization Evaluation program

Pursuant to WellSense’s Drug Utilization Evaluation policy, as approved by the P&T Committee, Pharmacy Services can perform an ongoing drug use evaluation of physician prescribing patterns, pharmacist dispensing activities, and member use of medications. This involves a comprehensive review of member prescription and medication data before, during, and after dispensing, to ensure appropriate medication decision-making and positive member outcomes. WellSense may then recommend interventions to physicians, pharmacists, and members, as necessary. To determine effectiveness, the P&T Committee also monitors utilization and compliance with the identified interventions.

### 13.4 Prescription Drug Monitoring Program (PDMP) or Drug Monitoring Program (DMP)

The Prescription Drug Monitoring program (PDMP) identifies Medicaid members at risk for inappropriate use of medications that have potential for abuse, including schedule II–V controlled substances and high-risk non-controlled substances. Members are automatically enrolled into the program if they are identified through algorithms that incorporate pharmacy claims and medical service utilization data.

The program incorporates both automatic interventions and clinical pharmacist review of member cases for interventions depending on the specific algorithm triggered. All cases referred into the program by internal staff or providers are evaluated by a clinical pharmacist. As part of the review process, the clinical pharmacist evaluates the member’s medical history, including emergency room visits, patterns of medication use, and gaps in coordination of care among prescribers to identify the appropriate intervention(s) to be completed, if any.

Intervention actions may include direct provider communication, restriction of all prescriptions with the exception of specialty drugs through a single pharmacy and/or physician (physician group), as well as referrals to fraud, waste, and abuse for further evaluation. The goal of the program is to assist health care providers to be better informed of their patients’ medication use patterns, and promote proactive management to minimize the potential for medication misuse.

In addition to regularly identifying individuals for enrollment, the PDMP also enrolls members through provider referrals. To learn more or to enroll a member, call the Provider Service Center at 877-957-1300.

Additionally, Providers who prescribe or dispense schedule II–V controlled substances are required to comply, as applicable, with the New Hampshire PDMP requirements, including but are not limited to the opioid prescribing guidelines.
The Drug Monitoring Program (DMP) identifies Medicare members who are potentially over-utilizing frequently abused drugs (FADs). Members are identified for enrollment into the program through internal reports as well as reports provided by the Centers for Medicare and Medicaid (CMS). The goal of this program is to address overutilization of FADs while maintaining access to such drugs as medically necessary.

The program consists of a pharmacy case management program that will review overutilization to assess member safety, fraud, waste, and abuse. After clinical review a pharmacist will perform coordination of care through prescriber outreach and consultation to determine if medication use is appropriate. If medication use it determined to be inappropriate members will be considered at-risk beneficiaries and interventions may include restriction of medication access through point-of-sale quantity limits, single pharmacy restrictions, or restrictions to a single prescriber. Outcomes of case management review and interventions will be reported to CMS.

### 13.5 Retrospective Drug Utilization Review for members receiving Medication Assisted Treatment Services and also taking Opioids and/or benzodiazepines

Retrospective Drug Utilization (RDUR) Program identifies New Hampshire Medicaid members who are receiving Medication Assisted Treatment (MAT) services and have also received at least a 45 day supply of an opioid and/or benzodiazepine in the last 90 days and are therefore at increased risk for medication abuse and overdose. The program incorporates interventions targeted at provider education and care coordination through provider outreach. Overall, the Program aims to assist providers with coordination of care and reduce the number of opioid/benzodiazepine prescriptions in members receiving MAT services.

### 13.6 WellSense’s formulary

WellSense’s formulary is the primary source of information on medications available through the prescription pharmacy benefit. The formulary contains information on medication coverage, applicable pharmacy programs, and copayment tier status. Providers should use the formulary as a reference when prescribing medications to WellSense members. WellSense updates the formulary with new medications and medication coverage changes every three months or more frequently as needed. Changes to WellSense’s formulary are also mailed to the provider network as needed.

### 13.7 Pharmacy benefits

**Pharmacy Benefits Manager (PBM)**

The Pharmacy Benefits Manager administers WellSense’s prescription drug benefits. This includes contracting with a comprehensive network of retail pharmacies available to members. Use the Find a
Pharmacy tool to access a list of in-network retail pharmacies affiliated with the Pharmacy Benefits Manager.

Over-the-counter formulary

The over-the-counter (OTC) coverage includes many commonly used over-the-counter medications and select medical devices that are available through the retail pharmacy network. Generic medications, devices, or specific brand medications that are explicitly listed on the OTC formulary are covered through the OTC benefit. A prescription must be written for the covered item so that it can be processed as a pharmacy claim.

The WellSense Medicare Advantage HMO plan coverage does not include over-the-counter medications. However, members enrolled in the plan will receive an over-the-counter allowance of up to $125 per calendar quarter. If members do not use their quarterly allowance, it rolls over to the next calendar quarter throughout the same calendar year, up to $500.

13.8 Pharmacy Utilization Management programs

Our Pharmacy Utilization Management (UM) programs are designed to manage the utilization of drugs that can be obtained through retail pharmacies, specialty pharmacies, or in a provider setting. These programs include prior authorization, step therapy, quantity limitations, generic substitution, new-to-market (NTM) medication program, and the medication exceptions process. Medications managed through any of these programs require submission of a Prior Authorization request. A utilization review decision will be rendered on the coverage of the requested medication. These programs are updated regularly, based on WellSense’s P&T Committee’s recommendations, and reflect the ever-changing field of pharmaceuticals.

To ensure timely and appropriate medical necessity decisions, a pharmacy Prior Authorization form must be completed in its entirety. This ensures all relevant clinical information necessary to render a decision has been provided. Incomplete requests may result in a denial due to lack of sufficient clinical information. Requests may be resubmitted with the necessary supporting information. WellSense’s Prior Authorization forms and clinical coverage policies are available at wellsense.org/providers.

If WellSense denies a pharmacy prior authorization request due to medical necessity, the member and his or her authorized appeal representative have the right to appeal the decision. If appealing the decision, the member or representative may submit any additional information for consideration during the internal appeal process. An internal appeal must be submitted within 60 calendar days. See Section 10: Member Appeals, Inquiries, and Grievances on page 123.

Pharmacy Utilization Management (UM) program descriptions:

Pharmacy Prior Authorization (PA) program

WellSense utilizes prior authorization and clinical guidelines/criteria for decisions related to coverage of certain medications that are not considered first-line therapy by clinical practice guidelines, have
specific indications for use, or are subject to use for non-FDA approved indications. Medications managed under the prior authorization program require prior approval for coverage.

If a provider believes it is medically necessary for a member to take a drug managed under WellSense’s pharmacy programs, an appropriate Prior Authorization request should be submitted via an online electronic prior authorization tool available at wellsense.org or to the fax number indicated on the form or via phone. A clinician will review the request, and WellSense will notify the provider of the decision in accordance with applicable regulatory and accreditation standards. See Section 8: Utilization Management and Prior Authorization on page 65 for timeframe requirements.

See WellSense’s Prior Authorization forms and Clinical Guidelines available on our website to access a list of medications that are subject to the prior authorization program.

**Step Therapy program**

The Step Therapy program is a form of prior authorization. It generally requires the use of more cost-effective or preferred medication(s) before WellSense will approve non-preferred medication(s). If the required therapeutic benefit is not achieved using the preferred medication, the prescriber may request the use of a non-preferred medication by submitting a prior authorization request.

See WellSense’s Prior Authorization forms and Clinical Guidelines available on our website to access a list of medications that are subject to the Step Therapy program.

**Quantity Limitation program**

The Quantity Limitation program ensures the safe and appropriate use of a selected number of medications by covering only a specified amount of the medication to be dispensed at any one time. Prior authorization is required when requesting quantities greater than what WellSense allows. Please see Quantity Limitation guidelines and Prior Authorization form available on our website.

**Generic substitution program**

The US Food and Drug Administration (FDA) has determined certain generic medications to be therapeutically equivalent (“AB rated”) to their brand counterparts. This means that these generic medications are as effective as the brand. The State of New Hampshire allows dispensing of “AB rated” generics unless the practitioner indicates that the brand medication is medically necessary. In addition, coverage for most brand medications is subject to WellSense’s clinical criteria. See Generic Substitution Program guidelines on our website.

**New-to-market medication program**

WellSense reviews all new-to-market drugs before adding them to the formulary or covering them under the pharmacy benefit. The P&T Committee evaluates these drugs to determine whether the new-to-market medications are safe for prescribing to members, and to determine the coverage status. See New-to-Market Medication program guidelines on our website.
13.9 Pharmacy copayments

Member copayment amounts for Medicaid Members

All members are charged a copayment for medications, with the exception of the following:

- Members with income at or below 100% of the Federal Poverty Level (FPL).
- Members under age 18.
- Members in a nursing facility or an Intermediate Care Facility for individuals with intellectual disabilities.
- Members participating in a home and community-based care (HCBC) waiver program.
- Members who are pregnant and receiving services related to the pregnancy or any other medical condition that might complicate the pregnancy. Please notify WellSense if a member is currently pregnant.
- Members who are receiving services for conditions or complications related to the pregnancy within 60 days following the month a member’s pregnancy ended.
- Members in the Breast and Cervical Cancer program.
- Members receiving hospice care.
- Members who are Native American or Alaskan Natives.
- Members who are receiving family planning products (e.g., birth control pills).
- Clozaril (clozapine) prescriptions.
- Tobacco cessation products

See Section 7: Member Benefit Information on page 58 for additional details.

For members enrolled in WellSense Medicare Advantage HMO plan, copayment amount depends on the Low Income Subsidy Category. For members who are not eligible for a Low Income Subsidy, their copayments will be 25% of total drug cost.

Pharmacy copayment compliance

All pharmacies are expected to comply with the cost-sharing rules. For Medicaid members, it is the pharmacy’s responsibility to collect copayments from the member. If the copayment is due, but the member reports he/she is unable to pay it at the time of service, the member remains responsible for the copayment and the pharmacy may bill the member. However, pharmacies may not refuse to dispense a prescription(s) in its entirety to a member who reports he or she is unable to pay the copayment at the time of service.

Please check the specific WellSense benefits for clarification in Section 7: Member Benefit Information on page 58.
13.10 Clinical programs

Medication Therapy Management Program (MTM)

The Medication Therapy Management Program identifies Medicaid members using multiple medications, possibly from multiple prescribers, which may result in adverse reactions due to non-compliance, overutilization, duplicate therapy, suboptimal medication adherence, and/or drug-drug interaction (DDI). Targeted member populations are based on DHHS requirements and guidance, which may change from time to time. The program targets adult and pediatric members who are taking a 90 day supply of opioid medications where the average daily dose is greater than 100 Morphine Milligram Equivalents over a look back period, or pediatric members who are taking a 90 day supply of two or more psychotropic medications over a look back period. The program incorporates interventions that are member- and provider-focused to help educate and promote self-management as well as coordination of care and prevention of clinically significant adverse events.

Comprehensive medication reviews will be offered to eligible members. The purpose is to:

- Collect patient-specific information
- Assess medication therapies to identify medication-related problems
- Develop a care plan to address identified problems
- Provide member education to enhance self-management
- Communicate with providers to improve coordination of care and to resolve medication-related problems

This program aims to educate members and keep health care providers better informed of patient utilization trends where there may be the potential for adverse reactions as a result of multi-medication treatment regimens. Overall, WellSense encourages proper care coordination to minimize the risk of negative outcomes due to multi-medication treatment regimens and to improve the quality of life of WellSense members.

The WellSense Medicare Advantage HMO plan also offers a medication therapy management program to Medicare members who have multiple chronic diseases, take a number of different medications, and have high annual drug costs. Members who meet the qualifying criteria are automatically enrolled in the program each year and are eligible for extra education regarding their medications and a comprehensive review with a pharmacist or other qualified healthcare professional. The goal of the program is to improve medication use and reduce adverse drug events. Any identified medication recommendations or interventions may be directly communicated to providers.

Behavioral Health program

Carelon Behavioral Health’s behavioral health program provides your patients with access to a full continuum of covered behavioral health services through its network of contracted providers. The primary goal of the behavioral health program is to ensure the provision of medically necessary care in the most clinically appropriate and cost-effective therapeutic settings. By ensuring that all WellSense members receive timely access to clinically appropriate covered behavioral health services, WellSense
and Carelon Behavioral Health believe that quality clinical services will achieve improved outcomes for our members. Members in the pediatric population may benefit from psychiatric specialist consultation when medications for behavioral health disorders are prescribed by a non-psychiatric prescriber.

Access

Outpatient behavioral health treatment is an essential component of a comprehensive health care delivery system. WellSense members may access covered outpatient behavioral health services, including consultation with a psychiatrist for medication management, by self-referring to a network provider, by calling Carelon Behavioral Health, or by a referral through acute or emergency department encounters. Members may also access outpatient care with a referral from their primary care practitioner (PCP). However covered behavioral health services never require a PCP referral.

Services that Carelon Behavioral Health provides for WellSense members:

- Referral and triage*
- Service accessibility and availability
- Service authorization
- Utilization Management/Case Management

*For assistance finding in-network behavioral health care providers, please visit carelonbehavioralhealth.com, choose “Locate a Provider” then follow the steps; or contact Carelon Behavioral Health at 855-834-5655.
Section 14: Quality Management

14.1 General information

WellSense’s Quality Management program works to ensure that WellSense and its network of providers are able to deliver quality services to members. Providers are required to participate in the program as part of the agreement between the provider and WellSense.

Providers may be asked to participate in clinical programs (e.g., to increase HEDIS rates), surveys, (e.g., appointment lead time), or other initiatives aimed at increasing quality of care or member satisfaction. WellSense develops these programs and initiatives to meet contractual, regulatory, and accreditation requirements and to address opportunities for improvement identified through the Plan’s Quality Assessment and Performance Improvement (QAPI) Program and analysis of available data (e.g., HEDIS and CAHPS). The Plan also facilitates a Member Advisory Board and a Provider Advisory Committee as mechanisms for collecting input on quality of care and improvement goals, quality improvement activities, and prioritization of improvement strategies.

14.2 Scope of the Quality Improvement Program

Through the Quality Improvement Program (QIP), and in collaboration with members and providers, WellSense monitors and oversees the following aspects of medical and behavioral health care and service:

- Ongoing evaluation of the quality of care and service (including access and availability to quality clinical care)
- A planned systematic approach to Continuous Quality Improvement (CQI)/Total Quality Management (TQM) for improving clinical and non-clinical outcomes
- Clinical care guidelines
- Patient safety
- Member and provider satisfaction, including evaluating grievances and appeals;
- Utilization management, to include mechanisms to detect both underutilization and overutilization
- Mechanisms to assess and address disparities in the quality of, access to, and appropriateness of care for members with special health care needs
- Care coordination, disease management, and population health
- Continuity and coordination of care
- Credentialing
- Network management
14.3 **WellSense Quality Improvement Goals**

WellSense’s Quality Improvement Program identifies the key areas of focus for each year by developing an annual Quality Improvement (QI) work plan. Many factors are considered when deciding on the QI initiatives or projects for the annual plan. Some factors include projects that:

- Support WellSense’s mission and strategic goals
- Were identified through monitoring quality metrics, evaluating previous QI work plans, and input from practitioners and/or members
- Improve overall health, well-being and safety of WellSense members
- Improve member and provider satisfaction
- Improve member access to health care
- Achieve and maintain health plan accreditation from NCQA, including the NCQA Medicaid Module, and fulfill DHHS contract and other regulatory requirements.

**WellSense:**

- Collects information and data relevant to objectives and measures of QI goals
- Implements well-designed, innovative, targeted, and measurable interventions to achieve objectives; and evaluates the effectiveness of interventions
- Evaluates performance using objective quality indicators utilized to drive improvement
- Implements a provider incentive program to reward the achievement of specific goals and share best practices for sustaining goals
- Identifies barriers and social determinants of health to reduce the potential for unmet needs
- Plans and initiates processes to sustain achievements and continue improvements.

**Examples of QI goals:**

- Monitoring the use of high risk medications and intervening as necessary to assist providers with monitoring of members on multiple medications to improve coordination of care.
- Identifying members in need of preventive healthcare screenings (examples: breast cancer, cervical cancer, well child visits) and working to increase awareness from both the member and provider perspective regarding the risks of late diagnosis and treatment. We work with providers to identify best practices regarding member preventive healthcare screenings.
- Identifying members with asthma, diabetes, and other chronic conditions and continuously improving processes to facilitate managing these populations; increasing appropriate medication utilization; promoting self-management; addressing social determinants of health; and decreasing emergency department and inpatient hospital utilization.

- WellSense communicates updates on progress toward QI goals to members and providers.

14.4 **Quality Assessment and Performance Improvement (QAPI)**

The goal of the WellSense’s QAPI Program is to assess the performance in quality of care and quality of service consistent with the requirements of the Medicaid contract between WellSense and DHHS.
and 42 CFR 438.240. The QAPI program requires collaboration and cooperation from providers and
aligns with other health plan initiatives and Alternative Payment Models (APMs).

WellSense’s QAPI program ensures the quality program:
- Is organization-wide with clear lines of accountability
- Establishes roles and responsibilities for the oversight of QAPI activities
- Sets annual objectives and/or goals for clinical and non-clinical activities aimed at improving
  member engagement and health outcomes
- Outlines mechanisms for measurement and evaluation of the overall effectiveness of the quality
  management program.

### 14.5 Quality Metrics: Healthcare Effectiveness Data and Information
Set (HEDIS®) Guidelines

HEDIS® is a set of standardized performance measures designed to ensure that purchasers and
consumers have information to reliably compare the performance of managed care plans. HEDIS
measures cover many aspects of health care, including preventive care such as screening tools,
management of physical and behavioral health conditions, access to and availability of care, patient
experience, and utilization of services. HEDIS is sponsored, supported, and maintained by the National
Committee for Quality Assurance (NCQA), which defines standards for accreditation of health plans
in the United States. A subset of the HEDIS performance measures are reported to certain regulatory
bodies on an annual basis according to state requirements.

**HEDIS methods**

HEDIS measurement data is collected in a variety of ways. WellSense uses administrative data
captured on its systems (e.g., claims data) and medical record data not available in claims. Medical
records are requested from providers and reviewed by Plan staff.

WellSense works with provider sites to coordinate medical record and data collection. The Plan will
report both the Child and Adult Core Set of Health Care Quality Measures for Medicaid and CHIP as
specified by DHHS.

### HEDIS medical record data collection timeframes

<table>
<thead>
<tr>
<th>Timeframe</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>February–April</td>
<td>Record requests distributed to providers</td>
</tr>
<tr>
<td>Five days after</td>
<td>Return requested medical records documentation</td>
</tr>
<tr>
<td>you receive the</td>
<td></td>
</tr>
<tr>
<td>medical record</td>
<td></td>
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<tr>
<td>request from</td>
<td></td>
</tr>
<tr>
<td>WellSense</td>
<td></td>
</tr>
<tr>
<td>March–May</td>
<td>WellSense follows up with provider offices who have not submitted the</td>
</tr>
<tr>
<td></td>
<td>requested records or if the required documentation was incomplete</td>
</tr>
<tr>
<td>May</td>
<td>WellSense completes review of the medical record documentation</td>
</tr>
</tbody>
</table>
June

WellSense HEDIS results are reported to CMS and NCQA

WellSense strives to make these reviews as easy as possible for provider practices. We rely on the cooperation of providers to make these reviews successful. Providers’ prompt attention and response to requests for chart information is critical and greatly appreciated.

**Member Experience of Care Survey: Consumer Assessment of Healthcare Providers and Systems (CAHPS)**

CAHPS is a nationally recognized member satisfaction survey tool for managed care used by NCQA and the Centers for Medicare and Medicaid Services (CMS). CAHPS is sponsored, supported, and maintained by the Agency for Healthcare Research and Quality (AHRQ). CAHPS is a component of HEDIS and is used to assess members’ subjective experience of accessing health care. The Plan administers the Member Experience of Care CAHPS survey on an annual basis for both adults and children, as defined by DHHS and as required by NCQA for Medicaid health plans’ accreditation.

14.6 **WellSense investigation and reporting of non-behavioral Adverse Events (AEs): Sentinel Events (SEs), Serious Reportable Events (SREs), Hospital Acquired Conditions (HACs), and Provider-Preventable Conditions (PPCs)**

- For non-behavioral health event reports: Call the Quality Department at 603-263-3030.
- For behavioral health event reports: Call WellSense’s partner Carelon Behavioral Health at 855-834-5655. See Section 12: Behavioral Health Management on page 133 for more details.

Providers and/or health systems must report SEs, AEs, SREs, HACs, PPCs related to a WellSense member within the following timelines for the identified event categories

1. **Sentinel Events (SEs)**

   These events must be reported to the Plan immediately upon discovery or within the same day of discovery. DHHS Bureau of Quality Assurance and Improvement (BQAI) defines a Sentinel Event as “an unexpected occurrence involving death or serious physical or psychological injury or the risk thereof”.

   Client Centered Sentinel events (BQAI Policy Definition Rev 1/27/2020) include:
   - Any sudden, unanticipated, or accidental death, not including homicide, suicide, and not related to the natural course of an individual’s illness or underlying condition.
   - Permanent loss of function, not related to the natural course of an individual’s underlying condition, resulting from such cases including but not limited to:
     - A medication error; and/or
An unauthorized departure or abduction from a facility providing care; and/or
A delay or failure to provide requested and/or medically necessary services due to waitlists, availability, insurance coverage, or resources.

- Homicide
- Suicide
- Suicide attempt, such as self-injurious behavior with a non-fatal outcome, with explicit or implicit evidence that the person intended to die and medical intervention was needed.
- Rape or any other sexual assault
- Serious physical injury to or by a client
- Serious psychological injury that jeopardizes the person’s health that is associated with the planning and delivery of care
- Injuries due to physical or mechanical restraints
- High profile event, such as:
  - Media coverage;
  - Police involvement when police involvement is related to a crime or suspected crime; and/or
  - An issue that may present significant risk to DHHS or Plan staff or operations.

**Note:** If an event overlaps with the criteria for an SRE, HAC, or PPC and meets the specifications of an SE, the event should be reported as an SE.


2. Adverse Events (AEs): Serious Reportable Events (SRE) Hospital Acquired Conditions (HAC) and Provider Preventable Conditions (PPC) and Other Provider Preventable Conditions (OPPCs)

Adverse Events (AEs) such as SREs, HACs, PPCs (described below) that do not qualify as Sentinel Events (SE) (described above), **must be reported to the Plan within seven days of discovery.** A 30 Day follow-up report must also be provided to the Plan which includes: the facilities determination of preventability, an assessment of the event, and follow-up actions or recommendations for preventing future occurrences.

**Definitions**

**Adverse Event (AE):** An unexpected occurrence that results in or has the potential to result in serious harm or to the well-being of a member, who is receiving services from the Plan or has been recently discharged from services managed by the Plan. Examples include: Death from a condition not present on admission and/or caused by medical management rather than due to the patient’s underlying disease, death related to a surgical or invasive procedure, any other event during the member’s care or treatment that results in or has the potential to result in serious harm.
**Serious Reportable Event (SRE):** An event that occurs on premises covered by a hospital’s license, office-based practice, ambulatory surgery center, or skilled nursing facility that results in an adverse patient outcome, is clearly identifiable and measurable, usually or reasonably preventable, serious in their consequences (such as resulting in death or loss of a body part, injury more than transient loss of a body function or assault). These events are also characterized as adverse in nature, represent a clear indication of a health care provider’s lack of safety systems and/or, are events that are important measures for public credibility or public accountability as established by guidelines issued by the National Quality Forum (NQF) as Serious Reportable Events (SREs).

**Health Care Acquired Condition (HAC):** Health Care Acquired Conditions are conditions occurring in any inpatient hospital setting that Medicare designates as hospital-acquired conditions (HAC) pursuant to section 1886(d)(4)(D)(iv) of the Social Security Act (SSA) (as described in Section 1886(d)(4)(D)(ii) and (iv) of the SSA), with the exception of deep vein thrombosis (DVT)/pulmonary embolism (PE) as related to total knee replacement or hip-replacement surgery in pediatric and obstetric patients.

**Provider Preventable Condition (PPC):** A PPC is a condition that meets the definition of a “Health Care Acquired Condition (HCAC)” or “Hospital Acquired Conditions” or an “Other Provider Preventable Condition (OPPC)” as defined by the Centers for Medicare and Medicaid Services (CMS) in federal regulations at 42 CFR 447.26(b).

**Other Provider Preventable Conditions (OPPCs):** OPPCs are conditions that meet the requirements of an OPPC pursuant to 42 CFR 447.26(b). Examples include: Wrong surgical site or other invasive procedure, surgical or invasive procedure performed on the wrong body part or performed on the wrong patient.

WellSense maintains an established and detailed Adverse Event / Serious Reportable Event (SRE) / Hospital Acquired Conditions (HAC) / Provider Preventable Condition (PPC) / Sentinel Event (SE) Reporting Policy and regularly assesses compliance with this policy.

WellSense complies with State and federal laws regarding non-payment or retraction of payments to a participating provider for Hospital-Acquired Conditions (HACs) and for Provider-Preventable Conditions (PPCs) and Other Provider Preventable Conditions (OPPCs). A Serious Reportable Event (SRE), Hospital Acquired Conditions (HAC), and Provider-Preventable Conditions (PPC) can occur on premises covered by a private practice, hospital’s license, or under the care of an entity subcontracted by the Plan; that results in an adverse patient outcome; is clearly identifiable and measurable; usually or reasonably preventable; and of a nature such that the risk of occurrence is significantly influenced by the policies and procedures of the facility. SREs, HACs, and PPCs are events included on the National Quality Forum’s (NQF) table of reportable events as established by guidelines issued by the Division of Public Health and 42 CFR 438.3 (g) and as described related to nonpayment for such events as identified in CFR 447.26.
The Plan requires all providers’ report Hospital Acquired Conditions (HACs) and Provider-Preventable Conditions (PPCs) and Other Provider Preventable Conditions (OPPCs) associated with claims for payment or member treatments for which payment would otherwise be made in accordance with Federal regulations.

**Note:** There may be overlap between SEs, AEs, SREs, HACs, PPCs, and OPPCs. Any SRE or HAC that overlaps with a PPC will be categorized as a PPC. Any event(s) that overlap with a SE will be categorized as an SE. Identification of such events is crucial in upholding the required reporting requirements and associated timelines.

### 14.7 Medical record charting standards

This internal program systematically assesses medical record documentation of patient care against standards as required in our Medical Record Documentation Policy QI 5.001.

The approach is designed to objectively assess the structure, content, and management of patient records at the time of the review while minimizing any impact of the review process on practitioner operations. The intent of the assessment is to give feedback to help providers continuously meet standards and to ensure continuity, efficiency and quality of care for WellSense members.

Medical records must be legible, documented accurately and comprehensively, and accessible to healthcare practitioners. This includes being required to transfer medical information when a member changes to another provider. Providers and WellSense must work together to ensure that member records are treated as confidential and in total compliance with state and federal laws and regulations.

**Medical record charting standards for all providers**

WellSense expects providers to maintain medical records according to industry standard practice, and will periodically monitor charting practices. The following summarizes the components of charting practices that we evaluate during site audits.

- Provider site has a central file where records are stored in an adequate filing space.
- Charts are available and retrievable.
- Charts are stored and accessed according to the Health Insurance Portability and Accountability Act (HIPAA). All staff train periodically on member confidentiality.
- Records are stored securely and accessible only to authorized personnel.
- There is a documented location of any and all WellSense member patient files retrieved from the filing system.
- Records consistently use standard formats and forms.
- All medical records are legible.
- All medical record entries are signed with name, title, and date.
- Provider site has physician counter-signature policies for all mid-level, physicians-in-training supervised by the physician.
- The office has an appropriate documentation system, including patient name and identification number on each page of the chart.
Medical records are organized by individual patient in a logical manner that is current, detailed, and organized and that facilitates effective patient care, utilization, and quality review.

Individual patient charts are organized in chronological order.

Each file contains a data sheet with basic demographic and contact information, also including patient’s race, ethnic background, preferred spoken and written language, and any disabilities.

Medical records include documentation of problem list, medications, history (including serious accidents, operations and illnesses), physical exam, preventative services/age appropriate risk screening including, but not limited to cigarettes, alcohol and substance abuse, documentation of clinical findings and evaluation at each visit.

Working diagnoses are consistent with findings.

All diagnoses, conditions, complications, and treatment plans, goals, and outcomes are documented; this includes radiology, laboratory work, and consultation results. All abnormal subjective and objective findings are appropriately addressed; unresolved problems from previous visits have documentation of a followup plan including return visits, telephone calls, or other medium with the timeframe designated.

Treatment plans are consistent with diagnoses.

Laboratory, radiology, and consult notes are filed in the chart; reviewed, signed, and dated by the ordering provider at the time of receipt. Documentation exists of followup for abnormal findings.

Provider site has policies and procedures for consent.

Records include prominent display of allergy and adverse reactions documentation or no known allergy.

Documentation whether any member over age 18 has executed an advance directive.

There is evidence that preventive screening and services are offered in accordance with the EPSDT Periodicity Schedule or for members over age 21, the provider’s own practice guidelines.

There is no evidence that members are placed at inappropriate risk by a diagnostic or therapeutic procedure.

There should be appropriate notation of under or over utilization of specialty services or pharmaceuticals.

Records include prominent display of advance directives indicating patient wishes regarding treatment, where appropriate.

All contacts with state agencies are documented or filed in the chart.

All contacts with the member’s family, guardians, or significant others are documented.

Providers must retain medical records for the period of time specified in all applicable state and federal laws and regulations and in WellSense’s contracts.

**Preventive care charting standards**

In addition to the medical record charting standards outlined above, PCPs are required to document recommendations or examinations for the following:

- All services provided directly by the PCP.
- All ancillary services and diagnostic tests ordered by the practitioner with results as noted in the charting standards.
• All diagnostic and therapeutic services for which a member was referred by a practitioner, which includes but is not limited to home health nursing reports, specialty physician reports, hospital discharge reports and physical therapy reports as noted in the charting standards.

Preventive care services must include documentation for mammograms, pap smears, adult and pediatric immunizations, risk screening, adolescent guidance, and any other preventive health standards adopted by WellSense.

**Pediatrics charting standards**

In addition to the medical record charting standards for all providers and for preventive care, pediatric charting must include the following:

- Flow chart for immunizations
- Growth and development chart
- Anticipatory guidance documentation
- Appropriate developmental screenings

All PCPs treating children and adolescent Medicaid members must follow and document the Early Periodic Screening Diagnosis and Treatment Program guidelines approved by DHHS and the American Academy of Pediatrics, per CMS.

**Behavioral health services charting standards**

WellSense contracts with Carelon Behavioral Health to manage WellSense’s behavioral health program. Please contact Carelon Behavioral Health at 866-444-5155 for charting standards for both inpatient and outpatient behavioral health services. If you are a Carelon Behavioral Health contracted provider, please refer to the Carelon Behavioral Health Provider Manual at carelonbehavioralhealth.com for specific charting standards and quality metrics.

**Inpatient medical/surgical hospitalization charting standards**

- Identification of the member.
- Name of the member’s physician.
- Date of admission.
- Plan of care required under 42 CFR 456, which must include diagnosis, symptoms, complaints and complications indicating the need for admission, a description of the functional level of the member, any orders for medications, treatments, restorative and rehabilitative services, activities, social services and diet. Plans for continuing care and discharge as appropriate, must be documented.
- Initial and subsequent continued stay review dates described under 42 CFR 456.128 and 456.133.
- Date of operating room reservation, if applicable.
- Justification of emergency admission, if applicable.
- Reason and plan for continued stay, if the attending physician believes continued stay is necessary.
- Other supporting material that WellSense’s Utilization Management staff believes appropriate to be included in the record.
14.8 Medical record audits

Each provider site must participate in and cooperate with medical record audits. These audits are necessary to ensure compliance with WellSense’s medical record standards and with criteria periodically developed and distributed. Providers are required to make medical records or copies of records available to WellSense, agents of CMS or other state or federal government agencies, and any authorized external quality review organization (e.g., NCQA) for purposes of assessing the quality of care rendered.

Medical record audits for PCPs

WellSense may conduct a retrospective sample audit of medical records at selected PCP sites with a panel size of 100 or more members as part of the network quality management process.

WellSense’s medical record audit process:

- The audit is performed using the basic charting standards outlined above and any medical care evaluation audit tools that might be relevant to a practice (for example, the audit tool might be used for evaluating the treatment of adult members with hypertension in an internal medicine practice). WellSense communicates the results of audits to the practitioner. Any practitioner not meeting the goal of 90% will be asked for a corrective action plan.
- Providers are required to provide access to the office or practice site and the members’ medical records or to send copies of members’ medical records to the clinical informatics department when requested by WellSense.

Medical record audits for specialists

WellSense conducts onsite chart audits, when it is deemed necessary, of participating medical/surgical specialists. These audits follow the same basic process used for PCP as outlined in medical record audits for PCP’s outlined above. An additional focus for specialty service and behavioral health medical record audits is the level of communication between the specialist and the PCP (i.e., coordination of care).

14.9 Provider communication

Providers may freely communicate with members about their treatment options, including medication treatment options, regardless of benefit coverage limitations.

14.10 Clinical practice guidelines

Considering the needs of our members, WellSense has adopted several preventive and disease management clinical practice guidelines consistent with nationally accepted standards of care and evidenced-based practices. These guidelines conform to the standards of NCQA Health Plan Accreditation, are chosen based on an assessment of the local health care delivery system and consider the health needs of our members based on opportunities for improvement within the Plan’s assessment of Quality Assurance and Performance Improvement (QAPI). WellSense encourages
providers to refer to these guidelines to assist in delivering clinically appropriate care to members. The guidelines are available in the Provider Section at wellsense.org. If you or a member needs a printed copy of these guidelines, please contact WellSense at 877-957-1300, option 3, provider services. Behavioral Health Clinical Practice Guidelines can be found at https://providertoolkit.carelonbehavioralhealth.com