

We'll send you diapers* and a \$40 OTC card

When you see your provider or midwife within 7-84 days after delivery



Congratulations on the birth of your new baby!

It is important to have a routine postpartum visit with your provider **1 to 12 weeks (7-84 days)** after giving birth. This appointment will include a physical exam and will give you a chance to discuss feeding, postpartum depression, and your return to daily activities.

Get free diapers in 4 simple steps:

- ① See your doctor or midwife between **1 to 12 weeks (7-84 days)** after your delivery
- ② Complete and sign the form below after you attend your postpartum visit
- ③ Choose a diaper size
- ④ Return the form in the enclosed prepaid envelope, email a copy to **diapers@wellsense.org**, or have your provider's office fax it to **617-951-3411**

If you do not have the prepaid envelope, please mail this form to:

WellSense Health Plan

100 City Square
Suite 200
Charlestown, MA 02129
Attn: Quality PPV

Please allow 4-6 weeks for shipping

Please choose a diaper size (check one):

☐ **Size 1** (up to 14 lbs) - 200 diapers ☐ **Size 2** (12-18 lbs) - 168 diapers ☐ **Size 3** (16-28 lbs) - 144 diapers

Member Information

You must be a WellSense member at the time of your postpartum doctor's visit to receive a box of diapers and a \$40 over-the-counter card for health and hygiene items. We may contact your provider to confirm the visit.

Member Name:

Phone Number:

WellSense Member ID (example NH123456700):

Street Address (diapers will be sent here):

City:

State:

Zip:

We're here to help

877-957-1300 | TTY: 711



WellSense
HEALTH PLAN

*One box of diapers (\$20 value) per Well Sense member per pregnancy. You may earn up to \$250 in cash and non-cash goods and services each State fiscal year which runs from July 1 to June 30.

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