Provider Communications

Massachusetts

WellSense HEALTH PLAN

Date:	Feb. 27, 2026
To:	All WellSense MassHealth Providers
From:	WellSense Health Plan
Subject:	**Support member self-monitoring of blood pressure**
Product:	☒ MassHealth ☐ MA Clarity plans

Support member self-monitoring of blood pressure

Consider prescribing an automated blood pressure cuff to your MassHealth patients with hypertension to allow them to monitor their blood pressure at home. MassHealth patients can receive most automated blood pressure cuffs at no cost under their MassHealth pharmacy benefits when you provide a prescription, regardless of their MassHealth plan type. Please encourage these members to self-monitor at home and report readings verbally during their visits with you.

Best practices

- Document readings in the member's medical record:
  - Self-reported blood pressure
  - Date of the reading
  - That the reading was taken with a digital device
- Submit the appropriate CPT II codes for the readings received
  - Systolic
    - 3074F: <130 mmHg
    - 3075F: 130–139 mmHg
    - 3077F: ≥140 mmHg
  - Diastolic
    - 3078F: <80 mmHg
    - 3079F: 80–89 mmHg

        - 3080F: ≥90 mmHg
    - Adequate control
        - BP <140/90 mmHg

For patient education materials, the CDC's Million Hearts initiative offers resources on self-measured blood pressure monitoring.

Questions?

For more information email the Quality team at WS_Quality_Dept@wellsense.org.