

Date: Nov. 21, 2025

To: All WellSense Providers

From: WellSense Health Plan

Subject: **Weight loss medication changes for 2026**

Product: MassHealth Clarity plans Senior Care Options

Weight loss medication changes for 2026

WellSense Health Plan is changing our coverage of weight loss medications. We have made the decision to no longer offer coverage for drugs prescribed primarily for the treatment of weight loss on Massachusetts Clarity plans beginning Jan. 1, 2026. Current prior authorizations for weight loss medications will remain in effect through Dec. 31, 2025.

This decision was made after significant consideration and analysis. Current data has shown a 30% discontinuation rate within four weeks and up to a 70% discontinuation rate at six months. Many patients discontinue their medications before seeing maximum benefit. The long-term impact on total cost of care remains to be seen.

We are committed to the long-term health of our members and encourage a treatment plan centered around lifestyle modification and provider counseling. Clarity members will continue to receive covered weight loss benefits, such as a choice in fitness reimbursement for a gym membership or a wearable health device and discounts on both WeightWatchers and healthy meal deliveries.

Impacted members are also receiving notification of these changes. We encourage providers to engage with members before the change goes into effect on Jan. 1, 2026.