WellSense Choice (HMO) offered by Boston Medical Center Health Plan, Inc.

## **Annual Notice of Changes for 2024**

You are currently enrolled as a member of WellSense Choice (HMO). Next year, there will be changes to the plan's costs and benefits. *Please see page 5 for a Summary of Important Costs, including Premium.* 

This document tells about the changes to your plan. To get more information about costs, benefits, or rules please review the Evidence of Coverage, which is located on our website at <u>wellsense.org/medicare</u>. You can also review the separately mailed Evidence of Coverage to see if other benefit or cost changes affect you. You may also call Member Services to ask us to mail you an Evidence of Coverage.

• You have from October 15 until December 7 to make changes to your Medicare coverage for next year.

#### What to do now

- 1. ASK: Which changes apply to you
- □ Check the changes to our benefits and costs to see if they affect you.
  - Review the changes to Medical care costs (doctor, hospital).
  - Review the changes to our drug coverage, including authorization requirements and costs.
  - Think about how much you will spend on premiums, deductibles, and cost sharing.
- □ Check the changes in the 2024 "Drug List" to make sure the drugs you currently take are still covered.
- Check to see if your primary care doctors, specialists, hospitals, and other providers, including pharmacies will be in our network next year.

☐ Think about whether you are happy with our plan.

#### 2. COMPARE: Learn about other plan choices

- Check coverage and costs of plans in your area. Use the Medicare Plan Finder at <u>www.medicare.gov/plan-compare</u> website or review the list in the back of your *Medicare & You 2024* handbook.
- □ Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan's website.
- 3. CHOOSE: Decide whether you want to change your plan
  - If you don't join another plan by December 7, 2023, you will stay in WellSense Choice (HMO).
  - To change to a **different plan**, you can switch plans between October 15 and December 7. Your new coverage will start on **January 1, 2024.** This will end your enrollment with WellSense Choice (HMO).

If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can switch plans or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at Additional Resources

- Please contact our Member Services number at 855-833-8128 for additional information. (TTY users should call 711.) Hours are Monday Friday, 8:00 a.m. 8:00 p.m. (Representatives are available 7 days a week, 8:00 a.m. 8:00 p.m. from October 1 March 31). This call is free.
- Member Services also has free language interpreter services available.
- This document may be available in other formats such as braille, large print, or other alternate formats. For additional information call Member Services at 855-833-8128.
- Coverage under this Plan qualifies as Qualifying Health Coverage (QHC) and satisfies the Patient Protection and Affordable Care Act's (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at <a href="http://www.irs.gov/Affordable-Care-Act/Individuals-and-Families">www.irs.gov/Affordable-Care-Act/Individuals-and-Families</a> for more information.

#### About WellSense Choice (HMO)

• WellSense Choice (HMO) is an HMO plan with a Medicare Advantage contract. Enrollment in WellSense Choice (HMO) depends on contract renewal. • When this document says "we," "us," or "our", it means Boston Medical Center Health Plan, Inc., d/b/a/ WellSense Health Plan. When it says "plan" or "our plan," it means WellSense Choice (HMO).

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## Summary of Important Costs for 2024

The table below compares the 2023 costs and 2024 costs for WellSense Choice (HMO) in several important areas. **Please note this is only a summary of costs**.

These are 2023 cost-sharing amounts and may change for 2024. WellSense Choice (HMO) will provide updated rates as soon as they are released

Cost	2023 (this year)	2024 (next year)
<b>Monthly plan premium*</b> * Your premium may be higher or lower than this amount. See Section 2.1 for details.	\$19	\$19
Maximum out-of-pocket	\$5,500	\$5,500
amount This is the <u>most</u> you will pay out-of-pocket for your covered Part A and Part B services. (See Section 2.2 for details.)	\$J,JUU	\$3,300
Doctor office visits	Primary care visits: \$0	Primary care visits: \$0
	Specialist visits: \$25	Specialist visits: \$25
Inpatient hospital stays	\$375 per day for days 1-6 of an inpatient stay. \$0 per day for days 7-90.	\$395 per day for days 1-6 of an inpatient stay. \$0 per day for days 7- 90.
Part D prescription drug coverage	Deductible: \$0	Deductible: \$0
(See Section 2.5 for details.)	All tiers:	All tiers:

Cost	2023 (this year)	2024 (next year)
	Retail – 30 day supply	Retail – 30 day supply
	Tier 1: \$0 Copay	Tier 1: \$0 Copay
	Tier 2: \$12 Copay	Tier 2: \$5 Copay
	Tier 3: \$47 Copay	Tier 3: \$47 Copay
	Tier 4: \$100 Copay	Tier 4: \$100 Copay
	Tier 5: 33%	Tier 5: 33% coinsurance
	coinsurance	
	Retail – 90 day supply	Retail – 90 day supply
	Tier 1: \$0 Copay	Tier 1: \$0 Copay
	Tier 2: \$30 Copay	Tier 2: \$12 Copay
	Tier 3: \$132 Copay	Tier 3: \$132 Copay
	Tier 4: \$280 Copay	Tier 4: \$280 Copay
	Tier 5: Not Covered	Tier 5: Not Covered
	Mail Order – 30 day	Mail Order – 30 day
	supply	supply
	Tier 1: \$0 Copay	Tier 1: \$0 Copay
	Tier 2: \$11 Copay	Tier 2: \$0 Copay
	Tier 3: \$45 Copay	Tier 3: \$45 Copay
	Tier 4: \$97 Copay	Tier 4: \$97 Copay
	Tier 5: 33%	Tier 5: 33% coinsurance
	coinsurance	
	Mail Order – 90 day	Mail Order – 90 day
	supply	supply
	Tier 1: \$0 Copay	Tier 1: \$0 Copay
	Tier 2: \$28 Copay	Tier 2: \$0 Copay
	Tier 3: \$130 Copay	Tier 3: \$130 Copay
	Tier 4: \$275 Copay	Tier 4: \$275 Copay
	Tier 5: Not Covered	Tier 5: Not Covered
	Catastrophic	Catastrophic
	Coverage:	Coverage:
	<ul> <li>During this payment</li> </ul>	• During this payment
	stage, the plan pays	stage, the plan pays the full cost for your
		the full cost for your

Cost	2023 (this year)	2024 (next year)
	most of the cost for your covered drugs. • For each prescription, you pay whichever of these is larger: a payment equal to 5% of the cost of the drug (this is called <b>coinsurance</b> ), or a Copayment (\$4.15 for a generic drug or a drug that is treated like a generic, and \$10.35 for all other drugs.)	covered Part D drugs. You pay nothing

## SECTION 1 Unless You Choose Another Plan, You Will Be Automatically Enrolled in WellSense Choice (HMO) in 2024

If you do nothing by December 7, 2023, we will automatically enroll you in our WellSense Choice (HMO). This means starting January 1, 2024, you will be getting your medical and prescription drug coverage through WellSense Choice (HMO). If you want to change plans or switch to Original Medicare, you must do so between October 15 and December 7. If you are eligible for "Extra Help," you may be able to change plans during other times.

## SECTION 2 Changes to Benefits and Costs for Next Year

#### Section 2.1 – Changes to the Monthly Premium

Cost	2023 (this year)	2024 (next year)
<b>Monthly premium</b> (You must also continue to pay your Medicare Part B premium.)	\$19	\$19

- Your monthly plan premium will be *more* if you are required to pay a lifetime Part D late enrollment penalty for going without other drug coverage that is at least as good as Medicare drug coverage (also referred to as creditable coverage) for 63 days or more.
- If you have a higher income, you may have to pay an additional amount each month directly to the government for your Medicare prescription drug coverage.
- Your monthly premium will be *less* if you are receiving "Extra Help" with your prescription drug costs. Please see Section 7 regarding "Extra Help" from Medicare.

#### Section 2.2 – Changes to Your Maximum Out-of-Pocket Amount

Medicare requires all health plans to limit how much you pay out-of-pocket for the year. This limit is called the maximum out-of-pocket amount. Once you reach this amount, you generally pay nothing for covered Part A and Part B services for the rest of the year.

Cost	2023 (this year)	2024 (next year)
Maximum out-of-pocket amount	\$5,500	\$5,500 Once you have paid
Your costs for covered medical services (such as Copays and deductibles) count toward your maximum out-of-pocket amount. Your plan premium and your costs for prescription drugs do not count toward your maximum out-of-pocket amount.		\$5,500 out-of-pocket for covered Part A and Part B services, you will pay nothing for your covered Part A and Part B services for the rest of the calendar year.

## Section 2.3 – Changes to the Provider and Pharmacy Networks

Updated directories are located on our website at <u>wellsense.org/medicare</u>. You may also call Member Services for updated provider and/or pharmacy information or to ask us to mail you a directory, which we will mail within three business days.

There are changes to our network of providers for next year. **Please review the 2024** *Provider Directory* to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network.

There are changes to our network of pharmacies for next year. **Please review the 2024** *Pharmacy Directory* to see which pharmacies are in our network.

It is important that you know that we may make changes to the hospitals, doctors and specialists (providers), and pharmacies that are part of your plan during the year. If a mid-year change in our providers affects you, please contact Member Services so we may assist.

## Section 2.4 – Changes to Benefits and Costs for Medical Services

We are making changes to costs and benefits for certain medical services next year. The information below describes these changes.

Cost	2023 (this year)	2024 (next year)
Inpatient hospital stay, including inpatient rehabilitative stays and stays in a critical access hospital (CAH)	You pay a \$375 Copay for days 1-6 of a hospital stay/admission and then \$0 Copay for days 7-90.	You pay a \$395 Copay for days 1-6 of a hospital stay/admission and then \$0 Copay for days 7-90.
Inpatient psychiatric and substance use services, including detoxification, stays in a licensed general hospital, psychiatric facility, or critical access hospital	You pay a \$350 Copay for days 1-6 of a hospital stay/admission and then \$0 Copay for days 7-90.	You pay a \$360 Copay for days 1-6 of a hospital stay/admission and then \$0 Copay for days 7-90.
Inpatient stay in a Skilled Nursing Facility	You pay daily cost- sharing for days 21-100 of \$196 in a benefit period.	You pay daily cost- sharing for days 21-100 of \$203 in a benefit period.
Cardiac Rehab	\$40 Copay per visit.	\$35 Copay per visit.
Intensive Cardiac Rehab	\$60 Copay per visit.	\$65 Copay per visit.
Pulmonary Rehabilitation	\$20 Copay per visit.	\$15 Copay per visit.

Cost	2023 (this year)	2024 (next year)
Supervised Exercise Therapy for Symptomatic Peripheral Artery Disease	\$30 Copay per visit.	\$25 Copay per visit.
Emergency Services	You pay \$110 per visit. Copay is waived if admitted to the hospital within 24 hours of a visit to the Emergency Department of a hospital.	You pay \$120 per visit. Copay is waived if admitted to the hospital within 24 hours of a visit to the Emergency Department of a hospital.
Transportation, Ground Ambulance Services	Prior Authorization is required.	Prior Authorization is required in a situation where non-emergency transportation by ambulance is medically required and it is documented that the member's condition is such that other means of transportation could endanger the person's health.
Partial Hospitalization	You pay \$70 per visit.	You pay \$85 per visit.
Outpatient Mental Health, Individual Session	You pay \$45 Copay per visit.	You pay \$50 Copay per visit.
	Prior Authorization is required.	Prior Authorization is required only for Transcranial-Magnetic Stimulation and Applied Behavioral Analysis.

Cost	2023 (this year)	2024 (next year)
Outpatient Mental Health, Group Session	You pay \$45 Copay.	You pay \$50 Copay.
	Prior Authorization is required.	Prior Authorization is required only for Transcranial-Magnetic Stimulation and Applied Behavioral Analysis.
Other Health Care Professionals	\$0 Copay for services provided by PCP.	\$0 Copay for services provided by PCP.
	\$45 for services provided by Psychiatrist.	\$60 for services provided by Physical and Speech Therapist.
Physical and Speech Therapy	You pay \$45 Copay.	You pay \$60 Copay.
Occupational Therapy	You pay \$40 Copay.	You pay \$45 Copay.
Opioid Treatment Program	\$0 Copay for toxicology screening test.	\$0 Copay for services provided by PCP. \$50 for services
	\$45 Copay for counseling and therapy visits.	provided by Psychiatrist.
Outpatient X-RAY	You pay \$65 Copay.	You pay \$75 Copay.

Cost	2023 (this year)	2024 (next year)
Outpatient Hospital Services	Authorization is not required. \$0 Copay for hospital clinic visit. \$375 Copay for outpatient surgery services.	Prior Authorization may be required for some services in hospital setting. \$0 Copay for hospital clinic visit. \$395 Copay for outpatient surgery services.
Observation	You pay \$375 Copay waived if member is admitted in hospital from observation services.	You pay \$395 Copay waived if member is admitted in hospital from observation services.
Over-the-Counter (OTC) Items	Mandatory supplemental benefit of \$70 per quarter with no roll-over to the next calendar quarter of any unused amounts.	Mandatory supplemental benefit of \$75 per quarter with no roll-over to the next calendar quarter of any unused amounts.
Home Meals Program	Coverage is provided up to a maximum of 14 meals in a member's residence immediately following surgery or inpatient hospitalization. Meals must be requested within 30 days of discharge.	Coverage is provided up to a maximum of 28 meals in a member's residence immediately following inpatient acute care setting. Meals must be requested within 30 days of discharge.
Nurse Hotline	N/A	Covered

Cost	2023 (this year)	2024 (next year)
Medicare Part B Drugs, Step Therapy	Not Covered	Covered
Comprehensive Dental	Maximum benefit \$1750 per year.	Maximum benefit \$2500 per year.
Durable Medical Equipment (DME)	Prior Authorization is required.	Prior Authorization is required for DME that costs \$500 or more.
Diabetic Supplies and Services	Prior Authorization is required.	Prior Authorization may be required for Diabetic Supplies and services that cost \$500 or more.
Diabetic Therapeutic Shoes/Inserts	Prior Authorization is required.	Prior Authorization is required for Diabetic Therapeutic Shoes/Inserts that cost \$500 or more.
Medical Supplies	Prior Authorization is required.	Prior Authorization is required for Medical Supplies that cost \$500 or more.
Worldwide Emergency Coverage	\$110 Copay	\$120 Copay, waived if admitted to the hospital.
Medicare Part B Chemotherapy/Radiation Drugs	20% Coinsurance	Radiation drugs are subject to 0% coinsurance and Chemotherapy drugs are subject to 20% coinsurance.

Cost	2023 (this year)	2024 (next year)
Other Medicare Part B Drugs	20% Coinsurance	Some Part B Rx drugs, such as vaccines are 0% coinsurance while other drugs such as IUDs may apply 20% coinsurance.
Insulin Drugs	<b>Retail – 30 day</b> supply Tier 1: \$0 Copay Tier 2: \$12 Copay Tier 3: \$47 Copay	<b>Tier 1–Preferred</b> <b>Generic Standard</b> <b>Retail</b> 30 day supply: \$0 Copay 90 day supply: \$0 Copay
	<b>Retail – 90 day</b> <b>supply</b> Tier 1: \$0 Copay Tier 2: \$30 Copay Tier 3: \$132 Copay	Mail Order 30 day supply: \$0 Copay 90 day supply: \$0 Copay Tier 2- Generic
	Mail Order – 30 day supply	<b>Standard Retail</b> 30 day supply: \$5 Copay 90 day supply: \$12 Copay
	Tier 1: \$0 Copay Tier 2: \$11 Copay Tier 3: \$45 Copay	<b>Mail Order</b> 30 day supply: \$0 Copay 90 day supply: \$0 Copay
	Mail Order – 90 day supply Tier 1: \$0 Copay Tier 2: \$28 Copay Tier 3: \$130 Copay	<b>Tier 3-Preferred Brand</b> <b>Standard Retail</b> 30 day supply: \$35 Copay 90 day supply: \$105 Copay
		<b>Mail Order</b> 30 day supply: \$35 Copay 90 day supply: \$105 Copay

## Section 2.5 – Changes to Part D Prescription Drug Coverage

#### Changes to Our "Drug List"

Our list of covered drugs is called a Formulary or "Drug List." A copy of our "Drug List" is provided electronically. The "Drug List" includes many – but not all – of the drugs that we will cover next year. If you don't see your drug on this list, it might still be covered. **You can get the** *complete* "Drug List" by calling Member Services (see the back cover) or visiting our website (wellsense.org/medicare).

We made changes to our "Drug List," which could include removing or adding drugs, changing the restrictions that apply to our coverage for certain drugs or moving them to a different cost-sharing tier. **Review the "Drug List" to make sure your drugs will be covered next year and to see if there will be any restrictions, or if your drug has been moved to a different cost-sharing tier.** 

Most of the changes in the "Drug List" are new for the beginning of each year. However, during the year, we might make other changes that are allowed by Medicare rules. For instance, we can immediately remove drugs considered unsafe by the FDA or withdrawn from the market by a product manufacturer. We update our online "Drug List" to provide the most up to date list of drugs.

If you are affected by a change in drug coverage at the beginning of the year or during the year, please review Chapter 9 of your Evidence of Coverage and talk to your doctor to find out your options, such as asking for a temporary supply, applying for an exception and/or working to find a new drug. You can also contact Member Services for more information.

#### **Changes to Prescription Drug Costs**

**Note:** If you are in a program that helps pay for your drugs ("Extra Help"), **the information about costs for Part D prescription drugs may not apply to you.** We sent you a separate insert, called the "Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs" (also called the Low-Income Subsidy Rider or the LIS Rider), which tells you about your drug costs. If you receive "Extra Help and you haven't received this insert please call Member Services and ask for the LIS Rider.

There are four **drug payment stages**. The information below shows the changes to the first two stages – the Yearly Deductible Stage and the Initial Coverage Stage. (Most members do not reach the other two stages – the Coverage Gap Stage or the Catastrophic Coverage Stage.)

#### Changes to the Deductible Stage

Stage	2023 (this year)	2024 (next year)
Stage 1: Yearly Deductible Stage	The deductible is \$0	The deductible is \$0
	Because we have no deductible, this payment stage does not apply to you.	Because we have no deductible, this payment stage does not apply to you.

Changes to Your Cost Sharing in the Initial Coverage Stage

Stage	2023 (this year)	2024 (next year)
Stage 2: Initial Coverage Stage	Your cost for a one- month supply filled at a	Your cost for a one- month supply filled at a
Most adult Part D vaccines are covered at no cost to you.	network pharmacy with standard cost sharing: <b>All tiers:</b>	network pharmacy with standard cost sharing: <b>All tiers:</b>
	Retail – 30 day supply Tier 1: \$0 Copay Tier 2: \$12 Copay Tier 3: \$47 Copay Tier 4: \$100 Copay Tier 5: 33% coinsurance	Retail – 30 day supply Tier 1: \$0 Copay Tier 2: \$5 Copay Tier 3: \$47 Copay Tier 4: \$100 Copay Tier 5: 33% coinsurance
	<b>Retail – 90 day supply</b> Tier 1: \$0 Copay Tier 2: \$30 Copay Tier 3: \$132 Copay Tier 4: \$280 Copay Tier 5: Not Covered	<b>Retail – 90 day supply</b> Tier 1: \$0 Copay Tier 2: \$12 Copay Tier 3: \$132 Copay Tier 4: \$280 Copay Tier 5: Not Covered
	Mail Order – 30 day supply	Mail Order – 30 day supply

Stage	2023 (this year)	2024 (next year)
	Tier 1: \$0 Copay Tier 2: \$11 Copay Tier 3: \$45 Copay Tier 4: \$97 Copay Tier 5: 33% coinsurance	Tier 1: \$0 Copay Tier 2: \$0 Copay Tier 3: \$45 Copay Tier 4: \$97 Copay Tier 5: 33% coinsurance
	Mail Order – 90 day supply Tier 1: \$0 Copay Tier 2: \$28 Copay Tier 3: \$130 Copay Tier 4: \$275 Copay Tier 5: Not Covered	Mail Order – 90 day supply Tier 1: \$0 Copay Tier 2: \$0 Copay Tier 3: \$130 Copay Tier 4: \$275 Copay Tier 5: Not Covered
	<ul> <li>Catastrophic Coverage:</li> <li>During this payment stage, the plan pays most of the cost for your covered drugs.</li> <li>For each prescription, you pay whichever of these is larger: a payment equal to 5% of the cost of the drug (this is called coinsurance), or a Copayment (\$4.15 for a generic drug or a drug that is treated like a generic, and \$10.35 for all other drugs.)</li> </ul>	Catastrophic Coverage: • During this payment stage, the plan pays the full cost for your covered Part D drugs. You pay nothing.
Stage 2: Initial Coverage Stage (continued)	Once your total drug costs have reached	Once your total drug costs have reached

Stage	2023 (this year)	2024 (next year)
The costs in this row are for a one-month (30-day) supply when you fill your prescription at a network pharmacy that provides standard cost sharing. For information about the costs for mail-order prescriptions, look in Chapter 6, Section 5 of your Evidence of Coverage.	\$4,660, you will move to the next stage (the Coverage Gap Stage) OR you have paid \$7,400 out-of-pocket for Part D drugs, you will move to the next stage (the Catastrophic Coverage Stage).	\$5,030, you will move to the next stage (the Coverage Gap Stage) OR you have paid \$8,000 out-of-pocket for Part D drugs, you will move to the next stage (the Catastrophic Coverage Stage).
We changed the tier for some of the drugs on our Drug List. To see if your drugs will be in a different tier, look them up on the Drug List.		

#### Changes to the Coverage Gap and Catastrophic Coverage Stages

The other two drug coverage stages – the Coverage Gap Stage and the Catastrophic Coverage Stage – are for people with high drug costs. **Most members do not reach the Coverage Gap Stage or the Catastrophic Coverage Stage**.

# Beginning in 2024, if you reach the Catastrophic Coverage Stage, you pay nothing for covered Part D drugs.

For specific information about your costs in these stages, look at Chapter 6, Sections 6 and 7, in your Evidence of Coverage.

## SECTION 3 Deciding Which Plan to Choose

## Section 3.1 – If you want to stay in WellSense Choice (HMO)

**To stay in our plan, you don't need to do anything.** If you do not sign up for a different plan or change to Original Medicare by December 7, you will automatically be enrolled in our WellSense Choice (HMO).

## Section 3.2 – If you want to change plans

We hope to keep you as a member next year but if you want to change plans for 2024 follow these steps:

#### Step 1: Learn about and compare your choices

- You can join a different Medicare health plan,
- OR-- You can change to Original Medicare. If you change to Original Medicare, you will need to decide whether to join a Medicare drug plan. If you do not enroll in a Medicare drug plan, please see Section 2.1 regarding a potential Part D late enrollment penalty.

To learn more about Original Medicare and the different types of Medicare plans, use the Medicare Plan Finder <u>www.medicare.gov/plan-compare</u> read the *Medicare & You* 2024 handbook, call your State Health Insurance Assistance Program (see Section 6), or call Medicare (see Section 8.2). To learn more about Original Medicare and the different types of Medicare plans, use the Medicare Plan Finder (medicare.gov/plancompare), read the Medicare & You 2023 handbook, call your State Health Insurance Assistance Program (see Section 6), or call Medicare (see Section 8.2). As a reminder, Boston Medical Center Health Plan, Inc. (WellSense) offers other Medicare health plans. These other plans may differ in coverage, monthly premiums, and cost-sharing amounts.

#### Step 2: Change your coverage

- To **change to a different Medicare health plan**, enroll in the new plan. You will automatically be disenrolled from WellSense Choice (HMO).
- To **change to Original Medicare with a prescription drug plan,** enroll in the new drug plan. You will automatically be disenrolled from WellSense Choice (HMO).
- To change to Original Medicare without a prescription drug plan, you must either:
  - Send us a written request to disenroll. Contact Member Services if you need more information on how to do so.
  - or Contact Medicare, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY users should call 1-877-486-2048.

## **SECTION 4** Deadline for Changing Plans

If you want to change to a different plan or to Original Medicare for next year, you can do it from **October 15 until December 7.** The change will take effect on January 1, 2024.

#### Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. Examples include people with Medicaid, those who get "Extra Help" paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area.

If you enrolled in a Medicare Advantage plan for January 1, 2024, and don't like your plan choice, you can switch to another Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without Medicare prescription drug coverage) between January 1 and March 31, 2024.

If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can change your Medicare coverage **at any time**. You can change to any other Medicare health plan (either with or

without Medicare prescription drug coverage) or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

## SECTION 5 Programs That Offer Free Counseling about Medicare

The State Health Insurance Assistance Program (SHIP) is an independent government program with trained counselors in every state. In New Hampshire, the SHIP is called ServiceLink Aging and Disability Resource Center.

It is a state program that gets money from the Federal government to give **free** local health insurance counseling to people with Medicare. ServiceLink Aging and Disability Resource Center counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can call ServiceLink Aging and Disability Resource Center at 866-634-9412. You can learn more about ServiceLink Aging and Disability Resource Center by visiting their website servicelink.nh.gov.

## SECTION 6 Programs That Help Pay for Prescription Drugs

You may qualify for help paying for prescription drugs. Below we list different kinds of help:

- **"Extra Help" from Medicare.** People with limited incomes may qualify for "Extra Help" to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs including monthly prescription drug premiums, annual deductibles, and coinsurance. Additionally, those who qualify will not have a coverage gap or late enrollment penalty. To see if you qualify, call:
  - 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day/7 days a week;
  - The Social Security Office at 1-800-772-1213 between 8 am and 7 pm, Monday through Friday for a representative. Automated messages are available 24 hours a day. TTY users should call, 1-800-325-0778; or
  - Your State Medicaid Office (applications).
- **Prescription Cost-sharing Assistance for Persons with HIV/AIDS.** The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the New Hampshire AIDS Drug Assistance

Program. For information on eligibility criteria, covered drugs, or how to enroll in the program, please call 1-800-852-3345, ext. 4502.

## **SECTION 7** Questions?

## Section 7.1 – Getting Help from WellSense Choice (HMO)

Questions? We're here to help. Please call Member Services at 855-833-8128. (TTY only, call 711.) We are available for phone calls Monday – Friday 8:00 a.m. – 8:00 p.m. (from October 1 to March 31, representatives are available 7 days a week, 8:00 a.m. – 8:00 p.m.) Calls to this number is free. Read your 2024 Evidence of Coverage (it has details about next year's benefits and costs)

This Annual Notice of Changes gives you a summary of changes in your benefits and costs for 2024. For details, look in the 2024 Evidence of Coverage for WellSense Choice (HMO). The Evidence of Coverage is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the Evidence of Coverage is located on our website at wellsense.org/medicare. You can also review the enclosed Evidence of Coverage to see if other benefit or cost changes affect you. You may also call Member Services to ask us to mail you an Evidence of Coverage.

#### Visit our Website

You can also visit our website at <u>wellsense.org/medicare</u>. As a reminder, our website has the most up-to-date information about our provider network (*Provider Directory*) and our *List of Covered Drugs (Formulary/"Drug List"*).

## Section 7.2 – Getting Help from Medicare

To get information directly from Medicare:

#### Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

#### Visit the Medicare Website

Visit the Medicare website (<u>www.medicare.gov</u>). It has information about cost, coverage, and quality Star Ratings to help you compare Medicare health plans in your area. To view the information about plans, go to <u>www.medicare.gov/plan-compare</u>.

#### Read Medicare & You 2024

Read the *Medicare & You 2024* handbook. Every fall, this document is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this document, you can get it at the Medicare website (<u>https://www.medicare.gov/Pubs/pdf/10050-medicare-and-you.pdf</u>) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.